Committee Secretary Inquiry into Better Support for Carers House of Representatives Standing Committee on Family, Community, Housing and Youth PO Box 6021 Parliament House CANBERRA ACT 2600

STANDING CORRECT Submission No. 457 **FAN** (Inq into better support for carers) HO 2/7/08 A.O.C. US WO & YOUTH

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

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□ More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is... does not her spouse so he MY C.GVP. ov not be a burd กบธ ne. will commi Or

☐ More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ... Not much "Me Time" Having to make decisions on my own about things like house repairs, car maintenence, etc which I know little about.

□ More information is attached on a separate sheet

3. The practical measures required to better support carers

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As a carer, I need help with ...

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

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□ More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

SALL

Print your name

26th 2008

Date