

North 1 - August, 2011

Monday (1st, 8th, 15th, 22nd, 29th)

| Time | Recreation Room | Classroom | Cabana | Soccer Ground | Dining Room | Offsite Recreation |
|-----------|----------------------------------|--|---|---------------|-------------|------------------------------------|
| 0900-0930 | | | Circuit Training 0830-0930 - Aussie Fitness | | | |
| 0930-1000 | Islamic Society Visit | ESL Class Stacey | | | | Swimming Casuarina Pool 8th & 22nd |
| 1000-1030 | | | | | | |
| 1030-1100 | | Conversational English - St Vinnies | Board Games - Nick | | | |
| 1100-1130 | | | | | | |
| 1130-1200 | | | | | | |
| 1200-1230 | | | | | | |
| 1230-1300 | | | | | | |
| 1300-1330 | | | | | | |
| 1330-1400 | | IHMS Sleep / Relax group - South 1 library 1:30 - 2:30 | | | | |
| 1400-1430 | | | | | | |
| 1430-1500 | | | Pool Compition - Enrique | | | |
| 1500-1530 | | | | | | |
| 1530-1600 | | | | | | |
| 1600-1630 | | ESL Class Aine | | | | |
| 1630-1700 | Arts & Craft 4:45 - 5:45 - Sonya | | | | | |
| 1700-1730 | | | | | | |
| 1730-1800 | | | | | | |
| 1800-1830 | | | | | | |
| 1830-1900 | | | | | | |
| 1900-1930 | | | | Soccer | | |
| 1930-2000 | | | | | | |

Tuesday (2nd, 9th, 16th, 23rd, 30th)

| Time | Recreation Room | Classroom | Cabana | Soccer Ground | Dining Room | Offsite Recreation |
|-----------|----------------------------------|----------------------|--|---------------|-------------------------|---------------------------|
| 0900-0930 | | | Abs & Stretch 0830-0930 - Aussie Fitness | | | |
| 0930-1000 | | ESL Class Stacey | | | | |
| 1000-1030 | | | | | | |
| 1030-1100 | | | | | | |
| 1100-1130 | | | Healthy Living Program - Nick | | ESL Class - St Vinnie's | |
| 1130-1200 | | | | | | |
| 1200-1230 | | | | | | |
| 1230-1300 | | | | | | |
| 1300-1330 | | | | | | |
| 1330-1400 | | IHMS Therapeutic Art | | | | |
| 1400-1430 | | | Table Tennis Compition - Enrique | | | CBD Tour, 2nd, 16th, 30th |
| 1430-1500 | | | | | | |
| 1500-1530 | | | | | | |
| 1530-1600 | | | | | | |
| 1600-1630 | | ESL Class Aine | | | | |
| 1630-1700 | Arts & Craft 4:45 - 5:45 - Sonya | | | | | |
| 1700-1730 | | | | | | |
| 1730-1800 | | | | | | |
| 1800-1830 | | | | | | |
| 1830-1900 | | | | Soccer | | |
| 1900-1930 | | | | | | |
| 1930-2000 | | | | | | |

Wednesday (3rd, 10th, 17th, 24th, 31st)

| Time | Recreation Room | Classroom | Cabana | Soccer Ground | Dining Room | Offsite Recreation |
|-----------|----------------------------------|-------------------------------------|-----------------------------------|---------------|-------------|--------------------|
| 0900-0930 | | | Boxfit 0830-0930 - Aussie Fitness | | | |
| 0930-1000 | | ESL Class Stacey | | | | |
| 1000-1030 | | | | | | |
| 1030-1100 | | | Board Games - Nick | | | |
| 1100-1130 | | | | | | |
| 1130-1200 | | | | | | |
| 1200-1230 | | | | | | |
| 1230-1300 | | | | | | |
| 1300-1330 | | | | | | |
| 1330-1400 | | | | | | |
| 1400-1430 | | | | | | |
| 1430-1500 | Bingo - Enrique | | Client Meeting 3rd | | | |
| 1500-1530 | | | | | | |
| 1530-1600 | | | | | | |
| 1600-1630 | | ESL Class Aine | | | | |
| 1630-1700 | Arts & Craft 4:45 - 5:45 - Sonya | | | | | |
| 1700-1730 | | | | | | |
| 1730-1800 | | | | | | |
| 1800-1830 | | | | | | |
| 1830-1900 | | | | | | |
| 1900-1930 | | Conversational English - St Vinnies | | Soccer | | |
| 1930-2000 | | | | | | |

Thursday (4th, 11th, 18th, 25th)

| Time | Recreation Room | Classroom | Cabana | Soccer Ground | Other | Offsite Recreation |
|-----------|-----------------------|------------------|---|---------------|-------|--------------------|
| 0900-0930 | | | Circuit Training 0830-0930 - Aussie Fitness | | | |
| 0930-1000 | | ESL Class Stacey | | | | |
| 1000-1030 | | | | | | |
| 1030-1100 | | | | | | |
| 1100-1130 | | | | | | |
| 1130-1200 | | | | | | |
| 1200-1230 | | | | | | |
| 1230-1300 | | | | | | |
| 1300-1330 | | | | | | |
| 1330-1400 | | | | | | |
| 1400-1430 | | | Activities Club - Steve 11th | | | |
| 1430-1500 | | | | | | |
| 1500-1530 | | | | | | |
| 1530-1600 | | | | | | |
| 1600-1630 | | ESL Class Aine | | | | |
| 1630-1700 | | | | | | |
| 1700-1730 | Arts & Crafts - Sonya | | | | | |
| 1730-1800 | | | | | | |
| 1800-1830 | | | | | | |
| 1830-1900 | | | | | | |
| 1900-1930 | | | | Soccer | | |
| 1930-2000 | | | | | | |

Physical/Arts Educational Excursions Religious Social

Friday (5th, 12th, 19th, 26th)

| Time | Recreation Room | Classroom | Cabana | Soccer Ground | Dining Room | Offsite Recreation |
|-----------|-----------------------------------|------------------|--|---------------|-------------|--------------------|
| 0900-0930 | | | Abs & Stretch 0830-0930 - Aussie Fitness | | | |
| 0930-1000 | | ESL Class Stacey | | | | |
| 1000-1030 | IHMS Quit Smoking South 1 Medical | | | | | |
| 1030-1100 | | | News Roundup & Discussion - Nick | | | |
| 1100-1130 | | | | | | |
| 1130-1200 | | | | | | |
| 1200-1230 | | | | | | |
| 1230-1300 | | | | | | |
| 1300-1330 | | | | | | Mosque |
| 1330-1400 | | | | | | |
| 1400-1430 | | | | | | |
| 1430-1500 | | | Table Tennis Comp - Enrique | | | |
| 1500-1530 | | | | | | |
| 1530-1600 | | | | | | |
| 1600-1630 | | ESL Class Aine | | | | |
| 1630-1700 | | | | | | |
| 1700-1730 | | | | | | |
| 1730-1800 | | | | | | |
| 1800-1830 | | | | | | |
| 1830-1900 | | | | Soccer | | |
| 1900-1930 | | | | | | |
| 1930-2000 | | | | | | |

Saturday (6th, 13th, 20th, 27th)

| Time | Recreation Room | Classroom | Cabana | Soccer Ground | Dining Room | Offsite Recreation |
|-----------|-----------------|-----------|-------------------------------------|--------------------------|-------------|--------------------|
| 0900-0930 | | | | | | Casuarina Beach |
| 0930-1000 | | | | | | |
| 1000-1030 | | | | | | |
| 1030-1100 | | | News Roundup & Discussion - Enrique | | | |
| 1100-1130 | | | | | | |
| 1130-1200 | | | | | | |
| 1200-1230 | | | | | | |
| 1230-1300 | | | | | | |
| 1300-1330 | | | | | | |
| 1330-1400 | | | | | | |
| 1400-1430 | | | Pool Compition - Enrique | | | |
| 1430-1500 | | | | | | |
| 1500-1530 | | | | | | |
| 1530-1600 | | | | | | |
| 1600-1630 | | | | Gardening Club - Enrique | | Temple |
| 1630-1700 | | | | | | |
| 1700-1730 | | | | | | |
| 1730-1800 | | | | | | |
| 1800-1830 | | | | | | |
| 1830-1900 | | | | Soccer | | |
| 1900-1930 | | | | | | |
| 1930-2000 | | | | | | |

Sunday (7th, 14th, 21st, 28th)

| Time | Recreation Room | Classroom | Cabana | Soccer Ground | Dining Room | Offsite Recreation |
|-----------|--------------------------|-----------|-------------------------------------|---------------|-------------|--------------------|
| 0900-0930 | | | | | | Church Visits |
| 0930-1000 | | | | | | |
| 1000-1030 | | | | | | |
| 1030-1100 | | | News Roundup & Discussion - Enrique | | | |
| 1100-1130 | | | | | | |
| 1130-1200 | | | | | | |
| 1200-1230 | | | | | | |
| 1230-1300 | | | | | | |
| 1300-1330 | | | | | | |
| 1330-1400 | | | | | | Soccer Excursion |
| 1400-1430 | Pool Compition - Enrique | | | | | |
| 1430-1500 | | | | | | |
| 1500-1530 | | | | | | |
| 1530-1600 | | | | | | |
| 1600-1630 | | | | | | Kingdom Hall |
| 1630-1700 | | | | | | |
| 1700-1730 | | | | | | |
| 1730-1800 | | | | | | |
| 1800-1830 | | | | | | |
| 1830-1900 | | | | | | |
| 1900-1930 | | | BBQ 14th August (Evening) | Soccer | | |
| 1930-2000 | | | | | | |

Unstructured Programs - also available, includes

| | | |
|--------------------|------------|----------------|
| Pool /Billiards | Soccer | (Hairdressers) |
| Table Tennis | Volleyball | (Library) |
| Exercise Equipment | Cricket | Guitars |
| Television | Carrom | Art Materials |
| DVD's | Bocce | Badminton |
| Board Games | Jigsaws | Prayer Rooms |

Indicates Core Program →

Indicates a Contract Extra Program →