7 February 2003

STANDING COMMITTEE

1 0 FEB 2003

**ON AGEING** 

# **Disability Support and Housing Alliance** Victoria

# Submission to the House of Representatives Standing Committee on Ageing

This submission is made in support of a policy, implemented through statutory provisions, that:

- 1. all new housing should be accessible and/or adaptable as soon as possible; and
- 2. that the existing built environment should be systematically improved in its level of accessibility within timely deadlines.

### **1.** Accessible housing

There are many people who are excluded from visiting their friends, neighbours, family and relatives and community gatherings (eg. book clubs) because little of current housing is readily accessible for people with a mobility impairment. Similarly, there are many people who cannot find appropriate housing, have to wait years before finding it, or permanently having to make to with inadequate and even dangerous housing, for themselves. These problems of exclusion, isolation and even discrimination, both in relation to housing for oneself and also for being able to visit others in their homes, are only going to increase with an ageing population.

A solution which starts to address this issue is for all new housing to be accessible and/or adaptable as soon as possible.

### Financially effective

Whether a house is adaptable from the beginning has ramifications for affordability of accessible housing. Because building housing which is inaccessible from the beginning will result in 3 to 30 times the expenditure to modify the housing than what would be required if it was done at the beginning, and these substantical modification costs arise for people usually already on low incomes (Disability Support Pension) or who live on reduced income (eg. Age pension or Carers pension).

There is quite a lot of work showing the cost saving from building adaptable housing, both:

- Australian studies (eg. summary of May 1999 study for Dept of Urban Affairs and Planning -DUAP- NSW, to be found at <u>www.act.gov.au/urbanservices/docs/biah.doc</u> and attached for your convenience) and

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- European studies (extensive research available from Joseph Rowntree Foundation – JRF-, UK, at <u>http://www.jrf.org.uk/housingtrust/lifetimehomes/</u> and a short summary of a recent report released in February funded by JRF is also attached). The February JRF funded report (attached) states that savings are due to:

- · Reduced expenditure on adaptations
- · Savings in home care costs associated with heating
- · Savings associated with reduced accidents in the home
- · Savings in cost of removing adaptations in non Lifetime Homes
- · Delaving moves into residential care
- · Reduced need for temporary residential care
- · Savings in health care costs
- · Savings in re-housing costs

#### Ecologically sustainable

Design for all, or universal design, reduces the need to modify/ alter buildings with changing needs because the building was designed for a diversity of needs and uses from the beginning. Thus, with accessible housing which is based on universal design principles there will be less waste of materials due to elements of the housing otherwise having to be demolished, less need for new materials otherwise required by the replacement structure (and the energy which is 'embedded' in these materials), and less need for energy otherwise required in demolishing the old and building the new structure.

#### Personal and social benefits

The benefits in terms of

- much greater social inclusion of people with a mobility impairment
- shorter waiting for appropriate housing and greater choice,
- people being able to stay fitter longer and emotionally better through being able to readily move around the built environment independently for longer

are pretty clear. Also,

• housing design and construction which does not take into account differing and changing needs (including ageing, disability and illness) can often make an already difficult situation in caring for someone more difficult still (whether that be 'informal' or voluntary care, or whether it be public, 'formal' or paid care).

# Implementation

To make all new housing accessible and/or adaptable is probably best achieved through amendments to the Building Code of Australia

#### Precedents from other countries

Of course, 'visitability' of new housing to reduce the isolation of people with a mobility impairment has already begun in the UK and Ireland:

introduction of housing 'visitability' requirements in England and Wales (October 1999), Republic of Ireland (January 2000), Scotland (April 2000) and Northern Ireland (April 2001). Further research in these jurisdictions has already been completed and more is being done to improve on these standards. In any case, England and Wales moved rather late in the piece since some other European countries had begun residential accessibility provisions up to twenty years ago or more. Australia is lagging well behind.

Even if a policy of requiring all new housing to be accessible was implemented immediately, it would take 50 years or more before a majority of housing was more readily accessible for people with a mobility impairment. Every day that such a policy languishes is, therefore, another day in which the opportunity is lost to start to turn the present situation around and will contribute to increased personal, social, ecological and financial costs in the future.

# 2. Accessible public areas and facilities

Much of the public built environment remains inaccessible or only accessible with considerable difficulty, more than twenty years after the International Year for Disabled People (IYDP, 1981), passing of State disability discrimination legislation (Victoria, <u>Equal Opportunity Act</u> amendments, 1982) and more than ten years after the passing of the federal <u>Disability Discrimination Act</u> (DDA, 1992). A recent access audit of the ground floor only of buildings in a large section of the Melbourne CBD found that around half of the premises did not have good access (March 2002).

The proposed DDA Access to Premises standard now looks like not coming into operation until May 2005, and in any case will only deal with building applications made for buildings after that date. So that the DDA Access to Premises standard:

- will only patchily deal with accessibility to existing buildings that are being altered, and
- will do nothing to improve the current building-by-building, cumbersome, stressful and costly complaint-driven process for dealing with accessibility to existing buildings.

#### Implementation

To make all existing public facilities and areas accessible is probably best done through a combination of standards, deadlines and a monitoring authority, with both legislation (eg. amending the federal <u>Disability Discrimination Act</u>) and extending the existing building regulatory framework (eg. Building Code of Australia and related administrative protocol).

This is not impossible. The <u>Americans with Disabilities Act</u> (ADA, 1990) required "readily achievable" accessibility to public areas and facilities by January 1992, and provided for standards and a monitoring authority.

It is worth repeating, that a difficult to access or inaccessible public domain does not only exclude, isolate and discriminate, but it also reduces people's ability to maintain their mobility and thus maintain their physical and emotional health for as long as would otherwise be possible.

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Accessible housing policy and making the existing built environment more accessible, becomes more sensible by the day, as Australia's population is ageing but will address already existing needs by large numbers of people with a mobility impairment and will benefit everyone.

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# **DSHA:**

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The Disability Support and Housing Alliance (DSHA) was formed around 1999 in Victoria to advocate on behalf of people with a disability for: a) better 'support' options (attendant care being the main one), and b) better 'housing' options, including being able to visit others in their homes in addition to being able to obtain suitable housing for oneself.

A guiding principle for forming an alliance around both 'housing' and 'support' is, that suitable accommodation without suitable support does not properly allow for independent living, any more than does suitable support without suitable accommodation. I.e. the two have to be provided together.

The membership of DSHA includes: AIDS Housing Action Group (AHAG) Paraquad (Vic) MS Society Action for Community Living (ACL, previously the Attendant Care Coalition) Disability Justice Advocacy (DJA, previously Action Resource Network) Housing Resource and Support Service (HR&SS)