

THE CONTRIBUTION OF SPORT TO INDIGENEOUS WELLBEING AND MENTORING.

An innovative, unique and novel approach to permitting access to a variety of on line sports educational training and development programs for the benefit of indigeneous wellbeing, health and education. This approach also motivates learning of how to use a specific sport to be chosen by each individual while also advancing their computer educational skills with enjoyment and pleasure. It encourages mentoring by fellow indigeneous players of all sports by self interest, discussion and ongoing participation.

Sports available to choose from include Netball, A.F.L, Soccer, Tennis, Golf, Basketball, Volleyball, Cricket , Softball, Handball, all of which can be practiced outdoors at little cost and other indoor sports. Other sports such as N.R.L.are also available

These programs are based on the novel and proven fact that there are only four reasons for failure.

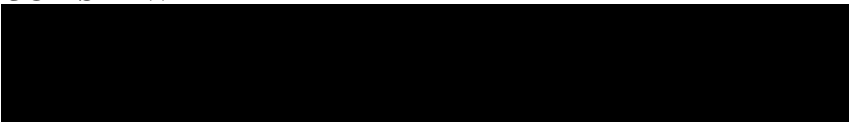
- 1) They do not have the Resources**
- 2) They do not know what to do**
- 3) They do not know how to do it**
- 4) They don;t want to do it.**

There are no other reasons for failure.

By removing these four reasons for failure the tyranny of distance and the felony of failure are removed. It becomes a matter of choice for each individual to decide how far they wish to progress in their chosen sport. They will only fail if they don't want to do it. Discrimination against girls is also removed. They can choose from any of the abovenamed sports.

I thank you for the permission to lodge this late entry but you must realise that these programs are a world first and not available in any other country in the world. They are also the only transitional sports training programs that exist in the world today. Supplying the Resources is simple and the programs are designed for all 12 year old players of sport is a simplistic approach by learning from an Ebook which also contains access to instant access 24/7 to Videos and training activities.

JOE SHAW



Evashaw is a sports online training program that meets the criteria of indigenous wellbeing and mentoring of sports. It does far more than that by including an educational process.

.It is Innovative, Unique and Novel and contains thirteen (13) world firsts.

It is a world first and it is the only:

- Online Educational and Mentoring Sports training program with a Delivery Platform for all Sports Programs using Modern Technology that gives instant access 24/ 7 to proven world class training and development programs in all sports.
- Sports training program that contains a Transitional Training and Development Mental Program lacking in every other sports training program. This is the main reason now given for our failure at the Olympics. No school transitional training programs exist but we have them for every sport.
- Fully integrated sports training and development training program available for every indigenous sporting player of either sex today.
- Fully integrated sports training program that exists in the world today. It contains Tactical, Technical, Physical and Mental training programs complete with instructions and pictures.
- Sports training program in the world which uses modern technology to give instant access 24/ 7 to an Ebook of instructions and directions in pictorial fashion for each athlete. It also gives training activities for Mental and Physical programs unique in the world today.
- Sports training program in the world that has the capacity for each and every athlete to design their own individual training programs from the Ebook and Score Charts under the supervision of the coaches.
- Sports training program in the world that has world first individual Score Charts defining eighty (80) Factors which are relevant to each and every sport. Twenty Tactical, twenty Technical, twenty Physical and twenty Mental Factors are all defined and contain training activities for each individual athlete to register on going progress.

- Sports training program in the world which automatically provides automatic Goal Setting and S.W.O.T. Analysis results instantly upon request.
- Sports training program that allows an unlimited number of athletes instant access to the website. It is possible for 100,000 athletes to access the website simultaneously for the same sport while another 100,000 athletes access it for other sports. This removes the tyranny of distance and enables deprived and disadvantaged athletes in remote communities' instant and guaranteed access to their sports programs.
- Sports training program in the world today which removes the four reasons for failure. Because other training programs do not remove these four reasons for failure than success is almost impossible.
- Sports program in the world which allows instant access 24/ 7 to a website Ebook of instructions by using modern technology. It allows every athlete instant access by the use of Iphones, Ipads and hand held computers instead of educating athletes in small groups where 40% may not be receptive to the information.
- Sport program where cost savings of \$Millions are guaranteed in each sport including massive savings of man power replaced by modern technology.
- Sports program where education of the masses is guaranteed throughout the country, teachers can use the Ebook of instructions for school children, a transitional Program is available in each sport for 12- 14 year olds, then 15-17 year olds and finally a higher grade transitional program is available in each sport to take **Juniors to Elite** level.

Government bodies are looking to produce future Champions and Olympic athletes. The Evashaw training program can enable this and is already available in each sport.

It advances education for indigenous sports players and athletes by introducing new technology for learning and providing access to a website which contains numerous training programs not referred to in this Application.

It is a simple explanation specifically designed for juniors but with the capacity to take it to elite levels.

The program takes three years to complete from junior to senior level. Every coach and administrator of every sport in Australia can easily obtain progress reports on each player and communicate with them when they reach a senior level. They can set their programs and follow instant results.

Scientific or technological excellence and novelty suitable for indigenous players in a variety of sports and for the advancement of self-motivated individuals.

The Evashaw sports training program is distinctly Innovative, Novel and Unique. It combines years of research and applied thinking within the field of transition of youth into higher grades of competition and beyond into Elite training.

This applied knowledge was then combined with sports psychology to build a holistic training program to build skills levels, physical level and also to manage growth within the mind or subconscious aspects of sport. The novelty is the combination of four areas of a sport which is another world first, not available in any other sports training program.

Show how your innovation reflects the smart use of research and knowledge in problem solving or the development of novel applications for the education of the wellbeing and mentoring of people in remote communities

This Innovation reflects the fact it was a lack of knowledge to take world junior athletes to senior level that forced me to rethink my actions and to innovate what was required to achieve the results I wanted. To do this I returned to University studies and discovered Fox and Mathews, Brooks and Fahey and Fleck and Kramer and their three-stage strategy. This was a major breakthrough as it introduced the all-important Psychological Requirements of the sports and their importance in a training program. Combined with Stage 2 which was to understand the Attitudes of the athletes and Stage 3 was to ensure that every athlete had their own individual training program, specific to their requirements, as they perceived them.

We then constructed an all-important Psychological Profile of all athletes on the program and of ourselves as coaches. I then discovered my own weaknesses and style of coaching and I had to change dramatically in my Attitude which I then did. I completed a Myer Briggs Type Indicator test and a McQuaig Word Survey and soon discovered that I was a problem as much as an inefficient and ineffective training program. The change in attitude of all

parties, athletes, coaches and trainers was remarkable and I then designed the Measurement and Evaluation Score Charts which were the missing link to ongoing progress. The innovation of these programs came from the research and knowledge gained by the realisation that there were only four reasons for failure and they had to be removed. I removed these four reasons for failure by introducing all of these resources and success was achieved. Unfortunately not one other sports training program has involved such research in problem solving and so there is now a 98% failure rate in Elite athletes achieving their full potential whatever that may be .It was Innovation Uniqueness and Novelty that combined to achieve this success. It is also innovation that now permits these programs to be taken to all indigeneous communities

Potential benefit and impact on indigenous wellbeing and mentoring of people in remote communities.

There are no other formulated and available sports training programs that focus on transiting young sports people into high grades and this impact alone has been recognised as a key to bridging the gap from school and junior based competition in to elite and professional levels. The Sports on [line educational training program](#) allows an unlimited number of athletes to access the necessary resources from an Ebook of knowledge and advice for individuals in remote and deprived areas and it is a key to providing the best training platform to all people no matter where they are located or whatever level of competition. To achieve excellence it requires life changing career development and change. To obtain a higher level of achievement in sports on the world stage it demands the use of modern technology. Change has been identified as one of the barriers to entry. The potential benefit and impact can be recognised by the ability to combine all State Sports for indigenous communities not only in each State but Australia wide in the one similar futuristic sports training program for each individual sport. It will permit instant Talent Identification because of the instant access 24/7 to all score charts of all athletes in all sports. This also ensures that modern technology is introduced in indigenous sports Australia wide removing all barriers to indigenous athletes disadvantaged athletes and those in remote areas. Cost saving of \$Millions is guaranteed as duplication of sports administration in each State is now removed saving many more \$Millions.

Explain the nature and extent of the benefit to end users and the magnitude of the national or international impact from your innovation

The nature of the benefits is that for the first time ever in a sports training program every athlete is on a level playing field. The program is the only fully integrated sports training program that exists in the world today giving those using it an enormous advantage through the use of Modern Technology. Every parent can follow the progress of their children through the Score Charts and the Ebook of instructions. Amateur teachers such as volunteer School Teachers can coach from the program.

If adopted by the House of Representatives Australian Sports it will have a positive impact Nationally and Internationally by helping indigenous mentoring coaches and indigenous athletes alike to improve the overall performance results in all sports .

The magnitude of the national impact is enormous. It can be available to every athlete in every sport in Australia indigenous or otherwise at every level of the sport. Those who are not in a position or who are not fortunate enough to have a coach can still progress under the program due to the fact that athletes can have their own independent training program.

Sustainability and lack of negative environmental impact.

This online sports training program reduces the burden of distance and isolation along with ease of use. Remote and regional sports people will have the same access as metropolitan sports people. Metropolitan sports people spend time travelling across vast cities to access the best training schools. This program can minimize the impact of location but also reduce the financial and environmental impact to families or individuals that participate in sport. Sustainability is guaranteed because the athlete has total control of his / her own destiny in following the program.

Demonstrate the prospect for the long-term maintenance of positive results.

There is no risk of environmental harm nor are there any adverse impacts. The entire program is a positive sports training program unique in the world with instant access by modern technology 24/7 and with instant access by all parents and coaches. The programs are designed for the basic beginner aged from 12- 14 year olds to commence with the right program for Technique and Physical approach advancing to a Transitional Training Program from 14- 16 year olds. From this junior level further additions including a Mental Program are

added to a Transitional Program from 16- 20 year olds to advance to Elite level of the sport. From there the coaches become more active and begin on the Elite Training program with the introduction of the world first Measurement and Evaluation Score Charts. So long term positive results are maintained.

The current furore about the Olympic results is about the failure of our school sports programs. Training programs are available to be adopted by all schools in Australia in every sport. This ensures the long term maintenance of positive results if they are adopted by our indigeneous communities.

Commercialisation, adoption or take-up (including plans for paths to market for early-stage development work)

Evashaw understands the complexity of taking an idea to indigenous communities and as such has tried to be flexible and adaptive to opportunities that arise.

- Resistance to change. Change causes stress and uncertainty.
- Lack of recognition of the need for change. Instead of breaking resistance to change we are *creating* it.. People don't resist change. They resist *being* changed.
- We are exposing the needs, limitations and the problems of the current situation so alienating them from what has been successful in non indigeneous communitites in the past to what is demanded in the future.
- People resist change when they have not been informed of it and they cannot comprehend the necessity for it. Introducing these programs creates a perception that the programs are far too modern and futuristic, that modern technology is not available in these remote areas, when in fact even if it is only desk top computers the information is available on line in the central location of the indigeneous communitites.
- When the four reasons for failure are exposed they feel threatened as these reasons have never been removed in the past and the number 1 reason for failure , a lack of I.T. Resources is always central to that argument.
- To work simply and effectively we must overcome the prejudices of the Gate Keepers to stall the progress by ensuring that they are fully aware of the beneficial results to all parties. These I.T. Resources can and must be made available to these communities in some form or other.
- This highlighting of the possibilities of all indigeneous schools benefiting instantly from the availability of all of these proven successful sports programs will only be possible if these prejudices are removed. We need to show what lies at the

end of this painful journey and why it will be a much better learning situation for everyone.

Give evidence for at least early-stage commercialisation funding and for an explicit strategy for “going to market” or securing public adoption and use.

We are attempting to complete early stage commercialisation with our group due to the Innovative, Novel and Unique training programs being designed by myself and my protégés who have been successful in their sports and some have won world titles in their sport. Their input stems from their own personal world championship results while on the program and the constant changes that we made at their suggestion from that level of individual knowledge and individuality of the programs.. Barriers to entry mentioned earlier are the reasons for the lack of early adaptors however we now have strategies in place around this to create more of a market pull approach and we are already realising early success from this strategy. It is imperative that those most affected by seismic shifts must be knowledgeable participants in the process. They must at least understand if not wholeheartedly support the imperatives driving the move and the new and improved destination that lies at the end of the exercise. The key to successfully managing major transition is to ensure that you have all of the relevant stakeholders on board for the journey. Change is always a hard journey. It represents a break from an often long accepted and comfortable status quo that no longer applies. Such change can be painful and traumatic. Similarly the advance of these specifically designed sports programs for indigeneous athletes and players of all sports is realistic and achievable immediately . The programs are all in place and will withstand critical examination at all levels of ths sport. I welcome that critical evaluation of all of these sports for indigeneous communities.

JOE SHAW