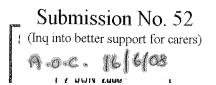
Committee Secretary Inquiry into Better Support for Carers House of Representatives Standing Committee on Family, Community, Housing and Youth



Dear Secretary
I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.
I am submitting to the Inquiry because
I am a full time carer to a gyyearold frail lad and would appreciate better support or Carers.
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and wou appoint a color
☐ More information is attached on a separate sheet
1. The role and contribution of carers in society
As a carer, I feel that my role is
undervalued
financialy disadvantaged on todays high inflat
☐ More information is attached on a separate sheet
2. The barriers to social and economic participation for carers
As a carer, I face the following problems
Social + economic Isolation
Social teconomic Isolation ack of wellbeing

☐ More information is attached on a separate sheet

3.	The practical measures required to better support carers
As a	carer, I need help with
wo	re respite/time out for myself.
	☐ More information is attached on a separate shee
4.	Strategies to assist carers to access opportunities and choices
	k the Government can better help carers by
<u>sto</u>	eying in Jach & listening & where practicable
pd	eying in touch of listening of where practicable ling stratgres in place to ease the Burnery
	☐ More information is attached on a separate shee
	nk you for taking my views into consideration as part of the Committee's Inquiry. I look ard to reviewing any recommendations you make to improve life for carers in Australia.
Your	s sincerely
Am	ANDA
Date	1000