Sent: Wednesday, 11 June 2008

**To:** Committee, FCHY (REPS)

Subject: AC response: re submissions from carers

My name is Kerry and i am a carer to my mother and to my teenage son. My son has major non text book depression and self harm tendencies and suicidal thoughts. He is now slowly getting his life on track but the road has been a lonely one, not just for me but for my daughter. My son got all the help he needed but i feel that the rest of the family is forgotton in the day to day scheme of things. I got some help for my daughter from the pastoral care team at her school but i felt that she needed more help than they could give in what was a confusing and eratic time for the family. I would like to see more services for the adolesecent mental health area and these to be extended to the age of 25 and i would like to see more of these in the country areas as travelling to the city to get help is time consuming and expensive and i feel that we have better things to do. we would be able to spend more time on helping our child if we did not have to travel.