The Parliament of the Commonwealth of Australia

Work Wanted

Mental health and workforce participation

House of Representatives

Standing Committee on Education and Employment

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Foreword

My committee colleagues and I wish to thank everyone who participated in this inquiry.

Many people with a mental illness, their families and carers relayed their stories throughout the course of the inquiry, describing the limits illness places on educational, training and employment avenues, and the toll taken on people's lives.

The Committee especially appreciated hearing these personal accounts because they illustrate so well the barriers that exist to participation in education, training and employment for people with a mental illness. In listening to them we can start to unpeel what is required to overcome these challenges. Above all, the many individual stories attest to why a national inquiry into mental health and workforce participation is so important.

Most people want to work, and people with a mental illness are no exception.

Government services, be these employment or social services must work closely together with employer associations, employers and educational institutions to help job seekers with a mental illness find meaningful employment and pursue their educational and training goals on the paths towards that employment. Much is already being done in this space and the Committee acknowledges the multitude of community organisations that offer moral and practical support to individuals on a daily basis, to help connect them to the services they need and to find their path.

More broadly, we encourage workplaces to actively promote the mental health and well-being of all employees and foster an inclusive workplace culture.

Ms Amanda Rishworth Chair

Membership of the Committee

- Chair Ms Amanda Rishworth MP
- Deputy Chair Mr Rowan Ramsey MP
- Members Mrs Karen Andrews MP Mrs Yvette D'Ath MP Ms Deborah O'Neill MP Mr Mike Symon MP Mr Alan Tudge MP

Committee Secretariat

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Terms of reference

Some Australians with mental ill health continue to encounter difficulties in accessing education, training and employment opportunities, and face barriers in educational institutions and the workplace. The Committee will inquire into and report on:

- barriers to participation in education, training and employment of people with mental ill health;
- ways to enhance access to and participation in education, training and employment of people with mental ill health through improved collaboration between government, health, community, education, training, employment and other services; and
- strategies to improve the capacity of individuals, families, community members, co-workers and employers to respond to the needs of people with mental ill health.

List of abbreviations

I

| ACCI | Australian Chamber of Commerce and Industry |
|--------|---|
| AHRC | Australian Human Rights Commission |
| AHRI | Australian Human Resources Institute |
| AITC | Australian Industry Trade College |
| ANU | Australian National University |
| APS | Australian Public Service |
| ATAPS | Access to Allied Psychological Services |
| AYF | Australian Youth Forum |
| CEDA | Committee for Economic Development of Australia |
| CCI WA | Chamber of Commerce and Industry Western Australia |
| CDU | Charles Darwin University |
| CITO | Continuing Inability to Work |
| COAG | Council of Australian Governments |
| СҮРМН | Central Coast Children and Young People's Mental Health |
| DEEWR | Department of Education, Employment and Workplace Relations |
| DES | Disability Employment Services |

| DHS | Department of Human Services |
|---------|---|
| DoHA | Department of Health and Ageing |
| DLO | Disability Liaison Officer |
| DMS | Disability Management Service |
| DSL | Dampier Salt Limited |
| DSP | Disability Service Pension |
| EAP | Employee Assistance Program |
| ESS | Employment Support Service |
| EPF | Employment Pathway Fund |
| EPPIC | Early Psychosis Prevention and Intervention Centre |
| ESat | Employment Services Assessments |
| FaHCSIA | Department of Families, Housing, Community Services and Indigenous Affairs |
| HOPE | Health Optimisation Program for Employment |
| ILM | Intermediate Labour Market |
| IPS | Individual Placement and Support model |
| JCA | Job Capacity Assessment |
| JiJ | Jobs in Jeopardy |
| JSA | Job Services Australia |
| JSCI | Job Seeker Classification Instrument |
| LEAP | Local Employment Access Partnerships |
| LCTW | Local Connection to Work Initiative |
| LLNP | Language, Literacy and Numeracy Program |
| МНСТ | Mental Health Council of Tasmania |

| MHFA | Mental Health First Aid |
|-----------------|--|
| MIFSA | Mental Illness Fellowship of South Australia |
| MIFV | Mental Illness Fellowship of Victoria |
| NCVER | National Centre for Vocational Education and Training Research |
| NDCO | National Disability Coordination Officer |
| NDS | National Disability Services |
| NESA | National Employment Services Association |
| NHMRC | National Health and Medical Research Council |
| NMHDES | National Mental Health Disability Employment Strategy |
| NWP | Beyond Blue's National Workplace Program |
| OECD | Organisation for Economic Cooperation and Development |
| OT Australia | Occupational Therapy Australia |
| ОҮН | Orygen Youth Health |
| PBS | Place Based Services Program |
| PHaMs | Personal Helpers and Mentors Service |
| QCE | Queensland Certificate of Education |
| SEDIF | Social Enterprise Development and Investment Fund |
| SoFA | Social Firms Australia |
| TAFE | Technical and Further Education |
| SWS | Supported Wage System |
| TEAMheal th | Top End Association for Mental Health |
| VET | Vocational Education and Training |

| VETE | Vocational Education, Training and Employment Service |
|------|---|
| YC | Youth Connections |

List of recommendations

1 Introduction

Recommendation 1

The Committee recommends that the Commonwealth Government coordinate a comprehensive and multi-faceted national education campaign to target stigma and reduce discrimination against people with a mental illness in Australian schools, workplaces and communities. The campaign should:

■ include involvement from the public, private and community sectors, educational institutions, employers and a range of other stakeholders, including individuals with mental illnesses, families and carers; and

■ complement existing government-funded education and awareness campaigns on depression and mood disorders, with an inclusion of psychotic illnesses.

2 Education and training

Recommendation 2

The Committee recommends that the Commonwealth Government establish a Kidsmatter High School program pilot based on similar principles to the Kidsmatter Australian Primary Schools Mental Health Initiative.

Recommendation 3

The Committee recommends that the Commonwealth Government work with peak bodies such as Universities Australia and TAFE Directors Australia to coordinate a national approach to ensure that teaching and other relevant staff at universities and vocational education institutions be educated about ways to support students with mental ill health, with access to staff professional development on mental health issues. Disability liaison officers and student services staff should be appropriately skilled to assist students with a mental illness and have access to ongoing professional development in this area.

Recommendation 4

The Committee recommends that the Commonwealth Government encourage more peer support programs on Australian university and TAFE campuses, including those that specifically support students with a mental illness.

3 Employers, employees and workplaces

Recommendation 5

The Committee recommends that the Commonwealth Government examine ways to further support social enterprises that effectively transition people with mental ill health into the open employment market.

Recommendation 6

The Committee recommends that the Commonwealth Government ensure that the Supported Wage System is sufficiently flexible to accommodate employees with a mental illness by taking into account the episodic and fluctuating nature of their condition.

Recommendation 7

The Committee recommends that the Commonwealth Government work with employer associations and employers to promote the business case for employing people with a mental illness. This should include:

■ showcasing employers' broader workplace strategies for employing and retaining employees with a mental health condition and proactively promoting the mental health and well-being of all their employees as good human resource practice; discussion of the range of Commonwealth Government assistance available to employers;

having employers share stories of successful placements of employees with mental ill health in their workplaces with others in their industry and the broader business community, including having 'business champions' speak about the business case for greater inclusivity; and

■ jointly developing national standards for best employer awards that endorse recruiting and retaining employees with a mental illness, and promoting the mental health and wellbeing of all employees.

Recommendation 8

The Committee recommends that the Commonwealth Government support and, where necessary, amend the JobAccess, Employment Assistance Fund and Jobs in Jeopardy initiatives to ensure that:

the scope of eligibility requirements does not prohibit employees and employers who require support; and

ways of accessing and information about the JobAccess, Employment Assistance Fund and Jobs in Jeopardy programs and their benefits, including for employment of people with a mental illness, be clarified and readily available to employees and employers.

All these programs need to be promoted more widely and their websites kept updated.

Recommendation 9

The Committee recommends that the Commonwealth Government take a lead role in implementing best practice as an employer that looks after the mental health and wellbeing of employees, including the employment and retention of people with a mental illness.

4 Government and other service providers

Recommendation 10

The Committee recommends that the Commonwealth Government work with employment service providers to streamline assessment processes for job seekers with a mental illness and ensure that the assessment criteria for and requirements of job seekers with a mental illness are compatible and consistent across the services.

Recommendation 11

The Committee recommends that any future Disability Employment Services tender process require prospective disability employment services providers to provide evidence of expertise in working with people with mental illnesses.

Recommendation 12

The Committee recommends that the Disability Employment Services Performance Framework be monitored and evaluated on a regular and ongoing basis. DEEWR should continue to consult with a technical reference group of stakeholders to ensure the framework's and star ratings' ongoing relevance and efficacy in achieving qualitative as well as quantitative outcomes for people with mental illnesses.

Recommendation 13

The Committee recommends that DEEWR and Centrelink prioritise the implementation of a clear, effective and timely communication strategy that advises clients of the services and supports available to them, including how changes like the participation requirements and revised impairment tables will affect them.

The Committee expects that any accompanying explanatory guides and commensurate training provided to Centrelink and employment service providers by DEEWR and DHS to assist clients with mental health conditions will similarly be provided in a timely manner and userfriendly format.

Recommendation 14

The Committee recommends that any new communication strategies be developed with input from clients and staff (from both Centrelink and employment service providers) into how best to disseminate information to clients so they can readily understand any changes to their entitlement and participation requirements.

Recommendation 15

The Committee recommends that the Commonwealth Government explore ways, in partnership with the states and territories through COAG, to support Individual Support and Placement (ISP) and other service models that integrate employment services and clinical health services.

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