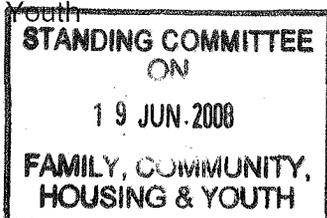


I took time to fill in this form - I do hope someone reads it.

Committee Secretary  
Inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600

Submission No. 286  
(Inq into better support for carers)  
A.O.C. 30/6/08



Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

Carers need more respite hours/nights per year to be made available, at less dollars per night. At present we pay \$25.00 p/night so have had to cut back on how often we access respite for our 22 y/o daughter. We simply can't afford to pay \$25 for o/night stays.  More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

Very difficult. My life revolves around my daughter instead of revolving around my husband and my family. My daughter's ill health has taken its toll on my health & I am suffering chronic pain.

had 3 stays in hospital, + had one major operation.  More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

I am approaching 50 and I need more time for me. I want to enjoy my life more but carers don't receive enough money or help to enable this to happen. My husband and I love our daughter; she is a part of our family but the way things are going she will have to go into permanent care and that will cost the government more.  More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

~~Be~~ Care to attend medical appointments,  
podiatrist, hairdresser, personal care  
ie showering + dressing, backwards  
& forwards to social functions she is able  
to attend

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

- Allocating more money for Carers Support  
Groups so carers can have special outings,
- More money for Residential Care Units/Respite  
Accommodation
- Cutting the cost of Respite — PLEASE
- Raising Carers allowance  More information is attached on a separate sheet
- Raising Pharmaceutical allowance.  
Maybe then we could save up for a holiday !!

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Beverley

Print your name

13-6-08

Date