
Submission no. 420

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MyCaseHistoryforL
RC.doc (43 KB...

hi

this is in response to Breastfeeding stories (found on BubHub web forum).

I would just like to tell you a bit about my journey. I have two children now, Jarrah (2 1/2 yrs and Bonny 5 months) I had many troubles feeding my son and sought help with my next pregnancy. I have been able to feed bonny 100% this time around and will continue as long as she wishes to feed.

I have a Case History that I have been working on for the Lactation Resource Centre, I shall attach that for you.

I would love to see a National Breastfeeding Support Service, helping women from Day 1...not 6 weeks or 4 weeks, but Day 1, this is the beginning, where breastfeeding can go right or wrong. It would be ideal to have not only nurses but also community volunteers (which I know many people through ABA and similar pro-breastfeeding groups, who would be happy to train as volunteers) to give women support and advice through the first few weeks. I think that Child Health Nurses are swamped and often not educated in recent breastfeeding information.

Volunteers can then make contact with the women in hospital and follow up as required. They can provide current information for the woman (about normal feeding patterns and what breastfed babies are like) This will help women to establish feeding and encourage women to continue feeding even if they have to return to work.

I hope my information has been helpful.

Natalie Gardiner