

To the committee

Hi my Name is Debra Minors. I am currently employed by Australia post at Northgate Mail centre Qld.

I injured myself in June 2008. I would like to say that the way my injury has been treated by an Australia post appointed doctor is far then satisfactory, in brief it took them eight months to send me for a x-ray or scan on my shoulder and ten months to send me for a MRI, which showed I had a right rotator cuff tendonitis and labral tear. I had a shoulder arthroscopy on the 4th of August 2009, 14 months after my injury. In all that time I was still working full time but on restrictions of there appointed doctor and there Rehabilitation system. At no stage of my injury was my shoulder rested. I am still on there Rehabilitation system and getting pushed to return to full duties which I find some jobs I try to do I simply can not do. I now have my own GP, which helps but they try to over rule his authority.

I would like to talk to the committee about my injury and the treatment as my case is not the only one. With shoulders alone three other ladies have had operations and several more have sore shoulders but are very hesitant to report them because of the treatment the rest of us have gone or going through.

Also now they are not allowing me to take any of my rec leave which is owing till I return to full duties.

Regards
DEBRA J MINORS