



# EVERY MOMENT HAS POTENTIAL

Person Centred Active Support Online Learning Resource

Person Centred Active Support is an evidence-based approach to supporting people with intellectual disabilities. When Support Workers use Person Centred Active Support, it leads to a better quality of life for the people they support.

“Every Moment Has Potential” is an online learning resource that introduces Disability Support Workers to the Four Essentials of Person Centred Active Support and starts them on the road to putting these ideas into practice.

The resource has five modules of learning which include lecture and activity videos, exercises, reflective questions and access to further information. The resource can be used from smart phones, tablets and computers. A workbook, facilitator’s guide and additional resources can also be downloaded from the site. The resource is available now, at no cost, via the link below.

[www.activesupportresource.net.au](http://www.activesupportresource.net.au)



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