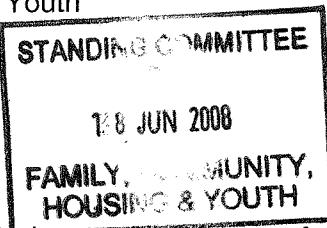


Committee Secretary  
Inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600



Dear Secretary

A.O.C. 27/6/08  
Submission No. 229  
(Inq into better support for carers)

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

*I care for my 83 year old husband at home.  
He has Vascular Dementia & Prostate cancer.*

More information is attached on a separate sheet

#### 1. The role and contribution of carers in society

As a carer, I feel that my role is...

*Trying to keep my husband in our home  
for as long as possible.*

*Even though he is in "Respite" occasionally  
he is not happy & can't wait to be home.*

*It is very upsetting for me but I know I must have  
a rest.*

More information is attached on a separate sheet

#### 2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

*Very few occasions to see our friends as they  
can't come to visit for a meal and don't call often.  
I feel very lonely & can only leave if a carer  
is here.*

*Difficult to make appointments (Dr. etc)*

More information is attached on a separate sheet

### 3. The practical measures required to better support carers

As a carer, I need help with ...

Physical help at home & taking my husband to his appointments is very difficult.  
He now has a walker but really it would be such a help to have a wheelchair & (or a carer) could take him for a walk.

More information is attached on a separate sheet

### 4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

Putting in place more care packages & overnight respite homes.  
More information for carers as to what is available to them so they can keep their loved one at home, as I feel strongly the care at home is so much better.  More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Print your name

ELIZABETH

Date

14/6/08