Committee Secretary Inquiry into Better Support for Carers House of Representatives Standing Committee on Family, Community, Housing and Youth PO Box 6021 Parliament House CANBERRA ACT 2600 Submission No. 425 (Inq into better support for carers) A.O.C. 2708

HUUGING & LUUTT

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

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□ More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

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☐ More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

Sometimes + depression hits hand I am isolated money with the cost of. living Scarce he caver's allowance Cannot go out to socialise. looking after someon <u>foke</u> in your face for \$501 Ś onstantly oway from me More information is attached on a separate sheet \$1000's It would cost \mathbf{t} Care for

3. The practical measures required to better support carers



As a carer, I need help with ...

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...



Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

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