

Committee Secretary  
Inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600

AOC 18/7/08  
Submission No. 927  
(Inq into better support for carers)



Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I feel I have a full time Care of a  
Adult child, who better than I, to give advice  
on answers to the very subject, to be discussed  
that will concern all Carers (AND TO BE RECOGNISED)  
HAS such

More information is attached on a separate sheet Please

## 1. The role and contribution of carers in society

As a carer, I feel that my role is...

Everything really, Single parent now in my  
Sixties, I am Mother, Caret Nurse, Taxi, app't  
maker, decision maker, Doctor, Dental, every  
little thing that happens to my daughter I am  
involved in 24/7. Full time,

More information is attached on a separate sheet

## 2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

To address the Social barriers, how do we  
have time, with 24/7 all the time. My daughter  
has a mental illness, and has been in Hospital  
quite a few times, the stress, hardship, sorrow  
is unbelievable, only someone in my position could  
possibly know, we don't  More information is attached on a separate sheet  
We have a separate life when we are live in full time  
carers.

### 3. The practical measures required to better support carers

As a carer, I need help with ...

Respite, problem, my daughter because of her illness doesn't like different people in her life. I need more contact from Respite workers, to work out how to get around this, also everyday living costs are high, but most of all someone who cares about our problems.

More information is attached on a separate sheet

### 4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

FIRST Acknowledge, that full time home Carers 24/7 need holidays away from loved ones, and Also the burden even then we lose our family members, we are not robots ~~now~~, increase the Carer payment and ask Carers, about their needs in a Forum, to have any idea  what's going on

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely Margaret

M.

Signature

Print your name

MARGARET

Date

1/7/08

thank you  
for listening