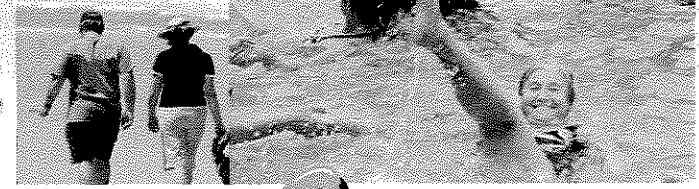
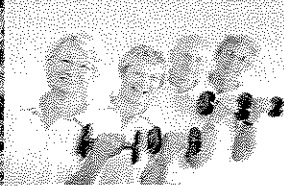


April 2013
APRIL FALLS MONTH



Strong Muscles & Safe Moves Seminar

"Waste Not - Fall Not"

A **FREE STAFF** Seminar and Expo on issues relating to Sarcopenia and Falls Prevention in older people.

For staff of Community Service Providers, RACF's and Hospitals, working in NSLHD.

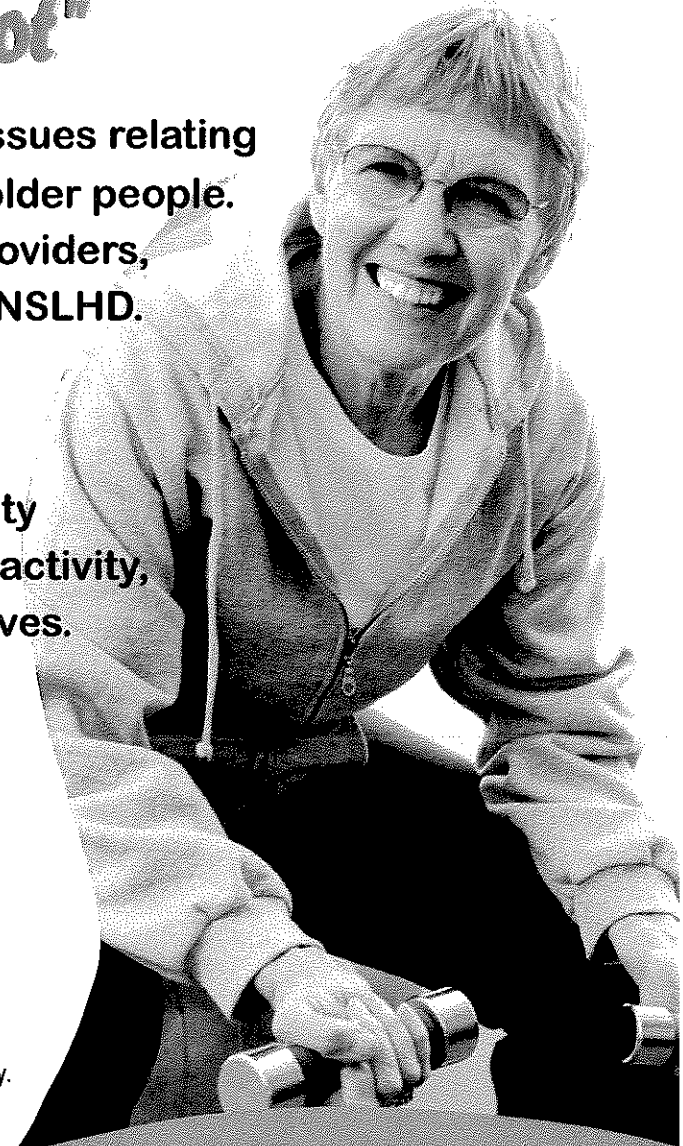
Information on

- ◆ What is Sarcopenia?
- ◆ The link with falls prevention and frailty
- ◆ Management from medical, physical activity, nutritional and behavioural perspectives.

When: Wednesday 1st May 2013
9.30am—1.00pm
(Registrations from 9.00am)

Where: Hornsby RSL Club
Boronia & Acacia Rooms
4 High Street, Hornsby

Parking available: Enter via William St before 10.00am use Multi Level Carpark Levels 5, 6 or 7. Collect ticket at boomgate for entry. Ticket will be validated at completion of event.



Bookings Essential (Registration form attached)

c/o Kerry McGaw, Ryde Hornsby Health Promotion Unit.

Email: kmmcgaw@nscchahs.health.nsw.gov.au

Phone: 8877-5321

Fax: 8877 5310



Health
Northern Sydney
Local Health District

Strong Muscles & Safe Moves Seminar

"Waste Not - Fall Not"

REGISTRATION FORM

Name:	
Position:	
Organisation:	
Address:	
Phone:	
Fax:	
E-mail:	
ANY ADDITIONAL PEOPLE ATTENDING?	

Name	Position	Organisation	Phone

**No confirmation of registration will be issued.
 Assume registration into the forum unless contacted**

Bookings Essential

c/o Kerry McGaw, Ryde Hornsby Health Promotion Unit.

Email: kmmcgaw@nsccaahs.health.nsw.gov.au

Phone: 8877-5321

Fax: 8877 5310

Aged Care Taskforce Expression of Interest



Attention | GPs, RNs, RACF Managers, Community Care Managers, Aged Care Specialists,
Re | Allied Health and Pharmacists
Aged Care Taskforce

Northern Sydney Medicare Local (NSML) is committed to connecting health professionals to meet local needs.

To achieve this we are establishing a regional **Aged Care Taskforce** to provide a forum for recognizing gaps in services, making recommendations and assessing outcomes for the aged community in NSML.

We are seeking expressions of interest from health care providers interested in Aged Care to participate in the Aged Care Taskforce. This Taskforce will be integral to enhancing the quality of aged care service provision and improving communication flow across the sector by:

- Providing leadership, coordination and support for aged care programs and services within the NSML region
- Implementing strategies to optimise the communication and delivery of appropriate services within the region.

The Aged Care Taskforce will meet quarterly or as needed, with members being reimbursed for their time. Meetings will be held at a time suitable for the majority of members.

For further information, please contact Wendy Morris on 9477 8700

Please complete and return this form to **Wendy Morris**, Aged Care Coordinator, by **10 April 2013**.

Email wmorris@nsml.com.au
Fax 9477 8799
Mail NSML PO Box 173, Thornleigh NSW 2120

Yes, I am interested in becoming a member of the NSML Aged Care Taskforce

Name _____ Phone _____

Email _____

Practice/Organisation _____

Profession _____

Please briefly describe your interest in enhancing healthcare for the aged community within NSML:

www.nsml.com.au
Unit 2, 1 Central Avenue, Thornleigh
PO Box 173, Thornleigh, 2120
t 02 9477 8700 f 02 9477 8799