

**Question on notice no. 9**

**Portfolio question number: SQ18-000108**

**2017-18 Additional estimates**

**Finance and Public Administration Committee, Cross Portfolio Indigenous matters**

**Senator Malarndirri McCarthy:** asked the Department of Health on 2 March 2018

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**Senator McCARTHY:** Okay. Can the department give an update on the progress of each of these suicide prevention trial sites, including: has the mapping been completed, what are the population groups and what are the locations?

**Ms Cole:** Of each of the 12 sites or of the two

**Senator McCARTHY:** The two that I've mentioned, the Kimberley and the Darwin suicide prevention trial sites.

**Ms Cole:** Okay. I will just find the latest that we have. Ms Edwards: I think we've previously provided on notice a table of all the sites and a progress update. We'd be happy to do that again if you'd like to see that.

**Senator McCARTHY:** I don't seem to have that. Ms Edwards: We tabled it at the hearing, I think.

**Ms Cole:** Yes, but it may have been in the context of the health hearing.

**Ms Edwards:** In the context of the mainstream health department daybut we can provide that after today, or we can go through the numbers now, Senator; I just thought it might be convenient for you.

**Senator DODSON:** The progress in relation to the sites?

**Senator McCARTHY:** We're asking for an update on the progress of the sites.

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**Senator McCARTHY:** Talk us through some of it now, but we'll certainly take what you've got there as well, Ms Cole.

**Answer —**

Please see attachment.

**Senate Finance and Public Administration Committee**

**ANSWERS TO ESTIMATES QUESTIONS ON NOTICE**

**HEALTH PORTFOLIO**

**Additional Estimates 2017 - 2018, 2 March 2018**

**Ref No:** SQ18-000108

**OUTCOME:** 2 - Health Access and Support Services

**Topic:** Suicide Prevention Trial Sites

**Type of Question:** Hansard Page 61, 2 March 2018

**Senator:** Malarndirri McCarthy

**Question:**

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**Answer:**

Trial activities are well underway in all twelve National Suicide Prevention Trial sites. Primary Health Networks (PHNs) have been actively engaged with communities and have established community working groups to provide input and guidance to the trial. PHNs are also working with Local Hospital Networks and other providers to reinforce service pathways and establish pathways for referral and follow-up of people who are at risk of suicide.

The National Suicide Prevention Trial is not solely about adding services to a region. Trial sites are focussed on connecting and coordinating existing services, ensuring professionals and the community are clear about referral pathways and treatment options, and building community capacity to better identify and support people who are at risk of suicide.

Further details on the progress of each trial site is provided in the following table.

### National Suicide Prevention Trial update as at 2 March 2018

Site	Sub region selected	Model selected	Target population selected	Trial Activities
<b>Brisbane North</b>	Whole PHN region	LifeSpan  The PHN is also using the Aboriginal and Torres Strait Islander Suicide Prevention Evaluation Project (ATSISPEP) report and the National lesbian, gay, bisexual, transgender, and intersex (LGBTI) Mental Health and Suicide Prevention Strategy.	Aboriginal and Torres Strait Islander people Young adult and middle aged men LGBTI people	<p>The PHN has consulted with each target population and has formed a local multiagency Strategic Partnership Group which includes a wide range of local stakeholders. This advisory group meets bi-monthly to develop the PHNs suicide prevention plan and to provide guidance and input into the trial.</p> <p>The trial is focused on enhancing the care pathways for follow-up support for people experiencing a suicidal crisis, or who have attempted suicide.</p> <p>Other areas of focus include GP capacity building, gatekeeper training, school based programs, community awareness campaigns, and media training.</p> <p>A Lead Agency has been engaged to employ and provide clinical governance to a psychologist who will provide one-to-one and group counselling to LGBTI people.</p>
<b>Central Qld, Wide Bay, Sunshine Coast</b>	Gympie in the Sunshine Coast region and Maryborough and North Burnett in the Wide Bay region	LifeSpan  ATSISPEP  The PHN is also joining the Alliance Against Depression (AAD) for additional resources.	Aboriginal and Torres Strait Islander people in North Burnett  Men in Maryborough and Gympie	<p>A Suicide Prevention Working Group has been established to inform the trial.</p> <p>The PHN is working with Movember to deliver a suicide prevention media campaign targeting men. Communications were developed for World Suicide Prevention Day and R U OK Day? in September 2017, and Mental Health Week in October 2017.</p> <p>STARS (Screening Tool for Assessing Risk of Suicide) training was held in the Sunshine Coast and Gympie regions in September 2017.</p>

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				<p>The PHN is investigating other training programs such as Living Works ASIST (Applied Suicide Intervention Skills Training) and QPR (Question Persuade Refer). MindFrame Plus training for local stakeholders is scheduled for April 2018.</p> <p>The PHN has engaged Roses in the Ocean to deliver Our Voice training to support people with a lived experience.</p>
<b>Country SA</b>	Port Pirie, Whyalla, Port Augusta, Port Lincoln and the Yorke Peninsula	LifeSpan ATSISPEP	Aboriginal and Torres Strait Islander people, men and youth	<p>A Steering Committee has been established to inform the Country SA trial.</p> <p>The PHN has commissioned an emergency and follow up care service for people experiencing a suicidal crisis in the trial subregions. An Indigenous specific follow up service has been developed in collaboration with the community and will be piloted in Port Augusta.</p> <p>Question Persuade Refer (QPR) training has been delivered and the PHN is exploring other training options such Youth Aware of Mental Health (YAM) in identified schools.</p> <p>Roses in the Ocean has been engaged to deliver lived experience training in February 2018.</p>
<b>Darwin</b>	Darwin region	<p>Trial activities are being guided by the recommendations from the ATSISPEP report.</p> <p>Indigenous</p>	Aboriginal and Torres Strait Islander people	<p>The PHN is focussed on:</p> <ul style="list-style-type: none"> <li>• improved coordination and integration; cultural safety</li> <li>• appropriateness and delivery of services; clinical need</li> <li>• intergenerational trauma for Indigenous people</li> </ul> <p>A Steering Committee chaired by Minister Wyatt has met four times and is supported by a Working Group.</p>

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		communities have emphasised the need to be clear with communities in the Darwin area about the details of the trial and not for any single model to be imposed.		<p>The PHN has recruited two Aboriginal identified (male and female) Health Stream Coordinator positions. These Coordinators are undertaking extensive consultation with the community.</p> <p>Current scheduled activities include:</p> <ul style="list-style-type: none"> <li>• March 2018 - Aboriginal Mental First Aid Training</li> <li>• April 2018 – Trauma informed care for GPs and allied health workers.</li> </ul>
<b>Kimberley</b>	Broome, Derby, Fitzroy Crossing, Halls Creek, Kununurra and Wyndham	<p>AAD</p> <p>The PHN is also considering recommendations from the ATSIPEP report.</p>	Aboriginal and Torres Strait Islander people	<p>The PHN, in partnership with the Kimberley Aboriginal Medical Service (KAMS), lead the Kimberley trial. A Project Coordinator has been appointed through KAMS.</p> <p>A Kimberley Suicide Prevention Working Group and Steering Committee have been formed and continue to meet regularly. The Working Group is chaired by Minister Wyatt.</p> <p>Community networks have been established in each of the six trial communities and are continuing to develop and refine community action plans.</p> <p>An Operational Plan has been developed and endorsed by the community working group, which focuses on a district approach to community wide prevention strategies, cultural leadership, and services for at risk groups and individuals.</p> <p>As part of the plan, the Kimberley Aboriginal Law and Cultural Centre (KALACC) will be mapping cultural activities across the region, in recognition of the critical role of culture in building a strong sense of identity, connection to country, wellbeing and</p>

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				resilience in Aboriginal communities.
<b>Mid-West, Western Australia</b>	Geraldton, Carnarvon, Meekatharra, Mullewa, Mt Magnet and Morawa	AAD ATSISPEP	Men aged 25 to 54 years, in particular men working in primary industry, fishermen, farmers and miners and the building industry.	<p>The PHN is continuing to engage with local communities and a Midwest Suicide Prevention Steering Committee has been formed to lead the trial.</p> <p>The PHN has been liaising with the Midwest WA Country Health Service and the Mental Health Commission WA to ensure a coordinated and collaborative approach. The PHN worked in conjunction with the Mental Health Commission WA to deliver a media campaign over the festive season that was aimed at men.</p>
<b>North Coast, NSW</b>	Clarence Valley (Grafton), Tweed/Byron, Lismore and Kempsey LGAs	LifeSpan	At risk individuals who have attempted suicide and have presented at the emergency department	<p>Steering committees have been formed for each trial subregion and have developed local suicide prevention action plans. The PHN is commissioning local agencies to coordinate and manage the implementation of these action plans.</p> <p>Trial activity is focused on a follow up service for people who have attempted suicide and have presented at the emergency department. The PHN has commissioned a service provider to deliver beyondblue's The Way Back Support Service following discharge from Tweed and Lismore Base Hospitals.</p> <p>The PHN has also commissioned Mental Health First Aid training and is exploring options for school programs, media training and community campaigns.</p>
<b>North Western Melbourne (NWMPHN)</b>	Whole PHN region	LifeSpan  The PHN will also use the National LGBTI Mental Health and Suicide	LGBTI people, including young people and men	<p>The trial is being led by the North Western Melbourne LGBTI Suicide Prevention Taskforce which includes service providers, community leaders and people with lived experience.</p> <p>A culturally appropriate suicide prevention framework for the LGBTI community has been developed in conjunction with the</p>

Site	Sub region selected	Model selected	Target population selected	Trial Activities
		Prevention Strategy		<p>Taskforce, Black Dog Institute, and the LGBTI Health Alliance.</p> <p>The PHN is focused on trialling place based activities for LGBTI communities. A model of aftercare for LGBTI people has been designed by the Taskforce and will be trialled in 2018-19.</p>
<b>Perth South</b>	Rockingham, Mandurah, Kwinana, Murray and Waroona	Alliance Against Depression (AAD)	Youth (aged 16-25)	<p>Consistent with the Alliance Against Depression framework, the trial involves four main areas of activity:</p> <ol style="list-style-type: none"> <li>1. training general practitioners to identify and treat depression;</li> <li>2. a broad media campaign to raise awareness;</li> <li>3. training for stakeholders in contact with high-risk groups and vulnerable populations; and</li> <li>4. a coordinated community intervention that includes training and resources for those who are engaged with young people.</li> </ol> <p>The PHN has provided suicide prevention training to the community in the form of Question, Persuade, Refer (QPR), ASIST (Applied Suicide Intervention Skills Training) Training for Trainers, Youth Mental Health First Aid, and safeTALK.</p> <p>Roses in the Ocean have been engaged to provide expertise on lived experience, and have been working to support community leaders in the region.</p> <p>The PHN has commissioned Orygen to co-design a resource for families in WA who support youth who are self-harming.</p>

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<b>Tasmania</b>	Launceston, North West (with a focus on Burnie, Central Coast and Devonport LGAs), and Break O'Day	LifeSpan	Men aged 40 to 64 years  Men and women aged 65+ (with a focus on two sub-groups, 65 to 74 years and 75 to 84 years)	<p>The PHN has partnered with the Department of Health and Human Services and the Tasmanian Health Service.</p> <p>The PHN has undertaken extensive consultation and has established a Suicide Prevention Trial Advisory Group to facilitate community engagement in the trial. Local community working groups have also been established for each trial sub-region.</p> <p>Trial activities are focused on improving the promotion of services, improving integration between services, and increasing workforce and community capability and capacity to support suicide prevention.</p> <p>The PHN will commission Question Persuade Respond training (QPR) for neighbourhood house and men's shed staff, and Advanced Suicide Prevention Training for GPs and primary health care staff.</p>
<b>Townsville</b>	Townsville region	LifeSpan	Veterans	<p>The Townsville suicide prevention trial, called Operation Compass, was formally launched during Veterans Health Week in October 2017.</p> <p>The trial Steering Committee has agreed to a work plan for the trial that includes improving emergency and follow-up care, suicide prevention training, and encouraging safe media reporting.</p> <p>A Connections Campaign was conducted from November 2017 to February 2018. This campaign allowed veterans and their families to connect over the holiday period when services close down and emotions may be high.</p>



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				The PHN has commissioned Question, Persuade, Refer (QPR) suicide prevention training and Mindframe Plus media training is planned for March 2018.
<b>Western NSW</b>	Bourke, Brewarrina, Cobar and Walgett Local Government Areas (northern cluster) and Lachlan and Weddin Local Government Areas (southern cluster)	LifeSpan	Aboriginal and Torres Strait Islander people, men in farming and mining industries, and youth (focusing on Aboriginal and Torres Strait Islander young people)	<p>In preparation for the trial, the PHN contracted the Centre for Rural and Remote Mental Health to undertake a review of existing suicide prevention programs and to visit and consult with communities.</p> <p>A Regional Advisory Group has been established to oversee the development, implementation and evaluation of suicide prevention initiatives in the norther cluster of trial subregions (Bourke, Brewarrina, Cobar, and Walgett). The PHN has commissioned Western Plains Regional Development to implement initiatives within the southern cluster of trial subregions (Lachlan and Weddin).</p> <p>The PHN is commissioning a workforce capacity building project which will enable local people to undertake a Certificate III in Community Services, or other relevant qualification.</p> <p>The PHN is also commissioning research on crisis support and aftercare services in the trial region. The researcher will make recommendations for a service model to be trialled in the region for a period of 12 months.</p>

