Submission no. 57 - AUTHORISED: 21/03/07

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## ----- Original Message --

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In the early 60s i was a nurse, turned new mum and didnt know half the stuff about formular feeding as i do now, because one off my daughters is an avid breastfeeder and holds a councillor position, if i had been able to contact someone to speak to then i may have been able to breast feed longer then i did, but my mother was a not learned person and the old wives tales and myths that we were told then, its hard to think i believed in it especially about formular as i know my daughters have health issues that may have been prevented if i could have breast feed tthis group need all the help they can get to help other young mums, todays mothers need to have this contact with their babies as it seems that if they are bottle fed the conection is lost and they grow away from their mums as anyone can fill a bottle but not all can breast feed, when my third child was born i had trouble feeding as she would roll her tongue up so i coulnt put her on the breast, i had to put her on the bottle because i didnt know what else to do,she would cry because she was hungry so the bottle helped her settle if i had contact with someone i could have known what else i could try. i dont have any contact with this girl and havent since1993. My other two daughters ,the eldest is having weight problems and thesecond has food tolerance problems that she is sorting out ,,Her children enjoy breast milk and health, I think that all pregnant females should be introduced to the breast feeding ass. when they have given bith or instruction as to the B.F.A/. contacts

21/02/2007