

## Aged Care NSW

I would like to submit information into aged care. I have worked in aged for 10 years and in that time I have seen many nurses burn out due to the workload and hours required to work to make a reasonable wage. I have seen residents being rushed to get up, have showers and dressed just so the nurse can go to the next person due to time limits due to limited staff patient ratio. The residents are allocated 3 pads a day, would you like to be sitting in a wet pad for 8 hrs because that's all you are allocated.

These people made our country, they fought for our freedom, they slaved to make us what we are today and you as a government feel it is in the best interests of these wonderful human beings to cut funding, to have them herded like sheep in the years they should be enjoying just so you can cut money.

The staff are run of their feet trying with all their might to do the right thing by these people, but not having the necessary time to spend with them. A lot of people with dementia have behaviours that can't be turned off and on depending on how many staff there are! These people need constant care and attention, to avoid injuries such as falls and skin tears or going into other residents rooms or throwing their food. They need to be feed, cared for and to have staff that can take the time to settle them.

A lot of residents have major medical problems which require additional time to administer all required medications. Nurse give a he range of medication's, not just tablets. What about the dying residents and the additional time nurse spend with the resident that is scared, has no family and needs to have someone that cares. How would you feel if you had no-one and had to die alone?

Please give aged care more money, nurse and time for the people that worked all their lives, fought for us and our freedom, they deserve so much more than what they are getting.

Kind regards