Committee Secretary Standing Committee on Family, Community, Housing and Youth PO Box 6021 House of Representatives Parliament House CANBERRA ACT 2600 AUSTRALIA

FAMILY, COMMUNITY, HOUSING & YOUTH Submission No. 218

(Inq into better support for carers)

[Insert date here]

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

As a Carer, I feel that my role is

CHALLENGING

I face the following problems ...

D COST OF NON-MEDICARE COVERED THERAPIES. DISRUPTIONS TO SLEEP. 3 KEEPING APPOINTMENTS. DEMETING MY OWN HEALTH NEEDS.

I need help with ...

GETTING ENOUGH REST. ACSESS TO PROPER HEALTH CARE NEEDS.

I think the Government can better help Carers by ...

EXPANDING MEDICARE TO INCLUDE A BROARDER RANGE OF

HEALTH CARE DISIPLINES AND THERAPUTIC MODALTIES, THUS ENABLING

GREATER OPORTUNITY FOR THE CHRONICALLY ILL AND DISABLED, TO HAVE SOME CHANCE TO BECOME A WELL AND HAPPY PERSON. WHICH WOULD PROBABLY SAVE THE GOVT.

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely [Sign your name here] [Type or clearly print your name here] Inquiry into Better Support for Carers House of Representatives Standing Committee on Family,

Community, Housing and Youth