### References

Australian Department of Health and Aging (2008) National Healthcare Agreement. Commonwealth Government of Australia

Australian Department of Health and Aging (2004) *Environmental Health Needs of Indigenous Communities in Westernern Australia.* DoHA

Clarke, T. (2008) *Food supplies flown into Indigenous communities.* WA Newspaper, 25 November, 20088

National Health and Medical Research Council (2003) *Dietary Guidelines for Australian Adults*. NHMRC

National Public Health Partnership (2004) *The Intervention Portfolio for WA Aboriginal Food and Nutrition Strategies.* NPHP

Pollard, C. Binns, C. (2008) Selecting interventions to promote fruit and vegetable consumption: From policy to action, a government planning framework cast study. *Australia and New Zealand Health Policy* (5):27

Strategic Inter-Governmental Nutrition Alliance (2008) *Remote Indigenous Stores and Takeaways Project.* SIGNAL

Strategic Inter-Governmental Nutrition Alliance (2007) Freight Improvement Toolkit. SIGNAL

Strategic Inter-Governmental Nutrition Alliance (2000) National Aboriginal and Torres Strait Islander Nutrition Strategy Action Plan. SIGNAL

WA Department of Health (2003) *Food North: Food for health in north Australia.* WA Health

Western Australian State Emergency Service (1999) *State isolated communities freight subsidy emergency management plan.* FESA



Attachment 1. Regional maps identifying remote community store locations

C:\Documents and Settings\he66154\Local Settings\Temporary Internet Files\OLKAD\Remote stores inquiry - final (3).doc





2/16/2009

18/24

2/16/2009



C:\Documents and Settings\he66154\Local Settings\Temporary Internet Files\OLKAD\Remote stores inquiry - final (3).doc



C:\Documents and Settings\he66154\Local Settings\Temporary Internet Files\OLKAD\Remote stores inquiry - final (3).doc

High-ranking interventions in Portfolio 1 Goal: Health Determinant: access to fruit and vegetables (f&v), assessment of actions		
at one year (II = not started, > = some progress, >> = significant progress)		
Management objective: to increase and sustain access to high quality, safe affordable fruit and vegetables		
Policy interventions	Program interventions	Infrastructure support
Public Policy development	Incentives (financial and non-financial)	Identification and surveillance of determinants
1. Develop and support f&v consumption	6. Support award schemes that increase access to f&v for	12. Collect and analyse information to assess f&v
guidelines and position statements- II	consumers:- 🕨	supply, cost, quality, access, sales/marketing
2. Develop and support nutrition policies	- Worksite	(e.g. Market basket survey) - II
promoting f&v in schools- >>	- Childcare & Schools (e.g. STARCAP <sup>1</sup> and Start	Information systems
Legislation and regulation	Right-Eat Right <sup>2</sup> )	13. Develop systems to improve communication
3. Advocate for legislation for restriction	- Hospitality (e.g. Gold Plate Award <sup>3</sup> )	of f&v marketing & information through the
of food advertising directed at	- Supplier/retailer and transport operator accreditation/	supply chain eg price, quality, volume
children-	incentive schemes	statistics - II
Community & organisational development	- Product awards (e.g. WA Nutrition Awards <sup>4</sup> )	Research and development capacity
(including organisational policy)	Service Development and delivery	14. Identify f&v supply issues in rural and
4. Support local initiatives and	7. Support the promotion of f&v in hospitality and	regional development plans and make
organisations to develop and implement	catering training.	recommendations for action - II
food and nutrition policies and improve access to f&v- II	8. Support ongoing systems and food safety training e.g. HACCP <sup>5</sup> , SQF <sup>6</sup> and approved supply programs-₩	15. Identify and test assumptions about critical factors impacting on price, quality and access
5. Encourage the development of retailer	Communication (including social marketing)	to f&v – remote, rural and urban - II
training policies for handling f&v e.g.	9. Support dissemination of FSANZ policies and	Plant and equipment
'Retailer of the year' award- )	promotional materials relating to f&v- >	16. Advocate for appropriate f&v storage
	10. Provide consumers with promotional materials on best	facilities in remote community stores - II
	conditions for storing fresh foods through retail	Leadership
	outlets-	17. Establishment of a Western Australian
		Taskforce on Equity in Food Access - II
	Collaboration/partnerships(community and intersectoral) 11. Support welfare agencies in the provision of f&v (e.g. FoodBank <sup>3</sup> )-₩	Taskforce on Equity in Food Access - II

C:\Documents and Settings\he66154\Local Settings\Temporary Internet Files\OLKAD\Remote stores inquiry - final (3).doc

<sup>1</sup> Star Canteen Accreditation Program [http://www.waschoolcanteens.org.au/pages/starcap/01-starcap.htm], <sup>2</sup> (Pollard, Lewis et al. 2001), <sup>3</sup> Foodbank Western Australia [www.foodbankwa.org.au], <sup>4</sup> WA Nutrition Awards [http://www.population.health.wa.gov.au/Promotion/wa\_nutrition.cfm], <sup>5</sup> HACCP Based Food Safety Programmes and Endorsements [http://www.haccp.com.au/], <sup>6</sup> Safe Quality Food Institute [http://www.sqfi.com/] Attachment 2.

#### Attachment 3. Relevant media articles



· 🗏 Print this article | 🗵 Close this window

## Aboriginal store ripoff 'widespread'

Geoff Vivian December 30, 2008 - 12:00PM

Remote Aboriginal community stores are being ripped off throughout the Kimberley, prominent indigenous residents say. The stores have become prime targets for unscrupulous store managers, with those doing it almost always escaping prosecution. "They haven't even been asked to pay the money back," retired Aboriginal policeman Gordon Marshall said.

Community councils usually responded to complaints of corrupt behaviour by simply sacking the storekeeper, rather than going to the trouble of pressing charges. Mr Marshall, who served in various Kimberley, Pilbara and Mid-West communities, said storekeepers sacked by one Aboriginal community often get a job at another. Lingiari Foundation chief executive Paul Lane said it was part of a broader pattern of corruption not restricted to managers of community stores.

"In 40 years (as an Aboriginal activist) I don't know of one single community store ... that hasn't had a bad management experience," said Mr Lane, the head of an indigenous advocacy, research and development organisation. "It often requires collusion among suppliers and ... the boards of the communities that run the store," he said. He knew of cases where prominent members of an Aboriginal community supported a storekeeper politically in return for favours, such as free family holidays.

By the time a storekeeper was dismissed or left, the store was usually in danger of closing down and needed a manager so desperately there were no proper reference or security checks. Northern Territory Emergency Response Review chairman Peter Yu said most managers came into the job with little experience or qualifications. The community members who employ the managers often had very low levels of literacy or grasp of proper governance standards. "Most times he gets the job because people think he is a good bloke," he said.

Wayne Gordon, an Aboriginal stockman who manages a cattle station for his central Kimberley Aboriginal community, said store managers should be subject to regular scrutiny. "You need to get every one of these places audited and you need an accountant to come every three months - 12 months is too long, it lets them get away with too much," he said.

Department of Indigenous Affairs spokeswoman Simmone Meakins said her department had no jurisdiction over remote community stores. "If the stores are privately owned there is no government involvement," she said.

Mark Sewell, who managed a Kimberley Aboriginal community for four years, said most remote community stores were privately owned by the Aboriginal corporation that runs the community.

This story was found at: http://www.watoday.com.au/wa-news/aboriginal-store-ripoffwidespread-20081219-7271.html

#### THE WEST AUSTRALIAN News

# Exorbitant food prices mean some Aboriginals go hungry

#### I ISA HPTON and CRES READIN

LISA UPTON and GREG BEARUP With potatoes at \$1.50 each, half a pumpkin costing \$14 and satusages more than \$1 each, the tiny Aborig-inal settlement of Mulan in the State's north, may well have the most expen-sive groceries in Australia. Antid growing concerns about diet-related and ilfestyle diseases afflicting remote Aboriginal communities, it has emerged that health workers believe the prolibitive cost of house-hold staples in the 'Ihanami Desert set-lement is causing widespread malnutrition. Its 160 residents are among the

malnutrition. Latency are enough the problem in the country's pocests and many are going hungry for a couple of days each week. A health worker from the Kutjung-ka region, which covers a number of Aboriginal settlements in the area, told *The West Australian* that alcoho-isam was not the problem in Mulan as it was in some Aboriginal communi-ties. The big concern was that many people were simply unable to feed their families because of the cost of food.

heupie weit's shiply under to feed their families because of the cost of food. "People are mainourished," the worker said. "F Peter Yoomarie, the local Assembly of God pastor, said the extremely high prices at the Mulan Community Store were hurting everyone but particular-ity the idlardy. "Waryon are said. "But the old people will give away their food to see childrin eat." Several pensioners he knew were forced to gurvite the last few days before their next pension psyment by eating homemade damper or they simply went hungry. We became aware of the extremely high costs when, after spending a

samply went hungry. We became aware of the extremely high costs when, after speeding a week in Mulan, we bought meat and yeekables to host a simple barbecue for eight people. The bill came to expensive it would be until we got to expensive it would be until we got to the checkout Nee dia not realise how expensive it would be until we got to the checkout because the prices are not displayed on any items in the shop. A recept it only supplied on the shop at recept is only supplied on the shop the the short of Mulan's resi-dents on welfare bundfur, receiving the short of Mulan's resi-versation of the short of Mulan's re-sidents on welfare bundfur, receiving the bound and the boal school and the community and est a healthy diet. The West Australian wes told that while both the local school and the community health centre had pro-grams to encourage people to est fresh food, the reality was that mothers toffordable than fresh portace. Me nearest regional centre an eight-ford to be and the fresh postes. Me nearest regional centre an eight-formant the to Halls Check, people havant Tournd trip, along the corrupated human Touch to Halls Check, people havan Checko to halls of the com-nunity. Dire of the managera, Annie, who

**CRIPPLING COSTS** ry bill for a bar 17 kg of sausages \$16,42 \$33,92 \$8,71 1.4 kg of chops 1.3kg (six) notatoes 1.8kg (half) of pumpkin \$14.42 Foam cups \$2.99 3 x 1.25 bottles of Diet Colee \$15 12 Bega cheese slices \$6.78 .\$6 \$15.50 Two small tins of tuna Four ears of corn Sara Lee cheese cake \$12.99 \$3.50 Bread \$8,49 Paper plates





矖

Far from anywhere: The Mulan community in the Tanami Desert Far from anywhere: The Mulan commun would not give her surname, also of freight. But, ahe said: "It's proba-bly triple what we pay for our stock. It's a joke." It is a problem faced by many remote communities and Annie said the only way to reduce the cost of food was to sublishes the freight costs. She said the groceries sold in Mulan came from Darwin, Ferth and Kunnurar. The track comes once a fortnight. Danald Mathews, who is working as a builder at the community, said that almost every day he had people coming to his house. "humbugging." Mens in the supermarket recently when he saw an old woman throw a frozen chicken in anger because she couldn't afford it. "You often see the

up." Mr Lockyer älso säves money because he has a small vegetable gar-

Mr LUCKYLS because he has a small vegetable gar-den. "Mulan could grow its own food, but it would require a quantum leap in desire to do it," he said.

y in the innami Ussert. old people get worked up because they don't have the money to pay for food," he said. The majority of people in Mulan don't own fridges and therefore can't thes advantage of fresh food specials and buy in bulk: "I don't know how people live," said Peter Lockyer, a builder farchitect from Victoria who apends three months a year working on building projects in Mulan. "I've got the resources to get in my ute and go to Halls Creek to stock up."

Free

names,

stuff at.

01

MUISU COMMUNITY SILL



Prefigit subsidies are needed to reduce the exoribitant cost of fresh fruit and vegetables in remote communities, according to Kimberiey Aboriginal Medical Service chief executive Henry Councillor, Politicians did not seem to see the irony of spending thousands on healthy lifestyle campaigns in Aborig-nel communities when a single apple often cost \$1.50 or more, he said. Kimberley communities went

healthy licityle campaigns in Aborig-heal communities when a single apple often cost \$1.50 or rowe, he said. Kimberley communities went which fresh produce for weeks while weeks oid. A functional of the single apple often cost \$1.50 or rowe, he said. The Councillor said local stores took freight charges into account, which put prices beyond the reach of many residents with Balge, Kalumburg and Multa among the worst affected. The single cost of the single cost displets epidemic and other lifestyle displets epidemic and other lifestyle strenge the worst affected. The conncillor said be did not care which level of government took responsibility but it was critical to ubudside the cost of delivering fresh funds their heads and asys it is dread fulls have such high costs, but no one toward the site of the site of the site of the source in the site of the site of the site of the source in the source of the site of the source in the source of the site of the source in the source of the site of the source of the source of the site of the source of th



3

AONDAY, AUGUST 25, 2008

## AUSTRALIA Fuel costs cause more hunger in the bush

Kerry Smith 30 August 2008

"People are eating mainly bread, flour, milk powder and sugar, and deriving a huge proportion of their energy from these foods that cost the least but are going to fill people up and divert hunger", Julie Brimblecombe told ABC Radio National's *The World Today* on August 25.

Brimblecombe, an Aboriginal nutrition expert from the Menzies School of Health Research in the Northern Territory, has completed research indicating an alarming inequity between food prices in Australian cities and remote Aboriginal communities.

While food has always been more expensive to buy in the bush, because much of it is transported from thousands of kilometres away, rising fuel prices have exacerbated the high transport costs.

Stores run as not-for-profit enterprises on behalf of the community are forced to pass this increased cost onto consumers, leading to a situation in which the country's poorest people are paying 50% more for food than city dwellers, Brimblecombe's report has found.

The August 25 *Sydney Morning Herald* reported that in the Tanami Desert community of Mulan, six potatoes cost \$8.71, half a pumpkin cost \$14.42 and sausages were more than \$1 each.

Emma Murphy, a Socialist Alliance activist who spent three years living and working in a remote Aboriginal community in Western Australia, told *Green Left Weekly* that even when the fortnightly fresh produce truck finally arrived, the fruit and vegetables didn't last long. "In extreme cases, when the roads are rough, the food is already six days old. So people want to buy up while it's 'fresh'.

"This means that those with the money and fridges to be able to buy more than a day's worth of food — the non-Indigenous staff — do a big shop. Most Indigenous people don't have fridges, so will tend to do a small shop every day. What is left when all the fresh food goes is frozen white bread, cheap cuts of meat, flour, milk powder and canned food."

Murphy added that non-perishable, low-nutrition food is cheaper, because it doesn't need refrigerated transport and can be ordered from the cities in bulk quantities.

The *SMH* article reported that, while healthy eating is encouraged through school and clinic programs, people's budget doesn't allow for the diet that government nutrition guidelines recommend. Acknowledging this reality, health workers admit to also recommending dehydrated potatoes, for example, because they are cheaper.

Michael Parnis, manager of the Mulan community store, told *The World Today* that the only way the prices can come down is through improved infrastructure and government subsidies for fuel and electricity costs.

In the meantime, Murphy said, hunger is a fact of life in remote communities and Indigenous people do what they can to survive. "If someone can afford a tank of petrol, they can go hunting and get a kangaroo that might feed the family for a day or two", she told *GLW*. "Also, the kids have learnt that, if they get \$5 to spend after school, Coke and chocolate will fill them up more than a few pieces of fruit."

From: Australian News, Green Left Weekly issue #765 3 September 2008.