## Senate Community Affairs Committee

## ANSWERS TO ESTIMATES QUESTIONS ON NOTICE

## HEALTH AND AGEING PORTFOLIO

Supplementary Budget Estimates 2010-11, 20 October 2010

Question: E10-161

OUTCOME 4: Aged Care and Population Ageing

Topic: CARERS CARE FOR DEMENTIA CARERS

Hansard Page: CA 51

Senator Brown asked:

Please provide as much information as you can on the Carer's Care Program for dementia carers that has been rolled out in Tasmania. What does the program involve, how it is being rolled out and how the packages are being distributed. I understand there are DVDs and fact sheets?

## Answer:

Carers Care for Dementia Carers is a state wide trial (2009-11), developed by Dr Jenn Scott, a senior lecturer at the University of Tasmania, and Research Associate at the Wicking Dementia Research and Education Centre. Dr Scott was contracted by the Tasmanian Department of Health and Human Services to develop a DVD which will help care givers of people with dementia in their caring role.

This project received joint Commonwealth and State funding through the Home and Community Care Program, and was supported by the Tasmanian Commonwealth Respite and Carelink Centres (CRCCs) and Carers Tasmania.

The resources include a 90-minute DVD and related tip-sheets that teach skills and strategies to help carers manage challenging situations they may face in looking after someone with dementia. The DVD features carers sharing their experiences and the skills they have learnt that help them manage the day-to-day reality of caring for a dementia patient.

The DVD is designed to assist carers in the privacy of their own homes, giving them the information they need about services and support.

Copies of the DVD and tip-sheets are distributed to carers of people with dementia when they participate in the trial.