



### **Parliamentary Inquiry into Biotoxin-related Illnesses in Australia**

I am a Naturopath working in Rural Victoria and have seen a Client who is suffering from water based chronic disease. Using the shoe maker guide it has C.I. R.S, Chronic inflammatory response syndrome. Being in a semi arid it is important that we don't over look mould related disorders as a driving force to chronic disease.

On entering her home the mould wasn't visible in her carpets, air-conditioning unit. It was only when further looking into the air-conditioning until and when pulling up the carpets. At considerable expense to my client, replacing white goods as well as the above items in order to decontaminate her home. She came to me at the beginning of this process wanting help with her chronic systemic illness. I was able to help her but until the cause of her problem was removed the supplements I put her on were only a "band aide" to her health issue and as a Naturopath this was unacceptable.

There is limited access to affordable testing to homes and individuals for this issue and most times the tests are expenses and some not even available in Australia. It is fortunate that I know of the Shoe Maker protocols for diagnosing CIRS and with good case taking new what my client had was a mould based disease. It has been unfortunate that this level of understanding isn't currently present in the medical profession in my area and is also lacking in the building industry also. As a preventive practitioner I would like to see more awareness both in the building profession and the health industry. Research needs to continue into the drivers of systemic illnesses, as there is currently good evidence by researches but unfortunately it is painfully slow for information to get to GP's and even slower to other professions that may even prevent these issues from occurring.

I think it took 60years before the research into the health hazards of lead, led to lead being taken out of petrol! Lets not let this happen with mould related disease and know how to help these people both financially and more importantly be actively contributing to our community.

Yours Sincerely

Teresa Crisp  
Naturopath

**Due Date:** Submissions must be uploaded by **Thursday 2<sup>nd</sup> August 2018**. To upload your submission, go to this webpage:

[https://www.aph.gov.au/Parliamentary\\_Business/Committees/House/Health\\_Aged\\_Care\\_and\\_Sport/BiotoxinIllnesses](https://www.aph.gov.au/Parliamentary_Business/Committees/House/Health_Aged_Care_and_Sport/BiotoxinIllnesses)