

## MMHA

## CALD CARERS

- CALD carers have language barriers and cannot always understand the support options available to them. Needs to be more understanding of language barriers, different religious beliefs and the role of family and community as opposed to the individual.
- The terms of reference have included the term particular groups but does not specify CALD groups. This is a major gap in the terms of reference
- Social isolation of carers should be reported on
- Significant health issues both psychological and physical of carers
- Barriers to accessing services for carers
- Financial issues for carers
- CALD carers do not understand the term carer respite as they see caring as their role and duty and do not feel they need a break from it, it is a different perception to the mainstream community
- Carers have no accumulated savings and superannuation for retirement
- One carer is equivalent to 3 fulltime workers. A carer works for 24 hours with no breaks or annual leave
- Carers have major barriers to educational opportunities there needs to be additional funding to an educational supplement via Centrelink to encourage carers to further their education and opportunities.
- CALD carers have language barriers and cannot always understand the support options available to them. Needs to be more understanding of language barriers, different religious beliefs and the role of family and community as opposed to the individual.