

Hi MPs!

Having struggled with Pornography addiction as a young teenager, only a small number of years ago, I've experienced first hand the effects of it, particularly in a young mans life. It very gradually enters your life, so you do not notice its impact. Over time it changed my relationships, the way I acted around women and how I saw them (as sexual objects), what self confidence I had caved, my insecurities and anxiety around self image dramatically increased, and I wasted hours upon hours of time watching. Some years later it still effects me and my only regret is that I didn't seek help or try and give it up earlier, because the longer you have a pornography addiction the harder it is to give it up.

Any contribution towards preventing young people from being exposed to pornography is worth doing! Pornography is the root of so much evil.