Committee Secretary Inquiry into Better Support for Carers House of Representatives Standing Committee on Family, Community, Housing and Youth PO Box 6021 Parliament House CANBERRA ACT 2600

ĒΕ Submission No. 109 (Inq into better support for carers) A. O. C. 23/6/08

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

strongly that covers decerve more assistance □ More information is attached on a separate sheet 1. The role and contribution of carers in society As a carer, I feel that my role is... coning for my T.P.L. Lusband. D More information is attached on a separate sheet The barriers to social and economic participation for carers 2. As a carer, I face the following problems ... me personally but I feel very strengly. that caren should get more time to themselve □ More information is attached on a separate sheet

3. The practical measures required to better support carers

Some time to myself, without worrying abart my husband. □ More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

guing good respite care □ More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Print your name

Date

LORRAINE 7.6.08

As a carer, I need help with ...