## Dear Senate Committee

This short submission is intended to raise some of the issues that can impact the health of men.

Many of you may believe we came from apes and still some may not actually believe this but they are not fully convinced that we were created. Most have been confused as to the role of creation of man. If we evolved then what has happened to the role of fighting and survival of the fittest. If we were created then we have to consult the manufactures handbook.

Many men have not had a realistic role model in this area and rely on the "TV" family to show them how to live. They can tend to give up at the first sign difficulty. This is leading to the greatest decay in the place of men in society and the consequential decline to health related to loss of identity.

This tends to leads to the popularist view of men that is becoming stronger that men should

- Support the family but not be the head
- Bring up responsible children but not discipline them
- Be strong role model but not stand any ground
- Be a lover but have unrealistic sexual expectations
- Be a father but not have any of the rights
- Be a husband but tolerant of infidelity

The bottom line is that we were created to live in the complex society we have created with integrity and respect for who we are and the gifts we have.

We need to have love and show love to others we need to work for what we receive and save for the things we have. We need to have fun and joy in our hearts. This has been shown to a great positive effect on the health of all including men.

Thank you for your time and look forward to seeing a useful outcome of your wise deliberation of these complex issues

Dr Stan Jeffery