

Senate Community Affairs Committee

ANSWERS TO ESTIMATES QUESTIONS ON NOTICE

HEALTH AND AGEING PORTFOLIO

Budget Estimates 2013-14, 5/6 & 7 June 2013

Question: E13-162

OUTCOME: 11 - Mental Health

Topic: MindSpot Virtual Clinic

Type of Question: Hansard Page 63, 5 June 2013

Senator: Furner

Question:

This is probably something on notice, but do you have any demographics around those that have been referred? [Of the people assessed by MindSpot since it started operation, 42 per cent had never previously sought help for mental health concerns]

Answer:

The following series of data tables are for the period 3 December 2012 to 23 June 2013. This represents data collected since MindSpot commenced operations.

MindSpot Client Data

Total number of individuals using service	4551
Age Mean	35 years
Age Median	33 years
Age Range	13 - 93 years
Gender split as a percentage	Female 74% Male 26%
Percentage from non-major cities	47%

Help Seeking Status of MindSpot Clients

Client Activity	Percentage
Sought help in last 12 months for anxiety or depression	31%
Have not sought help for at least 12 months	34% (Average time since help seeking is 2.5 years)
Never sought help before	35%*

*This is an update of data provided during the Senate Estimates Hearing.