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APPENDIX D. Projects currently funded under the National Suicide Prevention Program

NOTE: All funding amounts are GST Exclusive

Project Details	Objectives	Outcome
<p>Project 1 Project: Farm-link: improving the mental health and wellbeing of people on NSW farms Organisation: Centre for Rural & Remote Mental Health – University of Newcastle Location: Rural NSW</p> <p>TOTAL FUNDING: \$1,544,999 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>The aim of Farm-Link is to improve access to and the responsiveness of mental health services for NSW farming communities through:</p> <ul style="list-style-type: none"> • Identifying target communities; • Developing NSW Farmer’s Mental Health Networks in rural areas; and • Improving e access to effective mental health services for farmers and farm families. 	<ul style="list-style-type: none"> • Twelve target communities identified across 4 Area Health Service regions as having the greatest potential need for people at risk of mental health and suicide. • 17 Farmers’ Mental Health Networks meetings held and 13 Mental Health First Aid Training (MHFA) courses conducted with 220 front line agricultural workers. • The MHFA training improved mental health literacy in farming communities and disseminated information about pathways to care. • Independent evaluation of Farm-link found an increase in networking between services, making referral recommendations and working together on programs. Agency links to mental health related services increased in three areas.
<p>Project 2 Project: Life Matters – Comprehensive Suicide Prevention Service (CSPS) Project Organisation: Lifeline Newcastle & Hunter Location: NSW: Newcastle, Lake Macquarie, the Hunter, New England and Mid North Coast regions</p> <p>TOTAL FUNDING: \$1,240,506</p>	<p>The Life Matters project is a prevention, intervention and postvention model. The key aims of this project are to:</p> <ul style="list-style-type: none"> • Build resilience and promote wellbeing and social connectedness across the entire community; • Improve community attitudes and awareness to better identify and help people at risk of suicide; • Within communities, improve access to and provide additional resources, support and services for people who are at risk of suicide; and • Improve support for those who are bereaved or affected by suicide and reduce the potential for further suicides. 	<ul style="list-style-type: none"> • 25 Community Education courses provided to 188 participants in communication skills; building personal resilience; grief & loss; and anger management. • 36 suicide awareness presentations including two community forums provided to 465 participants. • Community members and frontline community service agency staff trained in suicide intervention skills. • 40 Applied Suicide Intervention Skills Training (ASIST) workshops conducted for 725 participants. • 411 clients provided with 2573 hours of face to face counselling, 881 hours of which were provided for clients

<p>FUNDING PERIOD: 2006/07 to 2010/11</p>		<p>experiencing suicide and/or depression.</p> <ul style="list-style-type: none"> • A support pack produced and distributed to relatives and friends of those bereaved by suicide and Suicide Memorial Services conducted. • Increase in community awareness of suicide, increase in support services and an increase in the number of people being aware of the availability of suicide intervention counselling services.
<p>Project 3 Project: The Community Connections Project Organisation: Consumer Activity Network (Mental health) Inc (CAN) Location: Sydney, NSW</p> <p>TOTAL FUNDING: \$1,242,301 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>The Community Connections Project aims to support mental health consumers through:</p> <ul style="list-style-type: none"> • The Hospital to Home Service which provides practical assistance and peer support to mental health consumers within the first 28 days of discharge from the Liverpool and Campbelltown psychiatric inpatient units; and • The Phone Connections Service - a national telephone peer support non crisis line for mental health consumers targeting Sydney. The Service operates 4 evenings a week and is a consumer operated service which involves developing facilitation with a person with similar life experiences. 	<ul style="list-style-type: none"> • From June 2007 to May 2009, 81 consumers accessed the Hospital to Home service and 1225 were visited while in hospital. • 2939 contact episodes from 137 consumers to Phone Connections. Users with suicide attempts were repeat and high users of the service and the majority were from NSW. • An evaluation reported that the majority of consumers found the support provided by peers highly valuable and believed that their interaction with the services increased their level of social connectedness, self-esteem, hopefulness and capacity to maintain wellness. • 15 hospital re-admissions for consumers using the Hospital to Home service which is considered a low level of re-admission.
<p>Project 4 Project: Koori Kids Wellbeing Project Organisation: South Coast Medical Service Aboriginal Corporation Location: Shoalhaven, NSW</p>	<p>The four key objectives of this project are:</p> <ol style="list-style-type: none"> 1) To provide cultural awareness and whole-of-school mental health promotion programs (based on Mind Matters and Aussie Optimism programs) to improve the emotional and social wellbeing of aboriginal children attending targeted local primary schools; 2) Provide intensive counselling and psychological support for aboriginal children with existing emotional wellbeing and behavioural problems, school truancy or underachievement; 3) A parent education program (based on Indigenous Positive 	<p>The key outcomes against these objectives include:</p> <ol style="list-style-type: none"> 1) Programs provided regularly in 4 targeted primary schools to over 200 students: <ul style="list-style-type: none"> - 2 schools showed significant improvements in emotional awareness, cultural knowledge and help seeking skills; - 2 schools showed significant improvements in parental involvement. 2) Counselling and psychological support services provided - most clients received 3 or more individual/family sessions and showed significant improvements in wellbeing and behaviour.

<p>TOTAL FUNDING: \$1,066,416 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>Parenting Program & Triple P) to support aboriginal parents improve their parenting skills and have a positive impact on the emotional and behavioural wellbeing of their child/children;</p> <p>4) Provide education and training about mental health and the wellbeing of aboriginal children for local services.</p>	<p>3) Indigenous specific parenting program data showed increased parental skills and improved ability to support their children and children showed a reduction in emotional distress and behavioural symptoms.</p> <p>4) A series of training and education initiatives, including mental health and parenting training provided for over 10 local community/health services. The project gained wide community support from parents, local elders and community services.</p>
<p>Project 5 Project: Building Men’s Resilience and Community Capacity in Outer Western Sydney Organisation: Men’s Health Information and Resource Centre Location: Mt Druitt, Sydney NSW</p> <p>TOTAL FUNDING: \$1,062,155 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>The key objectives of this project are to:</p> <ol style="list-style-type: none"> 1) Provide practical, emotional and referral services for men aged 16 years and over from ‘the Shed’; 2) Improve existing relationships with local services and integrate them into a one-stop-shop at the Shed; 3) Provide support to adult males who have attempted suicide; relatives/friends who are bereaved by loss of close relatives/friends to suicide; and families/friends affected by their relatives/friends’ suicide attempts; 4) Strengthen relations with the local Indigenous community and re-establish involvement of local Aboriginal elders in the project. 	<p>The key outcomes against these objectives include:</p> <ol style="list-style-type: none"> 1) An average of 10 men per day access the Shed for direct client support. 2) The Shed is well integrated with local services - 15 agencies provide regular satellite services at the Shed. Services include drug and alcohol, health, mental health, family support, legal, housing, employment and education services. Men are also able to access a range of training courses. 3) Staff are able to easily direct relatives and friends to appropriate local services through integration with local services. 4) Local Aboriginal elders are actively involved in the Shed and participate in cultural activities including yarn-ups and monthly overnight bus trips, are members of the Board, and provide support for Indigenous clients.
<p>Project 6 Project: Expanded Horizons Organisation: Wesley Mission Brisbane Location: QLD</p>	<p>This project focuses on supporting refugee and Lesbian, Gay, Bisexual, Transgendered (LGBT) youth as an early intervention and prevention program to reduce suicide. The project aims to:</p> <ul style="list-style-type: none"> • Develop participants’ positive connections to their identity; • Strengthen participants’ family support networks; • Reduce disengagement with learning and/or re-engage participants into education; 	<ul style="list-style-type: none"> • All 22 of the youth from refugee backgrounds engaged in the project either remained in education or gained employment. • Increased resiliency developed through increased positive peer networks, one on one support from workers to work through challenging situations and improved self-esteem. • Participants gained problem solving, resiliency, conflict resolution and coping skills to assist them to overcome

<p>TOTAL FUNDING: \$1,070,125 FUNDING PERIOD: 2006/07 to 2010/11</p>	<ul style="list-style-type: none"> • Raise awareness within the local community and within school communities about tolerance and acceptance of young people and social and cultural differences; • Increase participants' access to support services; • Build resilience, improve life skills and increase appropriate and relevant coping strategies for the target groups. 	<p>challenging situations.</p> <ul style="list-style-type: none"> • 24 community events, 186 partnership/collaboration events and 190 individual client services provided.
<p>Project 7 Project: Community Connections Organisation: The Older Men's Network Location: QLD</p> <p>TOTAL FUNDING: \$1,475,965 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>The Community Connections Project aims to:</p> <ul style="list-style-type: none"> • Provide individual outreach peer support to fifty older men within the settings in which they live; • Further consolidate and enhance existing rural groups and assist in the establishment of new rural groups in high need/risk areas; • Increase community awareness of older men's needs and its support for the project; • Establish a steering committee that will govern the functions of the project. 	<ul style="list-style-type: none"> • 63 men were provided with services and 83 assessments of clients were conducted. • 24 existing members became volunteers to add value to the existence of other older men. • 37 volunteers in total were trained over three years. • 7 rural men's groups established over the life of the Project; Goondiwindi, Chinchilla, Kingaroy, Roma, Mitchell, Injune and Inglewood, and continuation of support for previously established rural men's groups in other communities. • 53 community events were held, 467 individual client services provided, and 128 media/partnership events were held.
<p>Project 8 Project: Building Bridges Organisation: The Centre for Rural and Remote Mental Health Location: Cape Yorke, Dalby and St. George area, QLD</p> <p>TOTAL FUNDING: \$1,731,818 FUNDING PERIOD: 2006/07 to 2009/10</p>	<p>The Building Bridges project aims to:</p> <ul style="list-style-type: none"> • Support leadership and collaboration among local men in suicide prevention; • Harness the capacity of the Family Well Being program to develop life promotion skills in the broader community; • Obtain a better understanding of the meaningfulness and dimensions of suicide and self-harming behaviours; • Foster participation and communication of messages of purpose and identity to young people. 	<ul style="list-style-type: none"> • Successful completion of the Family Well Being program enabled project officers to facilitate delivery of the Program. • Family Well Being training was delivered over 9 week long workshops including to 16 participants in Dalby. • 104 community events were held, 27 workforce events, and 1 media event was held.
<p>Project 9 Project: NEXUS: connecting and strengthening Queensland's young</p>	<p>The aims of this project include:</p> <ul style="list-style-type: none"> • To decrease suicide risk in young people who have attempted suicide or are at high risk of attempting suicide; 	<ul style="list-style-type: none"> • 207 Community Events, 120 Individual Client Services, and 143 Media and Partnership Events throughout the three year period.

<p>people from refugee backgrounds Organisation: Queensland Program of Assistance to Survivors of Torture and Trauma Location: Toowoomba and Brisbane, QLD</p> <p>TOTAL FUNDING: \$1,075,359 FUNDING PERIOD: 2006/07 to 2010/11</p>	<ul style="list-style-type: none"> • To increase the proportion of young people from refugee backgrounds with internal locus of control thereby building resilience; • To improve community attitudes, understanding and awareness to better identify and help young people at risk; • To increase the number and quality of connections of young people from refugee backgrounds; • To decrease the impact of high academic and employment expectations on the suicide risk of young people from refugee backgrounds thereby building resilience. 	<p>The external evaluators of the NEXUS Program stated:</p> <ul style="list-style-type: none"> • The program effectively addresses some of the psychosocial and educational challenges experienced by vulnerable youth, which can seriously increase the risks of suicide and self-harm and is perceived as a valuable preventive program against suicide and self-harm. • The program reaches about 15 percent and 34 percent of the youth from refugee backgrounds (12 – 24 years) living in Brisbane and Toowoomba respectively. • As Toowoomba largely lacks the support services for refugee communities that are present in urban areas, the extension of the program to Toowoomba has been strategic, successful in engaging young people, and supported by the community.
<p>Project 10 Project: Suicide Prevention and Mental Health Support Program Organisation: Burdekin Community Association Location: Burdekin Shire, QLD</p> <p>TOTAL FUNDING: \$514,637 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>The key aims of this project are:</p> <ul style="list-style-type: none"> • The establishment of a community-based education and awareness program on suicide prevention in the Burdekin Shire; • The provision of drug abuse awareness and suicide prevention programs through schools and youth groups; • Heightened community awareness amongst mental illness sufferers of local clinical service providers and support groups. 	<ul style="list-style-type: none"> • 198 community members (and 13 team leaders) received training through a 1 day Suicide Intervention Course. • Over 5500 Mental Health Information Packs distributed throughout the community. • 126 community events attended to promote community awareness of issues and many local partnerships developed. • The “Help When You Need It” specially tailored youth program distributed to all high and primary schools within the Burdekin Shire. • 120 individual client services were provided.
<p>Project 11 Project: Something Better Organisation: Queensland Police Citizens Youth Club (PCYC) Location: QLD</p>	<p>Queensland Police Citizens Youth Club (PCYC) aims to support youth, improve communities through partnerships and programs, and promote physical, mental and social welfare of Indigenous youth. This project aims:</p> <ul style="list-style-type: none"> • To provide structured suicide prevention awareness training for Sport & Recreation Officers and relevant PCYC staff; • To provide the client group with exposure to support and 	<ul style="list-style-type: none"> • A number of Indigenous Coordination Sports & Recreation Officers employed across various communities and involved in suicide prevention training. • All staff have attended the first LIFE workshop delivered by the Edward Koch Foundation. • Focused service delivery within geographically close communities achieved the best outcomes. This enabled a clear focus on ongoing activity continuity for both the youth

<p>TOTAL FUNDING: \$1,297,985 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>advice from qualified professionals trained in youth suicide, in particular, from Queensland Health and Queensland Police;</p> <ul style="list-style-type: none"> To provide the client group with access to formal organised sporting and recreational activities. 	<p>and the community, particularly in relation to skills offered.</p>
<p>Project 12 Project: Drop the Rock Organisation: Royal Flying Doctor Service Location: QLD</p> <p>TOTAL FUNDING: \$1,414,501 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>This project aims to enhance local and visiting social and mental health services by developing or increasing the capacity of local community counsellors to provide basic counselling, support, and liaison to assist clients experiencing social and emotional wellbeing and mental health difficulties, through:</p> <ul style="list-style-type: none"> Developing a training program for community based counsellors that is consistent and integrated with government traineeship schemes; Identifying and employing one male and one female community person to take up the community counsellor positions; Developing strategies to ensure ongoing sustainability of the positions. 	<ul style="list-style-type: none"> 13 participants completed all modules and graduated with a Certificate IV. At the time of graduation, 9 of the 12 graduating participants were in paid employment with RFDS as Community Support Workers. Of the remaining 3 graduating participants; 1 worked as an Indigenous Mental Health Worker with QLD Health and 2 worked as general Health Workers, with a Mental Health portfolio with QLD Health. 9 of the graduating participants expressed a keen interest to undertake further education.
<p>Project 13 Project: Living Beyond Suicide: Practical support for those bereaved by suicide Organisation: Anglicare South Australia Location: South Australia</p> <p>TOTAL FUNDING: \$659,282 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>This project aims to:</p> <ul style="list-style-type: none"> Design an early postvention model that provides immediate support to families bereaved through suicide; Maintain links with key community groups, service providers and referral networks; Recruit, train and manage volunteers to provide emotional and practical support to families. 	<ul style="list-style-type: none"> As of April 2009, 49 Family Support Volunteers recruited within Adelaide, Southern Fleurieu and the Riverland. As of March 2009, it is the only suicide postvention service in SA providing face-to-face time with families in their own homes in the hours and days after a suicide. The project has engaged with 71 families (over 170 individuals) and over 400 hours in active support.

<p>Project 14 Project: Sustainable Personal Development for Aboriginal Men Organisation: Centacare Catholic Family Services – Port Pirie Diocese Location: Port Augusta, South Australia TOTAL FUNDING: \$765,000 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>This project aims to equip Indigenous men aged 15-45 to more effectively manage challenging life situations through culturally appropriate personal development resources and training modules.</p>	<ul style="list-style-type: none"> • Over 300 community members have participated in awareness raising activities including consultations. • 3 workshops conducted with 18 Aboriginal resource persons trained to facilitate delivery of workshops. • 24 individuals sought support and were referred to appropriate services.
<p>Project 15 Project: Pathways to Care – Suicide Questions, Answers and Resources (square) Organisation: General Practice South Australia Location: South Australia TOTAL FUNDING: \$569,000 FUNDING PERIOD: 06-07 to 07-08 and 2009/10 to 2010/11</p>	<p>This project will integrate the square suicide prevention resources within General Practice and aims to:</p> <ul style="list-style-type: none"> • Develop and implement a primary health care suicide prevention model; • Develop supporting resources including tools to assess and manage suicide risk, and referral pathways; • Integrate square suicide prevention resources with other programs involving General Practice eg. Drought, mental health, Aboriginal health. 	<ul style="list-style-type: none"> • Implementation has occurred in several regions in SA, in conjunction with drought initiatives in some areas. • A flexible training program forms part of the supporting resource material and this has been delivered to a wide range of both health and non-health professionals.
<p>Project 16 Project: Hope, Opportunity, Purpose, Education and Employment or ‘H.O.P.E Shared Responsibility Agreement’ Organisation: Mildura Aboriginal Corporation Location: Mildura, Victoria</p>	<p>The purpose of this project is to provide psychological and coordination services to young Aboriginal and Torres Strait Islander students at risk of suicide and self harm in the Mildura area.</p> <p>This project addresses the complex interface between education and anti-social behaviour, and provides opportunities to develop healthy lifestyle behaviours through sport and connection to the Primary Health Care system.</p>	<ul style="list-style-type: none"> • Individual Life Learning Plans developed for each student involved in the Project and three way reporting carried out by teachers in consultation with students, families and carers. • Eight diversionary programs conducted over the 2008/09 period, covering art, culture and sporting activities. • Suicide First Aid Skills Training workshops held with 13 key stakeholders. • The potential suicide of a client was prevented through intervention and the creation of a “safe plan”. The project is continuing to work closely with other service providers to

<p>TOTAL FUNDING: \$291,008 FUNDING PERIOD: 2008/09 to 2009/10</p>		<p>care for this family.</p>
<p>Project 17 Project: Victorian Building and Construction Industry Life Care Skills Organisation: Redundancy Payment Central Fund Ltd (trading as Incolink) Location: Victoria</p> <p>TOTAL FUNDING: \$1,224,000 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>The key objectives of this project are:</p> <ul style="list-style-type: none"> • To reduce the prevalence of suicide risk among apprentices and young workers in the Building and Construction Industry; • To increase access to information and resources for apprentices and young workers, and training providers of TAFE and Group Training Centres for the industry; • To increase access to support services for those at risk; • To establish and strengthen links between TAFE/Group Training Centres, Building and Construction Industry young workers and apprentices and local community services; • To increase the Life Care skills of the target group. 	<ul style="list-style-type: none"> • Successful development of a Life Care Skills program for raising awareness of suicide risk factors and promoting life care skills in the Victorian Building & Construction Industry. • 221 Life Care Skills sessions run, reaching approximately 3,000 apprentices and young workers. • Additional 2,000 apprentices and young workers participated in informal group sessions at construction and educational sites. • Partnerships developed with 18 regional training centres and numerous community support services. • 193 apprentices and young workers received one-to-one support. • Over 500 Life Care Skills DVDs distributed across industry and community organisations in Australia.
<p>Project 18 Project: Call Back Services: A risk management strategy for prevention and early intervention Organisation: Crisis Support Services Incorporated Location: Victoria</p> <p>TOTAL FUNDING: \$1,667,273 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>Building upon the Crisis Support Services Suicide Helpline, this project aims to introduce a highly targeted ‘call back’ service to enhance the capacity of the Helpline to respond effectively to the diverse abilities and needs of callers.</p> <p>The key objectives are:</p> <ul style="list-style-type: none"> • To provide a safety net for callers at risk to ensure that needed support is accessed; • To create a vehicle for monitoring and assessing the effectiveness of information, referral or any other strategy suggested by a counsellor; • To demonstrate and create resources which document practice based evidence of the most effective strategies for 	<ul style="list-style-type: none"> • Assistance provided to callers with limited support options as a result of geographical, social or other isolating factors. Calls received from professionals, people who were suicidal or carers of suicidal individuals from across all states. • Reduced suicide risk for all people accessing the service. • 82% of clients reported being more confident in seeking future help and 97% reported being satisfied with the service. • Links established with acute care providers in each state and 500 service providers including GPs, Mental Health Teams, Royal Flying Doctors and the Standby Response Team. • Database developed to record caller profiles, referrals and outcomes.

	supporting families.	<ul style="list-style-type: none"> • Online tool developed to provide information and support to carers and family members.
<p>Project 19 Project: Support After Suicide (SAS) Organisation: Jesuit Social Services Location: Victoria</p> <p>TOTAL FUNDING: \$2,197,939 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>This project aims to support those bereaved by suicide through the following objectives:</p> <ul style="list-style-type: none"> • To build the capacity of existing health, welfare and education services in metropolitan and rural Victoria to respond effectively and appropriately to people bereaved by suicide; • Further development of information and resources to be available to the bereaved and professionals supporting them; • Provide counselling and groupwork support to suicide bereaved people with a particular emphasis on children, young people and families; • Promote understanding and awareness about suicide and suicide bereavement to the community, professionals and the bereaved. 	<ul style="list-style-type: none"> • Direct support provided to people bereaved by suicide. • Resources, information and advice provided to organisations and individuals e.g. schools, counsellors, police, mental health services, churches and the Coroner’s Court. • Partnerships and networks developed. • Counselling and group support provided to people bereaved by suicide in various forms including 8 week group songwriting workshops and an adventure weekend for boys. • Website developed to provide information and resources for the bereaved and professionals who are working with them.
<p>Project 20 Project: Mental Illness and Bereavement Project Organisation: SANE Australia Location: Victoria</p> <p>TOTAL FUNDING: \$1,028,000 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>The key objectives of this project are:</p> <ul style="list-style-type: none"> • To build an evidence base about improvements to services for relatives and friends of people with mental illness who have suicided or gone missing; • To develop service enhancements that improve the level of support provided in the community to the target group; • To enhance the capacity of services to provide new initiatives by staff development and training of staff from SANE and other key organisations in the area; • To implement a series of practical and achievable enhancements to services and supports for family and friends of people with mental illness who have died or gone missing. 	<ul style="list-style-type: none"> • 41 bereaved family and friends interviewed regarding their needs and experiences. • 50 mental health and bereavement services responded to questionnaires about how they currently support the target group and how their services could be enhanced. • Development and delivery of resources for bereaved family and friends and for mental health including: <ul style="list-style-type: none"> ○ factsheets ○ bereavement guidelines for mental health services ○ training DVD and education workshops for staff at mental health, bereavement and helpline services around Australia ○ 16 train-the-trainer workshops provided to

		approximately 250 staff from 50 services around Australia
<p>Project 21 Project: OzHelp Organisation: The OzHelp Foundation Location: Tasmania</p> <p>TOTAL FUNDING: \$1,970,000 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>The OzHelp Foundation is a Tasmanian work based suicide prevention, early intervention and social capacity building program which expands upon the model implemented in the ACT building and construction industry since 2002. They key objectives of the project are:</p> <ul style="list-style-type: none"> • Provide pro-active suicide prevention services to the Tasmanian building, construction, retail, hospitality, farming and mining industries; • Bridge gaps between those at risk and existing professional services; • Work collaboratively with the local and broader community; • Provide early intervention counselling and social capacity building skills; • Provide referral services for complex cases to established service providers. 	<p>Outcomes for the 2006-09 period:</p> <ul style="list-style-type: none"> • Life Skills training conducted with apprentices /trainees. • 3 ASIST courses completed for industry. • Industry worksafe programme SafeTALK implemented. • Workplace program / mentor / supervisory package trialled in 4 organisations. • Media based health promotion activities including a newsletter and print material provided. • Promotion through 5 Industry forums and discussions with the Centre for post-compulsory education and lifelong learning. • Field worker support services established: referral and intake policy, and a counselling support service policy.
<p>Project 22 Project: OzHelp Expansion Project Organisation: Ozhelp Foundation Location: ACT</p> <p>TOTAL FUNDING: \$1,984,773 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>This project is concerned with expanding the ACT OzHelp operations to neighbouring regions; to other similar industries and providing infrastructure and operational support to those states establishing OzHelp programs.</p>	<ul style="list-style-type: none"> • 11 interviews with nine partner organisations completed in June and July 2008, and covered a range of key utilities industry partners in the ACT, construction industry partners in regional NSW, and support services partners in regional NSW. • Both ‘construction industry’ partnerships and ‘support service’ partnerships developed in regional NSW areas, namely Moruya, Nowra and Yass.
<p>Project 23 Project: Community Response to Eliminating Suicide (CORES) capacity building program Organisation: Kentish Regional Clinic Inc</p>	<p>This project aims to provide community capacity building centred on the prevention and intervention of suicide. Local community members will be trained to be trainers and then deliver the program to their own community.</p>	<ul style="list-style-type: none"> • Suicide intervention and prevention training sessions were held – 1059 people attended to 31 August 2009. • 57 team leaders trained with further sessions planned in August, September and October 2009. • Three team leaders in each region to be mentored to deliver

<p>Location: Tasmania. Target communities of West Tamar, Dorset, Kingborough, Huon Valley, and Central Coast.</p> <p>TOTAL FUNDING: \$300,000 FUNDING PERIOD: 2008/09 to 2010/11</p>		<p>the one day course to 100-200 people in each region.</p> <ul style="list-style-type: none"> • Website established to allow the different rural communities to work together and support each other.
<p>Project 24 Project: Rural Alive & Well 2007 Organisation: Southern Midlands Council Location: Tasmania</p> <p>TOTAL FUNDING: \$872,113 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>This project aims to build the resilience and capacity of men, their families and the community to react to challenging life experiences with a specific focus on suicide.</p> <p>The project's objectives are:</p> <ul style="list-style-type: none"> • To provide support and assistance to communities to assist them to respond to crises and to cope or recover after adversity; • To establish structures and networks to assist men, families and communities to deal with suicide; • To provide counselling for men and their families at risk of mental health problems and suicide; • Develop and implement strategies in communities to reduce the stigma associated with mental illness, and suicidal behaviours for men and families seeking help; • To harness the cooperation and good will of key leaders in communities, local community services and support groups to respond to suicide. 	<ul style="list-style-type: none"> • Community meetings/forums held with 15 community groups and consultation with 20 service and community groups, local industry and individuals • Formal Drought Network Tasmania established • Community information leaflet, monthly newsletter, service provider's information pamphlet, and Rural Alive & Well pamphlet developed. • Radio interviews, three monthly publications, website listings and newsletters distributed. • Average of 16 home visits conducted per month. • Effective referral systems established with 12 organisations and referrals made. • Four Mental Health First Aid courses delivered. • Suicide awareness /mental health training provided to 156 Rotary members. • Two applied suicide intervention skills training courses provided in each municipality. • Farm safety and Occupational health and safety course developed.
<p>Project 25 Project: Building a Trauma, Culture and Rural Mental Health Consortium – Reducing Suicide and Traumatic Aftermath in Culturally</p>	<p>This project focuses on reducing the suicide risk and increasing the capacity to respond to suicide crises within Culturally and Linguistically Diverse (CALD) communities and CALD individuals.</p> <p>The key objectives of the project are:</p>	<ul style="list-style-type: none"> • The formalisation of a consortium between the University Department of Rural Health (UDRH) and the Migrant Resources Centre (MRC) (South), establishment of partnership with Relationships Australia for two African Men's Groups, and development of links with Tasmanian

<p>Diverse Communities in Tasmania Organisation: Migrant Resource Centre (MRC) Location: Tasmania</p> <p>TOTAL FUNDING: \$922,780 FUNDING PERIOD: 2006/07 to 2010/11</p>	<ul style="list-style-type: none"> • To build partnerships with key organisations that provide services to CALD groups; • To progress gaining the evidence base data for best practice delivery; • To provide services and support to CALD groups identified as likely to be at increased risk for suicide; • To develop internal strategic responses for suicide prevention within the key partner organisations; • To formulate and conduct training programs; • To develop and pilot a decision tree of assessment that allows for cultural identity changes and symptoms that place one at risk of suicide. 	<p>services.</p> <ul style="list-style-type: none"> • Promotion of the project at a state, national and international level via attendance and presentation at meetings, conferences, and forums as well websites. • Design and delivery of CALD suicide prevention, intervention and postvention training to 53 individuals from Tasmanian service providers. • Provision of services to 34 clients, including individual counselling, advocacy, group counselling and group facilitation. • Cross Cultural Awareness Training provided to key service providers. • Development of a decision tree assessment tool and provided to training recipients.
<p>Project 26 Project: Real engagement and linking for men in industry (REAL4Mii) Organisation: OzHelp Foundation Ltd Location: Western Australia</p> <p>TOTAL FUNDING: \$1,073,800 FUNDING PERIOD: 2008/09 to 2010/11</p>	<p>The key objectives of this project are to:</p> <ul style="list-style-type: none"> • Identify workers who are at risk of suicide or have mental health issues in the building, construction and mining industries in the Pilbara region to facilitate access to support services; • Build support services structures and referral pathways in the Pilbara region for workers at risk of suicide or with mental health issues including Indigenous workers. 	<ul style="list-style-type: none"> • Training sessions provided to apprentices through access to BHP, Rio Tinto and TAFE. • 5 sessions of General Awareness Training in suicide prevention and mental health called 'MATES in construction' delivered to 94 apprentices and 23 supervisors between March and May 09. • Work Life Balance & Time/Stress Management workshop delivered to 39 TAFE students. • Building Personal Resilience training delivered to 14 students. • A monthly OzHelp newsletter for the Pilbara region developed. • External evaluation found that OzHelp's approach is consistent with the literature in what is showing to be effective in preventing suicide and reducing self destructive behaviours in communities, and that OzHelp's efforts in linking to community organisations is extremely successful.

<p>Project 27 Project: Active Response Bereavement Outreach Model (ARBOR) Project Organisation: Curtin University of Technology (Ministerial Council for Suicide Prevention) Location: Western Australia</p> <p>TOTAL FUNDING: \$1,949,050 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>ARBOR is a pro-active model of postvention which focuses on early engagement of those bereaved, including Indigenous people, with existing support services. The service works in partnership with existing services including police, coronial counselling, medical and community services.</p> <p>The project aims to trial a postvention service model in a defined geographic area of Perth and to roll out this model in a larger scale implementation.</p>	<ul style="list-style-type: none"> • Development of a service model which is made up of counselling, peer support with peer support volunteers and bereavement support groups. • Resources developed including the counselling model, the volunteer peer support model and volunteer training program and proposals for an Aboriginal Service Model. • 177 clients had at least one direct contact with ARBOR staff.
<p>Project 28 Project: Promoting Living Project Organisation: Perth Primary Care Network Location: Western Australia</p> <p>TOTAL FUNDING: \$1,431,552 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>The key objectives of the project are to:</p> <ul style="list-style-type: none"> • Build integrated pathways in the region for people at risk of suicide and their family/carers; • Reduce the risk of suicide and self-harm associated with harmful drug and alcohol use; • Increase early intervention and prevention of suicide. 	<ul style="list-style-type: none"> • Professional Forums held: 29 participants at forum on 20 June 2007; 71 participants and 14 speakers on 11 June 2009. • 13 training sessions held with GPs and Practice Nurses. Accreditation obtained for the program to attract CPD points. • Four community suicide awareness training workshops conducted in conjunction with Lifeline. 58 attendees completed evaluation.
<p>Project 29 Project: Understanding and Building Resilience in the South West Project Organisation: Injury Control Council of WA Location: Western Australia</p>	<p>The key objectives of the project are to reduce suicide risk factors by:</p> <ul style="list-style-type: none"> • Facilitating inter-sectoral collaboration to develop and promote strategies for building community resilience; • Building the capacity of local communities to address service gaps and access existing services; • Developing local strategies to facilitate opportunities for people to connect with their communities; 	<ul style="list-style-type: none"> • Local Working Groups established in each of the identified communities – Bunbury, Busselton, Collie, Bridgetown-Greenbushes, Manjimup and Margaret River. • Identification of at risk groups such as youth, socio-economically disadvantaged, Indigenous people, men and same sex attracted people. • Various community and education activities supported. • 285 attendees at 18 gatekeeper workshops In Narrogin.

<p>TOTAL FUNDING: \$1,414,763 FUNDING PERIOD: 2006/07 to 2010/11</p>	<ul style="list-style-type: none"> • Building the capacity of communities to recognise and respond appropriately to people at risk of suicide; and • Building community capacity for help seeking by increasing community awareness and knowledge of referral and support services. 	<ul style="list-style-type: none"> • Gay and Lesbian Community Services contracted to conduct 6 'Opening Closets' workshops in each targeted community. • 633 attendees at 45 'A Way Through Information Sessions' and 68 attendees at 6 'Map of Loss' workshops conducted across the community. • 41 people aged 14-58 years attending Aboriginal Camps. • School Development Day at Narrogin Senior High School supported. 45 staff participated in an Aboriginal Cultural and Contemporary Issues Raising Awareness presentation. • Local media used to promote activities - 36 incidents reported.
<p>Project 30 Project: Whole of Community Aboriginal Specific Suicide Prevention Project Organisation: Indigenous Psychological Services Location: Western Australia</p> <p>TOTAL FUNDING: \$445,937 FUNDING PERIOD: 2008/09 to 2009/10</p>	<p>Through consultation with community members and service providers, this project aims to adapt and deliver a 3-phase suicide intervention forum to the Mowanjum, Mullewa and Laverton Indigenous communities.</p>	<ul style="list-style-type: none"> • Delivery of 5 Suicide Intervention Forums (2 x Mens, 2 x Women's and 1 Youth) to approximately 100 participants in Mowanjum and Mullewa available (results for Laverton not yet available).
<p>Project 31 Project: Yiriman Project Organisation: Kimberley Aboriginal Law and Culture Centre Location: Fitzroy Valley, Western Australia</p> <p>TOTAL FUNDING: \$302,850</p>	<p>The purpose of this project is to develop a culturally appropriate suicide prevention program for Indigenous people in the Fitzroy Valley through the achievement of the following objectives:</p> <ul style="list-style-type: none"> • Undertake cultural activities and trips that build strong relationships, self identity and confidence in young people; • Utilise cultural frameworks and trips to promote suicide prevention activities including community awareness and education; • Build stronger relationships and support mechanisms within family groups for individuals at risk of suicide and self harm; 	<ul style="list-style-type: none"> • Liaison with North West Mental Health, Department of Corrective Services, Department of Child Protection, North West Mental Health, headspace Kimberley and Nindilingarri Drug Alcohol & Mental Health Unit. • 4 bush trips with approximately 97 Aboriginal youth attending - bush trips are community owned and focussed on building supports and strong relationships between young males and the family members, elders and community members (including mentors and supervisors). • Indigenous Hip Hop dance workshop held during the

<p>FUNDING PERIOD: 2008/09 to 2010/11</p>	<ul style="list-style-type: none"> • Foster networks and working relationships with community groups, service providers and government agencies with a focus on mental health and alcohol and drug issues; • Undertake a positive town-based activity that relates to young people's interests, promoting strong positive messages and role models in a safe, healthy space. 	<p>Garnduwa Festival with approximately 33 participants (boys and girls aged 7-15 years old). Workshop covered topics on drug and alcohol, teamwork, self respect, self confidence and leadership.</p>
<p>Project 32 Project: Suicide Prevention Australia Organisation: Suicide Prevention Australia Location: National</p> <p>TOTAL FUNDING: \$2,104,321 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>Suicide Prevention Australia (SPA) is a non-profit, non-government organisation working as a public health advocate in suicide prevention. The aim of the Project is for Suicide Prevention Australia to provide national advocacy for suicide and self-harm prevention, intervention and postvention.</p> <p>Recent objectives include:</p> <ul style="list-style-type: none"> • Develop position statements and policy on key social agendas and emerging issues and in response to government and public discourse. • Provision of leadership on national issues and providing quality policy advice to government and other relevant organisations. • Conduit for information exchange between the government and SPA's constituents. • Build new and consolidate existing coalitions / relations with organisations with direct interest in suicide prevention. • Conduct key national events to facilitate sector collaboration, diffusion of innovation and tackle key challenges for the sector. • Ensure broad distribution and accessibility of information to SPA members and the broader community on suicide prevention issues. 	<ul style="list-style-type: none"> • Development of position statements on key policy areas. Recent papers include: mental health and suicide, suicide bereavement and postvention, suicide and self-harm amongst gay, lesbian, bisexual and transgender communities and supporting suicide attempt survivors. • Distribution of position statements to a range of stakeholders as well as uploading of the statements on the SPA website and referred to in the SPA quarterly e-newsletter. • Coordination and facilitation of the National Committee on Standardised reporting of Suicide. • SPA to co-host the 4th Asia-Pacific International Association of Suicide Prevention (IASP) Regional Conference in 2010 with the Australian Institute of Suicide Research and Prevention (AISRAP). • Coordination of activity in conjunction with World Suicide Prevention Day - including the LIFE Awards, and the SPA World Suicide Prevention Day Community Forum. • Establishment and consolidation of relationships with state and national NGOs, private organisations and government service providers. • Active participation in joint forums, campaigns, and advocacy meetings.

<p>Project 33 Project: Access to Allied Psychological Services (ATAPS) Additional Support for Patients at Risk of Suicide and Self-Harm Project Organisation: 18 Divisions of General Practice across Australia; Crisis Support Services Inc; and the Australian Psychological Society Location: National</p> <p>TOTAL FUNDING: \$4,480,876 FUNDING PERIOD: 2007/08 to 2009/10</p> <p>Currently in negotiations</p>	<p>This project provides support for people who have presented to a GP or a hospital accident and emergency department having self-harmed, attempted suicide or demonstrated suicidal ideation. Referral pathways are created to specialised allied psychological services, ensuring that patients are contacted by an allied health professional within 24 hours of discharge from the hospital or contact with a GP. The project is being trialled in 18 demonstration sites around Australia.</p> <p>Funding is also provided to Crisis Support Services to provide 24 hour telephone support to:</p> <ul style="list-style-type: none"> • ensure immediate follow-up after referral out of hours; • provide after hours follow up calls to clients at extreme risk; • provide 24 hour crisis support for clients. <p>The Australian Psychological Society is funded to provide suicide prevention specific training and professional development to allied health professionals participating in the program.</p>	<p>During the period 1 January 2009 – 30 June 2009, a total of 462 referrals were made and 2321 trial sessions were delivered across the 18 Divisions of General Practice. Uptake varied widely across Divisions.</p> <p>The support services provided by Crisis Support Services have resulted in 99 calls with clients to September 2009.</p>
<p>Project 34 Project: Access to Allied Psychological Services (ATAPS) Bushfire Support Project Organisation: 6 Divisions of General Practice in Victoria</p> <p>TOTAL FUNDING: \$760,000 FUNDING PERIOD: 2009/10</p>	<p>Funding was provided to six Divisions of General Practice in the areas most greatly affected by the Victorian bushfires in 2009 to provide post-disaster support to those members of the community that are at risk of self harm and/or suicide.</p>	<p>Building upon the ATAPS model, the funding boosts the capacity of Divisions to offer appropriate expertise to identify, support and protect individuals at heightened risk of suicide or self harm as a result of the bushfire disaster.</p>

<p>Project 35 Project: Case Control Studies of Suicide and Attempted Suicide Organisation: University of Sydney Location: NSW</p> <p>TOTAL FUNDING: \$200,000 FUNDING PERIOD: 2007/08 to 2009/10</p>	<p>This project will undertake three cases-control studies of suicide and attempted suicide in young adults in New South Wales. The overall research project aims to:</p> <ul style="list-style-type: none"> • quantify individual risk factors in combination with socio-demographic factors as contributors to suicide and attempted suicide; and • establish relationships between suicide and attempted suicide risk factors as they occur as background to and precipitants of suicide events. 	<p>The outcomes of this project are expected to be provided to the Australian Government in January 2010.</p>
<p>Project 36 Project: The Peer Support Program Organisation: Peer Support Foundation Australia Location: National</p> <p>TOTAL FUNDING: \$1,318,000 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>The Peer Support Program is a school-based promotion and prevention program targeting children and young people. The Program aims to enhance resilience and resourcefulness, respect, interconnectedness and mental health in young people, families and communities, and reduce the prevalence of risk factors for suicide.</p> <p>The Program is aligned with national frameworks including the National Safe Schools Framework (NSSF), National Framework for Values Education, MindMatters, KidsMatter and NCAB.</p>	<ul style="list-style-type: none"> • The Program operates in over 1,400 schools in NSW, ACT, Queensland, Tasmania, Western Australia and the Northern Territory. • A longitudinal study involving 2,300 secondary students across NSW indicated that the Peer Support Program: <ul style="list-style-type: none"> ○ assists students to successfully negotiate transition from primary to secondary school; ○ improves relationships with others - peers and teachers; and ○ successfully changes attitudes toward bullying behaviours.
<p>Project 37 Project: The LifeForce Community Networks Project Organisation: Wesley Mission Location: National</p> <p>TOTAL FUNDING: \$3,373,962 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>This project aims to educate, empower and resource Australian communities to be aware of the issue of suicide, to recognise the signals of suicide and to be sufficiently resourced to refer individuals with thoughts of suicide to appropriate and qualified help. Expected outcomes for communities in which LifeForce components are developed and implemented include:</p> <ul style="list-style-type: none"> • increased knowledge and awareness for gatekeepers and the broader community, • increased help seeking behaviours and support for family and friends after a suicide; • the development of local suicide prevention plans through greater networking, community liaison and collaboration 	<ul style="list-style-type: none"> • Identification and establishment of suicide prevention networks in all states and territories across Australia. • The delivery of suicide prevention workshops, forums and events to raise awareness of the issues surrounding suicide and measures communities can take to address them. • The continuous development of learning programs which focus upon awareness raising, challenging attitudes, and teaching basic engagement and intervention skills. • The delivery of memorial days in selected areas across Australia.

	<p>amongst key stakeholders and the wider community; and</p> <ul style="list-style-type: none"> • gatekeeper learning program achieve consistent improvement in the confidence and knowledge of participants. 	
<p>Project 38 Project: Youth Mental Health First Aid Program Organisation: Orygen Research Centre Location: National</p> <p>TOTAL FUNDING: \$946,705 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>This project aims to develop a course specifically dealing with the mental health problems of adolescents to be known as the Youth Mental Health First Aid Program (YMHFA).</p> <p>The course will cover how to give initial help for the following disorders: depression, anxiety, psychosis, eating, and substance use. It also covers first aid in a number of crisis situations: suicidality, deliberate self-harm, panic attack, traumatic experience, out of contact with reality and perceived to be threatening, and substance overdose.</p>	<ul style="list-style-type: none"> • 15 Instructor Training courses; nine 3-day courses and six 5.5 day courses conducted. • 216 instructors completed the 14-hour Instructor Training course. 192 completed detailed feedback forms Feedback on the delivery which indicated that: <ul style="list-style-type: none"> ○ Of the 192, only one rated themselves as unprepared; ○ 25% rated themselves very well prepared; ○ 55% rated themselves well prepared; and ○ 19% rated themselves somewhat prepared. • Scholarships valued at \$2000 were distributed and well received, particular by instructors in regional and remote areas. • Feedback has consistently improved over time. • 224 participants completed 17 free courses in Victoria delivered for various community groups including Scouts, Red Cross, sports clubs, neighbourhood houses, local government and youth studies students. • Instructors have run 376 14-hour courses to a total of 5,224 participants, in every state and territory of Australia.
<p>Project 39 Project: Reach Out! Pro Organisation: The Inspire Foundation Location: National</p>	<p>Reach Out! is a web-based service that inspires young people to help themselves through tough times.</p> <p>The key objectives of this project are to:</p> <ul style="list-style-type: none"> • Develop a website for professionals to provide information, updates, best practice case studies (to be developed with community consultation participants), and interactive content to facilitate the engagement of young people in both the treatment and maintenance of better mental 	<ul style="list-style-type: none"> • The Reach Out User Profiling Survey conducted from July to September 2008 attracted 1006 participants, of which 904 were young people and 102 were professionals. • Highlights of the results from professionals were: <ul style="list-style-type: none"> - Professionals are highly likely to recommend Reach Out to young people and colleagues - 92% rate the Reach Out website as very good or excellent - 84% of participants were repeat visitors to Reach Out

<p>TOTAL FUNDING: \$1,159,865 FUNDING PERIOD: 2006/07 to 2009/10</p>	<p>health outcomes, including a reduction in suicidal behaviour, depression, drug and alcohol use.</p> <ul style="list-style-type: none"> • Promote the resource to local health service providers and community agencies working with young people via leaflet distribution, media coverage, conferences; and • Increase help-seeking among young people aged 16-25. 	<ul style="list-style-type: none"> - Professionals are using Reach Out more regularly with 51% using it fortnightly (up from 41% from the 2007 survey) • Highlights of the results from young people are: <ul style="list-style-type: none"> - 60% are in Reach Out's target age range of 16-25 - 24% visit Reach Out at least once a week; the average frequency is once a month - The main reason young people visit Reach Out is because they are going through a tough time and the main type of information they are looking for is about mental health issues - Young people report that Reach Out helps them learn more about mental health issues (82%), understand other people's experiences of mental health issues (77%) and learn where to get help with mental health issues (74%) - Reach Out contributes to increased help seeking with 59% of repeat visitors talking to a professional after visiting Reach Out - 81% would tell a friend about Reach Out
<p>Project 40 Project: Mindframe Education and Training Projects Organisation: Hunter Institute of Mental Health Location: National</p> <p>TOTAL FUNDING: \$4,387,300 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>As a component of the Mindframe Initiative, the aim of the Mindframe Education and Training Projects is to enhance the media's capacity to report responsibly, sensitively and accurately on issues relating to suicide and mental health/illness.</p> <p>The Hunter Institute manage a number of projects which have focussed on providing resources and education opportunities for media professionals, facilitating the inclusion of these issues in tertiary journalism education, the mental health and suicide prevention sector, police and courts, and those involved in the development of Australian film, television and theatre. These are:</p> <ul style="list-style-type: none"> • ResponseAbility Journalism and Public Relations Project; 	<p>The key outcomes/achievements for the period 2006-09 were: ResponseAbility Journalism & PR</p> <ul style="list-style-type: none"> • Delivery of 60 guest lectures and tutorials and dissemination of a further 72 resource kits; • Development and dissemination of additional resources for journalism educators; • Launch of Academic Research Scheme; • Evaluation outcomes indicate 100% awareness and uptake of the journalism resources among university campuses • More than 126,000 visits to website between October 2008 and April 2009 <p>Mindframe Media & Mental Health Project</p> <ul style="list-style-type: none"> • 134 additional briefings in each state and territory engaging over 500 journalists and editors;

	<ul style="list-style-type: none"> • Mindframe Media and Mental Health Project • Mindframe for the Mental Health & Suicide Prevention Sector Project; • Mindframe Stage and Screen Project; and • Mindframe Police and Courts Project. 	<ul style="list-style-type: none"> • Successful complaints lodged with ACMA about suicide reporting and the APC about reporting of mental illness; • Involvement in 21 media conferences; • More than 130,000 visits to website between November 2008 to April 2009. <p>Mental Health & Suicide Prevention Sector Project</p> <ul style="list-style-type: none"> • Dissemination of over 1,100 copies of resource and 4,500 copies of quick reference card; • Development and delivery of 45 interactive workshops engaging over 530 participants; • Development of Mindframe Capacity Building Model and Pilot; • Pilot demonstrated improvements in capacity across several dimensions and an overwhelming support for Mindframe and the capacity building model. <p>Stage and Screen Project</p> <ul style="list-style-type: none"> • More than 22,000 website visits from November 08 to May 09; • Development of workshop formats to promote to television series and serials; • Workshops delivered to Screenwriters and scriptwriters; • 2,788 resource books disseminated nationally since 2007. <p>Police and Courts Project</p> <ul style="list-style-type: none"> • National Scoping Study with recommendations for future work; • Development of resources based on consultations with sector; • More than 1,360 resource books disseminated to judicial sector since development, and over 3,000 to police. • From January 2009, website views have remained consistently above 1200 views per month for both police and courts sections.
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<p>Project 41 Project: LIFE Communications Organisation: Crisis Support Services Inc Location: National</p> <p>TOTAL FUNDING: \$2,565,125 FUNDING PERIOD: 2006/07 to 2009/10</p>	<p>This project provides national strategic suicide prevention communications and provides stakeholders with:</p> <ul style="list-style-type: none"> • Access to the 'Living Is For Everyone' suite of resources; • Access to the latest information, activities and resources in suicide prevention; • A vehicle to contribute their learnings and draw on each other's expertise; and • Facilitation of clear and effective communication channels across a broad range of suicide prevention stakeholders in Australia. 	<ul style="list-style-type: none"> • From June 2009 to September 2009, 674 hard copies of the LIFE Resources were distributed, the majority through the attendance at conferences by the project team, and through orders from the LIFE website. • From June to October 2009 there were over 16,300 visits to the LIFE website, 88% of which were within Australia. • From June 2009 to September 2009 over 1100 copies of the LIFE Framework were downloaded from the website, 1797 of Research and Evidence Document, and the full set of fact sheets was downloaded 541 time
<p>Project 42 Project: Community Radio Suicide Prevention Project Organisation: Community Broadcasting Association Australia Location: National</p> <p>TOTAL FUNDING: \$1,071,900 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>This project aims to provide help-seeking and wellbeing messages to a wide and diverse network of communities nationally reaching a large number of Indigenous communities, rural and remote, and culturally and linguistically diverse communities.</p> <p>This project utilises both satellite and local radio broadcasting to provide 24 hour a day national delivery of suicide, mental health and well-being messages.</p>	<ul style="list-style-type: none"> • Messages reach over 9.5 million people in an average month through over 270 radio stations around Australia. • 94% of stations have actively discussed the issues and services profiled in the audio segments with their local audience. • 81% of stations have received positive feedback from their local community regarding the messages. • 79% of stations have reported phone calls from listeners to request phone numbers or other information after hearing project audio on air.
<p>Project 43 Project: SANE Media Centre and Stigmawatch Organisation: SANE Australia Location: National</p> <p>TOTAL FUNDING: \$1,570,000 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>This project aims to promote accurate, respectful and sensitive depiction of mental illness and suicide by exposing cases of media stigma to public scrutiny and educating those responsible to change their practices.</p>	<ul style="list-style-type: none"> • Support provided to mental health organisations that do not have media/communications staff throughout Australia. • 107 people in the mental health sector contacted the project for support. • 369 enquiries received from the media about mental health and suicide. • Regular contact from 14 scriptwriters and producers for advice and information, plotlines and character development. • Actioned 128 stigma reports with 21 media professionals seeking ongoing liaison.

<p>Project 44 Project: StandBy Suicide Bereavement Support Service Organisations: : United Synergies Ltd, Lifeline Community Care Queensland, Support Link Ltd, Anglicare WA Inc, Pilbara Division of Location: National: ACT, Brisbane, Sunshine Coast, Caloola, Western Australia, Tasmania</p> <p>TOTAL FUNDING: \$7,784,532 FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>The StandBy Service provides an integrated, comprehensive, responsive support system built on existing emergency and community response mechanisms for people at risk of suicide and self harm, their family, friends, associates and those affected by suicide bereavement.</p>	<ul style="list-style-type: none"> • A two year independent evaluation of the Canberra, Brisbane and Sunshine Coast/Cooloola sites found that StandBy increased community capacity to respond effectively, reduced suicidal ideation, improved 'normalising' the grief experience including the ability to live with the loss of a loved one by suicide. • Four additional sites have been established in Hobart, Launceston, and the Kimberly and Pilbara regions.
<p>Project 45 Project: Redevelopment of the Bereavement Support Pack Organisation: Urbis Keys Young Location: National</p> <p>TOTAL FUNDING: \$51,490 FUNDING PERIOD: 2008/09</p>	<p>This project aims to redevelop the content and design of the 'Information and Support Pack for those bereaved by suicide and other sudden death' based on the outcomes of the National Activities on Suicide Bereavement Project and involves consultation with state and territory authorities and organisations.</p>	<p>The redevelopment is complete following extensive consultation and is to be printed and available nationally in the near future.</p>
<p>Project 46 Project: National Centre of Excellence in Suicide Prevention Organisation: AISRAP, Griffith University</p>	<p>The purpose of this project is to:</p> <ul style="list-style-type: none"> • provide advice to the Australian Government and other agencies regarding best practice in suicide prevention; • offer direct support to agencies contracted by the Department; 	<ul style="list-style-type: none"> • Advice has been regularly provided to the Department and the Australian Suicide Prevention Advisory Council regarding suicide hotspots and access to mean, the impact of the economic recession on suicide, Indigenous suicide and men's issues.

<p>Location: National</p> <p>TOTAL FUNDING: \$1,333,356</p> <p>FUNDING PERIOD: 2008/09 to 2010/11</p>	<ul style="list-style-type: none"> • provide a bi-annual critical literature review regarding suicide and suicide prevention; • provide advice on improving evaluation of suicide prevention work; and • provide advice on the quality of suicide data. 	<ul style="list-style-type: none"> • The Centre published its first bi-annual literature review on 11 May 2009. • Evaluation advice has been provided to a range of projects. • The Centre is currently conducting a mapping exercise of existing national suicide prevention programs to identify gaps/linkages in services.
<p>Project 47</p> <p>Project: WHO START Project</p> <p>Organisation: AISRAP, Griffith University</p> <p>Location: National</p> <p>TOTAL FUNDING: \$300,000</p> <p>FUNDING PERIOD: 2007/08 to 2009/10</p>	<p>This project aims to investigate preventative interventions across various countries, cultures and population sub-groups with the Asia-Pacific region.</p>	<p>The project is due to report in May 2010.</p>
<p>Project 48</p> <p>Project: Living Hope Conference 2009</p> <p>Organisation: Salvation Army</p> <p>Location: National</p> <p>TOTAL FUNDING: \$110,000</p> <p>FUNDING PERIOD: 2008/09</p>	<p>This Project aims to provide information, support and networking opportunities for collaboration between postvention researchers, practitioners and those bereaved by suicide.</p>	<ul style="list-style-type: none"> • 235 people attended the Conference. • 58% of attendees had been bereaved by suicide. • 60% of attendees represented an organisation working with those bereaved by suicide. • 41% of attendees completed the Conference survey and the findings were that: <ul style="list-style-type: none"> ○ 67% of respondents felt that the conference was very to extremely valuable. ○ 20% felt that the conference was moderately valuable. ○ 13% felt that the conference was of little or no value.
<p>Project 49</p> <p>Project: The Mindmatters Initiative</p> <p>Organisation: Principals Australia</p>	<p>The Mindmatters Initiative is the national mental health promotion, prevention and early intervention initiative for Australian secondary schools and has the goals of:</p>	<ul style="list-style-type: none"> • The MindMatters Initiative is provided in 3,000 Australian secondary schools. • Provision of hardcopy materials to every secondary school in

<p>Location: National</p> <p>TOTAL FUNDING: \$3,219,116</p> <p>FUNDING PERIOD: 2006/07 to 2009-10</p>	<ul style="list-style-type: none"> • enhancing the development of school environments where young people feel safe, valued, engaged and purposeful; • developing the social and emotional skills required to meet life's challenges; • helping school communities create a climate of positive mental health and wellbeing; • developing strategies to enable a continuum of support for students with additional needs in relation to mental health and wellbeing; and • enabling schools to better collaborate with families and the health sector. 	<p>Australia, a website, and delivery of professional development to teachers and other school personnel on an opt-in basis.</p> <ul style="list-style-type: none"> • Provision of resources including background information for schools, planning tools, activities for classroom use on various mental health topics and links to a list of programs and internet sites that contain reliable information and health support networks.
<p>Project 50</p> <p>Project: Hope for Life</p> <p>Organisation: The Salvation Army</p> <p>Location: National</p> <p>TOTAL FUNDING: \$1,331,398</p> <p>FUNDING PERIOD: 2006/07 to 2010/11</p>	<p>The Hope for Life suicide bereavement support service includes a website, online and face to face suicide prevention gatekeeper training and a resource kit for frontline Salvation Army staff.</p>	<ul style="list-style-type: none"> • The website has had over 10,000 visitors • 100 people have completed gatekeeper training • Almost 500 people have completed the online training course
<p>Project 51</p> <p>Project: Case Control Studies in NSW</p> <p>Organisation: University of Sydney</p> <p>Location: NSW</p> <p>TOTAL FUNDING: \$200,000</p> <p>FUNDING PERIOD: 2007-08 to 2009-10</p>	<p>The project consists of three cases-control studies of suicide and attempted suicide in young adults in New South Wales. The three studies are:</p> <ol style="list-style-type: none"> 1. completed suicide cases compared to suicide community controls via an informant report interview attained from a next-of-kin or significant other for both cases and controls; 2. attempted suicide cases (defined as those who attend health services for the incident) compared to attempted suicide community controls via a self-report interview; and 3. suicide cases compared to attempted suicide cases. 	<ul style="list-style-type: none"> • The study aims to: <p>quantify individual risk factors in combination with socio-demographic factors as contributors to suicide and attempted suicide</p> <p>establish relationships between suicide and attempted suicide risk factors as they occur as background to and precipitants of suicide events</p>

NEW ACTIVITY FUNDED IN 2009-2011

Project Details	Project Description
<p>Project 52 Project – Basic Needs Project Organisation: General Practice Network NT</p> <p>TOTAL FUNDING \$98,605 FUNDING PERIOD: 2009/10 to 2010/11</p>	<p>'Basic Needs' project includes the development of a culturally appropriate book, DVD and posters for Aboriginal Mental Health Workers (AMHW) to be used in conjunction with the current GPNNT Aboriginal mental health program which is delivered across Borroloola, Yirrkala, Laynhapuy Homelands, Angurugu and Galiwinku. The current program employs up to 10 AMHW at any one time to deliver culturally appropriate Aboriginal mental health practice and will assist in the consolidation of a 'model of practice' for AMHW's to formalise current best practice and provide a framework for further development.</p>
<p>Project 53 Project – Train the Trainer Project Organisation: Mental Health Association of Central Australia</p> <p>TOTAL FUNDING: \$192,165 FUNDING PERIOD: 2009/10 to 2010/11</p>	<p>'Train the Trainer' Project – for the delivery of 'Suicide Story' in the NT. A 'Train the Trainer' Manual for the prevention of suicide in remote Indigenous communities has been developed. The Train the Trainer Program will train Indigenous community members in the delivery of 'Suicide Story' which is an Indigenous focussed DVD/program aimed at reducing the incidence of suicide/suicide attempts in remote communities</p>
<p>Project 54 Project – Real Engagement of Men in Industry Organisation: OzHelp NT</p> <p>TOTAL FUNDING: \$757,350 FUNDING PERIOD: 2009/10 to 2010/11</p>	<p>The purpose of this project is to build the capacity of workers in the building, construction and mining industries in the Darwin Region to recognise warning signs of suicide, be able to access support and provide mentoring support to colleagues.</p>
<p>Project 55 Project – Post Discharge Care for Patients Presenting to Emergency Department with Deliberate Self Harm or Suicide Attempt Organisation: General Practice Queensland</p> <p>TOTAL FUNDING \$408,248 FUNDING PERIOD: 2009/10 to 2010/11</p>	<p>The objective of this project is to prevent suicides by addressing the need for improved discharge planning, referral and support of people at risk of deliberate self harm or suicide, who present to hospital ED's. The project aims to achieve this through establishing clear and effective linkages between Divisions of General Practice, general practice, specific clinical staff within hospitals EDs and relevant community based services.</p>

<p>Project 56 Project –Psychological support to people in bushfire effected Toodyay Organisation: Central Wheatbelt Division of General Practice</p> <p>TOTAL FUNDING: \$25,000 FUNDING PERIOD: 2009/10</p>	<p>One off funding has been provided to the Central Wheatbelt Division of General practice to deliver psychological support to people in the bush fire affected area of Toodyay in Western Australia to provide them with specific interventions to cope with the impact on their lives and their recovery process.</p>
<p>Project 57 Project: - R U OK? Day Organisation: R U OK? Day</p> <p>TOTAL FUNDING: \$446,500 FUNDING PERIOD: 2009-10 to 2010-11</p>	<p>The aim of R U OK? Day is to encourage Australians to connect with family and people in the community if they have concerns about their mental health and wellbeing. R U OK? Day promotes this message through coordinated television, internet and press coverage of their theme, coupled with advice on help seeking avenues. This project funds R U OK? Day to liaise with mental health and suicide prevention experts to ensure their messages and promotional material help people have helpful conversations with others.</p>
<p>Project 58 Project: Map of Loss Organisation: Injury Control Council of WA</p> <p>TOTAL FUNDING: \$162,325 FUNDING PERIOD: 2009-10</p>	<p>The “Map of Loss” project is designed to: build capacity and community resilience in Aboriginal communities; provide workshops that help individuals develop self coping and resilience skills with a focus on Aboriginal communities and Aboriginal Health Workers; and provide professional development on mental health issues for Aboriginal Health Workers.</p>