Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600

STANDING COMMUTICE

4 JUL 2008

FAMILY, COMMUNITY, HOUSING & YOUTH

Submission No. 932 (Inq into better support for carers)

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because
Due to the hard work + responsibile parenting
A Sackrefices we are I were able to be educated
of well cared for . In time of need I feel that parent
Should [could be repaid - We all benefited from our
pavents here work. Life became is attached on a separate sheet
1. The role and contribution of carers in society next generation!
As a carer, I feel that my role is
To make sure & take responsibility and commitment
1) to daily safe, enjoyable, quality of life for
my 86 year old Muns (progressing dementia)
(2) and that my health or well being is not
deminished
Quality of life and Enture with out Stress +
2. The barriers to social and economic participation for carers
As a carer, I face the following problems Un sure of future - how long in when? where? Hero?
Inability to commit to other social or economic
Ofuture - due to top priority and responsibility
to my Mum (86) with progressing demonting.
(2) Even to take a break, holiday is Stressful
Even to take a break, holiday is Stressful -what if something happens while I'm away? More information is attached on a separate sheet
More information is attached on a separate sheet
1) 45 10150 receive Chink Small person's
payment. Limited in come = Limited activities!

As a carer, I need help with ... o-perweek is an insult allows ance of plus · care require. ☐ More information is attached on a separate sheet dignity, modication Strategies to assist carers to access opportunities and choices familiar I think the Government can better help carers by ... mean More information is attached on a separate sheet paven Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia. Yours sincerely ranceska Signature Print your name Date Postal Address

The practical measures required to better support carers

3.