## Submission No. 1231

(Inq into better support for carers)

Committee Secretary Standing Committee on Family, Community, Housing and Youth PO Box 6021 House of Represen Parliament House CANBERRA ACT 26 AUSTRALIA FAMILY, COMMUNITY, HOUSING & YOUTH

[Insert date here]

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

As a Carer, I feel that my role is ....

thrust upon me-no choice. Demanding has been Hankless

I face the following problems ...

eimers -He frequently -- of "his" house Lewy-bochp dementra - ie Altzeimers + Parkinsons husband Mas on my care. increasingly dependent Hal recognise me and demands

I need help with ...

respite - respite - on a regular basis.

I think the Government can better help Carers by ...

as a right not as a favour. minuna mare as SETU

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely [Sign your name here] [Type or clearly print your name here] Christine Inquiry into Better Support for Carers House of Representatives Standing Committee on Family, Community, Housing and Youth