

**Submission no. 423**

AUTHORISED: 20/6/07

---

**Subject:** Breastfeeding

hi there, just thought i'd give you my story.

My partner and i had our first son at the ages of 18 and 20. I was very informd at this age and tried desperatly to breastfeed him but after 8 weeks of tears and frustration i found it better for my mental health to stop breastfeeding, i had suffered pain from blisters etc and i never seemed to have enough milk for him.

Four years after we had him i gave birth to our daughter, and again hoped with all hell that i'd put more effort and time into breastfeeding. After 2 weeks of no sleep and her feeding for ten minutes and not wanting more. Every hour she would wake for another feed and i gave up.

If we are to ever have number three i will not be breastfeeding again.

Lynn.

---