



Appendix B - Exhibits

- 1 Stephanie Alexander Kitchen Garden Foundation
'Go for your life' Kitchen Garden Project with Stephanie Alexander Year 1 (2007)
(Related to Submission No. 1)

- 2 Research Australia
Health and Medical Research Public Opinion Poll 2007
(Related to Submission No. 3)

- 3 Research Australia
Health Planet, Places and People, Booklet
(Related to Submission No. 3)

- 4 Ms Susanna Scurry
State of Food and Nutrition in NSW Series: Report on breastfeeding in NSW 2004
(Related to Submission No. 4)

- 5 LOOK Lifestyle of Our Kids Project
Presentation notes from Professor Telford

- 6 LOOK Lifestyle of Our Kids Project
Summary of the LOOK study
- 7 LOOK Lifestyle of Our Kids Project
Front cover of article in press, " The lifestyle of our kids (LOOK) project: Outline of Methods"
- 8 LOOK Lifestyle of Our Kids Project
Bluearth, "The Bluearth Approach"
- 9 Foundation for Advertising Research
Report: Advertising's Role in Diet and Exercise in Australia and New Zealand: Developing a Research Agenda, 2006
(Related to Submission No. 16)
- 10 Australian Psychological Society Ltd
Health education or weight management in schools?
(Related to Submission No. 17)
- 11 Australian Psychological Society Ltd
Obesity and Public Policy: Thinking Clearly and Treading Carefully, by Dr Michael Ward, July 2007
(Related to Submission No. 17)
- 12 Mr Daryl Sadgrove
An Epidemic of Obesity Myths
(Related to Submission No. 26)
- 13 Australian Nut Industry Council

The Role of Nuts in Heart Health, The Role of Nuts in Weight Management, leaflets

(Related to Submission No. 36)

14 Associate Professor Katherine Samaras

Increasing incidence of type 2 diabetes in the 3rd Millennium, article, Diabetes Care Vol 23, April 2000

(Related to Submission No. 40)

15 Associate Professor Katherine Samaras

WHO Report on Marketing Food to Children, 2004

(Related to Submission No. 40)

16 Associate Professor Katherine Samaras

Effects of Bariatric Surgery on Mortality in Swedish Obese Subjects, Article, New England Journal of Medicine, August 2007

(Related to Submission No. 40)

17 Associate Professor Katherine Samaras

Lifestyle, Diabetes and Cardiovascular Risk Factors 10 years after Bariatric Surgery, Article, New England Journal of Medicine, December 2004

(Related to Submission No. 40)

18 Fitness Australia

Fitness Australia: 2008 Pre-Budget Submission

(Related to Submission No. 44)

19 Horticulture Australia Limited

Go for 2 & 5: increasing fruit and vegetable consumption, leaflet

(Related to Submission No. 31)

- 20 Young Media Australia
Healthy Viewing for Healthy Eating - Parent Information Session
(Related to Submission No. 47)
- 21 Young Media Australia
Healthy Viewing Healthy Eating - Resource Package Evaluation
(Related to Submission No. 47)
- 22 Young Media Australia
Fact Sheet - Fighting Childhood Obesity
(Related to Submission No. 47)
- 23 Young Media Australia
*Television Food Advertising - parent survey analysis full report
September 2006*
(Related to Submission No. 47)
- 24 Young Media Australia
*DVD - Healthy Viewing for Healthy Eating - a resource for parents of
children under 7*
(Related to Submission No. 47)
- 25 The Queen Elizabeth Hospital Research Foundation Inc.
Fit2Play Program Evaluation SA
(Related to Submission No. 48)
- 26 The Queen Elizabeth Hospital Research Foundation Inc.
Fit2play Diary SA
(Related to Submission No. 48)

- 27 The Queen Elizabeth Hospital Research Foundation Inc.
Fit2play DVD, "Segments about Fit2play on Channel 9's Feeling Good 12 January - 1 March 2008."
(Related to Submission No. 48)
- 28 The Queen Elizabeth Hospital Research Foundation Inc.
Fit2play Overview
(Related to Submission No. 48)
- 29 The Queen Elizabeth Hospital Research Foundation Inc.
Speaking notes from Ms Flint at public hearing on 13 June 2008
(Related to Submission No. 48)
- 30 Flinders University
"Obesity Prevention: the role of policies, laws and regulations" in Australian and New Zealand Health Policy 2008, 5:12, Boyd A Swinburn
- 31 Flinders University
"Recommendations for an International Code on Marketing of Foods and Non-Alcoholic Beverages to Children, " Consumers International and International Obesity Taskforce
- 32 Flinders University
"Parental Awareness and Attitudes about Food Advertising to Children on Australia Television", Belinda Morley et al
- 33 Flinders University
"Children's health or corporate wealth: The case for banning television food advertising to children," A briefing paper by the Coalition on Food Advertising to Children, January 2007

34 Flinders University

Foresight report, "Tackling Obesities: Future choices", UK Government Office of Science (2007)

35 Public Health Association of Australia

"Overweight and obesity prevention framework – a health promotion approach," Professor Peter Howat, Centre for Behavioural Research in Cancer Control, Faculty of Health Sciences, Curtin University and Public Health Association of Australia (WA Branch)

36 Blueearth Institute

Physical Activity, Health and Quality of Life: A review of recent literature

(Related to Submission No. 67)

37 Mr Geoff Russell

Long Term Effects of a High Protein Weight Loss Diet, Extract from the American Journal of Clinical Nutrition, P.Clifton et al, 2008

(Related to Submission No. 99)

38 Mr David Brigden

The Unstoppable Australian Obesity and Diabetes Juggernaut. What should Politicians do? Editorial MJA, vol 185, no. 4, 21 August 2006

(Related to Submission No. 110)

39 Mr David Brigden

Diabetes-bad luck or wrong food? Article Salt Skip News No 142 August 2006

(Related to Submission No. 110)

40 Mr David Brigden

*Traffic Light Food Labels in Depth. Article Salt Skip News, No 143
October 2006*

(Related to Submission No. 110)

41 Mr David Brigden

*Traffic Light Food Labels. Web page supporting the letter on Traffic
Light Food Labels in Medical Journal of Australia 1 January 2007.*

(Related to Submission No. 110)

42 Mr David Brigden

*Front of Pack Traffic Light Signpost Labelling Technical Guidance, Food
Standards Agency, Issue 2, November 2007.*

(Related to Submission No. 110)

43 Confidential

44 Flinders University

*"Maintenance of relative weight loss 12, 18 and 24 months post
intervention: outcomes of PEACH RCT, a family-focused weight
managment program for 5-9 year olds*

(Related to Submission No. 125)

45 Flinders University

*CASE STUDY: family focused weight management program for five-
nine year olds incorporating parenting skills training with healthy
lifestyle information to support behaviour modification, Nutrition &
Dietetics 2007; 64: 144-150, R. Golley et al.*

(Related to Submission No. 125)

46 Flinders University

"Twelve-month effectiveness of a parent-lead, family-focussed weight management program for prepubertal children: a randomised controlled trial, Pediatrics 2007; 119: 517-525

(Related to Submission No. 125)

47 Flinders University

"Nonsurgical Management of Obesity in Adults", The New England Journal of Medicine, R. Eckel M.D., May 1, 2008

(Related to Submission No. 125)

48 Walgett Aboriginal Medical Service Co-Operative Ltd.

Walgett Aboriginal Medical Service - Profile of Services, Program and Staff

(Related to Submission No. 135)

49 Walgett Aboriginal Medical Service Co-Operative Ltd.

Walgett Aboriginal Medical Service, Eat Well Live Well Cookbook

(Related to Submission No. 135)

50 Ms Noeline Rudland

Advertising material about bariatric surgery at the Sydney Institute for Obesity Surgery

(Related to Submission No. 136)

51 McDonald's Restaurants Australia Ltd

McDonald's Australia Corporate Social Responsibility Report 2007

(Related to Submission No. 88)

52 Institute of Obesity, Nutrition and Exercise

Material from the NSW Centre for Overweight and Obesity (COO)

(Related to Submission No. 6)

- 53 Hunter New England Health Service
Good for kids good for life brochure
(Related to Submission No. 128)
- 54 Hunter New England Health Service
Staff attendance figures for a bariatric surgery level 6 patient
(Related to Submission No. 128)
- 55 National Heart Foundation of Australia
Heart Foundation material
(Related to Submission No. 106)
- 56 Weight Watchers Australasia
Weight Watchers Pamphlets
(Related to Submission No. 138)
- 57 Weight Watchers Australasia
Weight Watchers book, K. Kovach, "Healthy parent Healthy child".
(Related to Submission No. 138)
- 58 The University of Newcastle
University of Newcastle, "Healthy Dads Healthy Kids" program leaflet
- 59 Ms Kate Paul
*Media release, "Obesity highest in children from lower income areas,"
forwarded by Ms Kate Paul, witness at Lake Macquarie Hearing*
- 60 Mr Dean O'Rourke B.Ed H & PE (Hons)

Email from parents and staff at Hunter Christian School to Dean O'Rourke, PE Teacher

(Related to Submission No. 143)

61 Victorian Government

COAG's National Reform Agenda: Victoria's plan to address the growing impact of obesity and type 2 diabetes, April 2007

(Related to Submission No. 144)

62 Victorian Government

'Go for your life', Victoria leading the way to a healthy and active community, Strategic Plan 2006-2010

(Related to Submission No. 144)

63 Victorian Government

Victorian Department of Human Services, "Future prevalence of overweight and obesity in Australian children and adolescents, 2005-2025."

(Related to Submission No. 144)

64 The Hon Dick Adams MP

The Advocate, 'We need to ask why is a teen 300kg', 9 August 2008

(Related to Submission No. 145)

65 The Hon Dick Adams MP

The Advocate, 'On the band wagon', 9 August 2008

(Related to Submission No. 145)

66 Centre for Burden of Disease and Cost-effectiveness, University of Queensland

The Burden of Disease and Injury in Australia 2003, by S Begg et al

- 67 Centre for Burden of Disease and Cost-effectiveness, University of Queensland
The Burden of Disease and Injury in Aboriginal and Torres Strait Islander Peoples 2003, by T Vos et al
- 68 Foundation for Advertising Research
Food for Thought: The impact of adversting bans, Frontier Economics Paper, Jan 2008
- 69 Centre for Burden of Disease and Cost-effectiveness, University of Queensland
An Alternative Approach to Projecting Health Expenditure in Australia, Article, by S Begg et al, Australian Health Review Feb 2008
- 70 Greenslopes Private Hospital
Greenslopes Wellness Program materials
- 71 School of Rural Health, University of Sydney
Health Promotion for Young Adult Males in a Rural Environment - the mobile phone as a potential tool, Report by K Mendis, R McLean and J Canalese
- 72 NSW Department of Health
Material provided by the Heart Foundation further to the hearing in Lake Macquarie on 12 September 2008
- 73 University of Sydney, Faculty of Education and Social Work
Everybody's Different: A positive approach to teaching about health, puberty, body image, nutrition, self-esteem and obesity prevention, by J O'Dea, ACER Press, 2007

- 74 National Seniors Australia
A pilot program of physical activity promotion among older clients receiving home & community care, by M Cameron et al, Australian Health Review, 2008
- 75 Australian Psychological Society Ltd
"Psychological interventions for overweight or obesity (Review)," in The Cochrane Collaboration, By Shaw K et al (2008)
- 76 Australian Psychological Society Ltd
"Australian Psychological Society Triage Model of Care."
(Related to Submission No. 17)
- 77 Australian Food and Grocery Council
The Daily Intake: Informing Consumer Choice (Australian Food and Grocery Council).
(Related to Submission No. 54)
- 78 Australian Food and Grocery Council
Main findings of the Australian Children's Nutrition and Physical Activity Survey (2008).
(Related to Submission No. 54)
- 79 Australian Food and Grocery Council
"The responsible marketing to children initiative of the Australian Food and Beverage Industry" (October 2008).
(Related to Submission No. 54)
- 80 Melbourne City Council
Active Melbourne Strategy and miscellaneous papers.

- 81 Department of Health, WA
Slides: Deaths, indigenous versus non-indigenous; Renal Disease incidence in indigenous population; proportion of indigenous people in WA; WA Aboriginal communities by ABS remoteness; and map of WA Country Health Service
- 82 Confidential
- 83 Confidential
- 84 Department of Health, WA
The Burden of Disease and Injury in Aboriginal and Torres Strait Islander Peoples, Report, 200, T Vos et al..
- 85 Dr C Jeffries-Stokes, Rural Clinical School, University of Western Australia & Notre Dame
A Report of the Intervention Phase of the Northern Goldfields Kidney Health Project, July 2007, and photo of Disneyland fruit stands
- 86 Heart Foundation
Healthy by Design: a Planners' Guide to Environments for Active Living, Publication 2004
- 87 Ms Frances Reid
Obesity and Overweight in Indigenous Australia, Paper, prepared by F Reid an intern with ANU internships program, November 2008.
- 88 Public Health Association of Australia
Overweight and Obesity Prevention Framework: a Health Promotion Approach, Paper, prepared for the PHAA (WA Branch)
- 89 Mr David Gillespie

Sweet Poison: Why Sugar Makes us Fat, by David Gillespie 2008

(Related to Submission No. 149)

90 Mr David Gillespie

Articles from the American Society for Nutrition on Fructose, 2007

(Related to Submission No. 149)

91 Professor Greg Gass

Step Forward Program Data and Overview

92 Gold Coast City Council

Papers on the Gold Coast City Council Physical Activity Strategy and Programs

93 Delfin Land Lease

Delfin Land Lease, Active Infrastructure paper (Dec 2008), and miscellaneous papers on Varsity Lakes

94 Maari Ma Health Aboriginal Corporation

Folder of material from Maari Ma Aboriginal Health Corporation

95 University of Sydney, Broken Hill Department of Rural Health

Australian Department of Health, "A healthy lifestyle resource based on experiences from the Wellington Challenge."

96 Frontier Economics

The impacts of advertising bans on obesity in Australia, December 2008

97 KCI Medical

Presentation notes from public hearing on 11 September 2008