

To legcon.sen@aph.gov.au

12th March, 2015

Committee Secretary
Senate Legal and Constitutional Affairs Committee
PO BOX 6100
Parliament House
Canberra ACT 2600

RE: The Moderator of Medicinal Cannabis Bill 2014

Dear Committee Delegates,

I am a 21 year old male who has found relief with Medical Cannabis, for anxiety.

Throughout primary school, I experienced extreme bullying, which initiated, counsellors and a bullying program into the school and the area, for the first time ever.

End result of these years of bullying - extreme anxiety and anger issues. PTSD? Perhaps, although I have not yet had this diagnosed. For some years, I covered these issues with alcohol, however, this only exacerbated the problems and caused fresh problems.

My next sibling in age, is ADHD and I grew up bouncing off her. Early in the bullying years, my mother had me consulted over a period of time by the Children's Psychiatrist, treating my sister. I was diagnosed, not with ADD or ADHD, but with anxiety issues and pharmaceutically medicated for some time.

As an adult, seeing the pain I was causing family members and myself, I decided to use Cannabis in attempt to alleviate my anxiety and anger issues, as I had discovered with school friends socially, at around age 14, that Cannabis greatly helped with my anxiety. This has worked. I have a much more productive and better quality of life using Cannabis to treat my anxiety.

Alcohol, freely available to the public, in my experience is responsible for violence and destructive behaviour both to myself and those around me, as well as so many more, that I have observed. Cannabis has given me a quality of life for the first time in my adult life. Noticeable improvement in my inter-personal relationships.

Medical Cannabis should be legally available for a variety of medical conditions, including extreme anxiety. Make it available for more than just terminal patients and epileptics. Cannabis is one medication for 10 conditions thus saving the tax payer and the economy.

The irony is, the 'law' is the thing holding up legalisation of Medical Cannabis. This must be rectified quickly.

I have attached supporting links below.

<http://www.leafly.com/news/health/the-endocannabinoid-system-and-cbds-role-in-stress-anxiety-and-fe>

<http://neurosciencenews.com/cannabinoid-receptors-amygdala-anxiety-833/>

<http://www.headspace.org.au/media/8943/Trauma%20Facts%20Families%20WEB%20FA.pdf>

http://www.headspace.org.au/media/32048/Anxiety_web.pdf

http://www.headspace.org.au/media/32052/Bullying%20FAF_web.pdf

<http://hempedification.blogspot.com.au/2015/02/ways-cannabis-is-good-for-your-brain.html>

<http://www.leafly.com/news/health/daily-cannabis-use-not-associated-with-brain-changes-in-new-study>

<http://www.globalresearch.ca/marijuana-backed-by-more-studies-than-most-fda-approved-pharmaceuticals/5428872>

http://www.freedomleaf.com/marijuana_does_not_harm_the_human_brain

<http://www.jneurosci.org/content/35/4/1505.abstract>

<http://jonliefmd.com/blog/endocannabinoids-critical-brain-function>

<http://grannystormcrowdlist2014.webs.com/>

<https://drive.google.com/file/d/0B3DPJKkBZdbYdjh3ZDJXY1U4OWM/edit?pli=1>

Thank you for considering my submission.