Dear Senate Committee,

The following excerpts have been taken from email correspondence over the last year between me and people being detained in Australian immigration facilities. I felt that their voices were the best way of portraying the effect that indefinite and arbitrary detention has on those being detained.

yesterday it was 3 insident here. One guy he has jump through the window. He has lost his mind. And the day befor he climb a tree. The other 2 cut there self by glass. every one is getting so fedup with life here u know. some time i am planign to do. feel fedup with life and situation and then getting angry and thinking to break the window of any mirror and start cutting over the body to feel the pain and show the imigration that it is pain in my inside. its the feeling that i feel. The mental health team? Hahaha they are crazy there self.

to be out of the mind
inside here
just let us be free and live a life like human
like u guys
here every day is like one year out side there
u know when i came here how i was looking and noe how i am looking
too old and too crazy
i am crazy now
mental sick
so i am afraid of future

i used to study english four hours aday but not now. iam really getting tired of stying in detention center. nothings look good to me. iam really having a terribe time here.

i was on hunger strike. u know i became unconciouse a couple of times. they took me to the medical for treatment but iam well rught now. i did not eat for 3 days.

iam really having a terrible time in detention.

u know i have been here for nearly ten monthes.

i have no other choice.

iam helpless.

all of us.

who can fight against fate?

i was not suppose to come here for enjoyment butv i came here

i was not suppose to come here for enjoyment butv i came here to start a new life and to build a good future.

i came here last may
u know, it is not so easy life
some time i am really getting crazy here
u know now it is 8 years that i am struggling for a safe life
but i am failed
i dont know y

what I want is to find a good job and work hared to bring my family here and to have my own buisness its my dream to have my own shop and nice house and car and horse u know lots of things to do to have a life like a human liek u guys are have ing with out any fear peace and peace

every is fine but ful of depresion....

the IMR is too much slow

I am waiting and waiting for IMR.

may be after 2 or 3 months i will have IMR. [It has been] 14 months they are so many people who are waiting about one and hafl year... we are the helpless asylum seekers approiat you guyz help and support [hunger strike] is the only thing we can do....

and self harm is now a days becom more common in detention centres caz of depression

and stress

[It is] no possible [to speak to a doctor] all the time caz about 1550 poeple here \ldots and a smal hospital

yap we want tht [to see a doctor] but no chance for months

It is same problem with nurses

long long lists

lots of people are sick

thank you very much i hope to get my decision this week and really i hope get positive because it's very hard to live here for long time ..u know i have been here 11. mouns ok i hope see u and thanx full?

yah we are ok for now, and here is no protest yet, but soem guys they are hung striking from there rooms, i mean they are not eating food and sitting in there rooms, thats it the latest news here, other wise every thing is ok here,

yah yesterday i ws good but today i am not really good, and i told u that they ahve rejected me after 10 months and i am really afraid of next time as well becoz lots of people have got rejected after 2nd time as well, now really i need the help to do some thing u know, and the strike its around 10 or more they have striked in there rooms and there was i think i am not so sure 2 guys that were beaten by guard.

one day of being in detention is similer to 1 year ot side and it is the worst place i have nver senn before the jail is much better then here u know that u rsentence is 1 year or 10 year u have to stay in jail then u will be fre4e but here the woprst thing is that u never knows how long it will tak time which makes every one crazy

Regards Sally Woodliff