

Committee Secretary,  
Sir /Madam,

This email relates to Number 8 of "any other related matters ",about Australia Post.

In 2001 ,myself [REDACTED] and another co-worker were two of the first to be diagnosed with Vsort related injuries (Vsort frames which we slot mail into).I was diagnosed by my own doctor as having a strain to my inner left elbow, which due to compensating it went thru to my right arm ,and as such was alternately diagnosed by 7 doctors as having Bi-Lateral epicondylitis injuiries to both arms. My co workers also having injury to left arm due to always sorting mail left handed ,even though most of us posties slotted with our right arm. We were the first two to suffer this type of injury ,due to our new work requirements and Australia Posts one off 15 mins of this is how you will use these frames induction.

What I ultimately went through was initially being seen by a Australia Post doctor who agreed with my own doctor ,but once Australia Post got the medical report ,they had me sent to more doctors to clarify the first report, but this only happened after we got the union involved because Australia Post refused to compensate me due to them knowing that there would be injuries from working on V-Sort frames for slotting of mail. As I said before ,I saw 7 independent doctors ,one a world renown rheumatologist ,they over ruled him ,but it was the last two AP doctors that I saw that turned my life to hell ,and as the last stated that because I told him I drank alcohol to numb the pain in my elbows and which was causing me depression ,that in he's words "I was an alcoholic"

After my doctor signed a medical certificate for me to rest me injuries for 6 months (3months is all I could stand ,as I was paying a mortgage),and with union involvement ,did Australia Post settle that ,yes I had injuries ,but would not take on lifelong medical ,even though my life now is daily doses of either ,anti- inflammatories ,massage ,or my own pain relief and exercise routines to relieve pain.

Another co-worker [REDACTED] ,who now works at [REDACTED] Delivery Centre on the [REDACTED] [REDACTED] ,has also suffered right shoulder injury ,had an operation on it ,Australia Post paid for all [REDACTED] time off ,forced [REDACTED] back to work before [REDACTED] shoulder had really healed [REDACTED] had to have another operation on it due to forced return t o work ,and now Australia Post is forcing [REDACTED] to work even though they know [REDACTED] has and does have an existing injury ,which the y sa y should be repaired and [REDACTED] should be back to full strength ,this a [REDACTED] who in all my 20 yr of working with saw [REDACTED] break down yrs ago at work ,due t o the constant harassment from Australia Post.

I currently work out of [REDACTED] Delivery Centre, and have all my medical files from my old office and what my old bosses suggested to do with me ,as well as all my medical reports and would not hesitate to front any board that is redeemed to investigate the ways and procedures that Australia Post acts towards its injured workers as I am sure [REDACTED] would also.

I hope you can use this information even though it happened 8 yrs ago ,I feel strongly that it is still going on ,and am scared if I injure another part of my body or re-injure my old injuries what I will go through again to get compensation and compassion from my employer Australia Post.

[REDACTED]