## Inquiry into Sleep Health Awareness in Australia Submission 7

To/ The Hon Greg Hunt M.P
Minister for Health and
The House of Representatives standing
Committee on Health, Aged Care & Sport.
Inquiry into:"Sleep Health Awareness in Australia".

From/ Mr Allen Salter

08/10/2018.

"This is my Submission into the above inquiry, Sleep Health Awareness in Australia".

My Submission is to do with "The Forced Installation of Smart Meters, and the adverse impact on people's health, including "Insomnia".

Dear Committee Members,

I moved into the above property, which is a two bedroom unit, in January 2016, I am Renting the unit.

From day one of moving in and locating my Bed in the Main Bedroom, I always had extreme difficulty in getting to sleep and staying asleep.

I moved my Bed to different positions within the Main Bedroom, to no avail.

I tried to work out why this was, my Ears in the early hours of the morning, 2/3am, were "Like Antenna's ", something out of Dr Who!.

I decided to check outside of my Unit, so I looked in The Meter Box that is attached to the outside wall of the main bedroom and to my horror, there were "4 Smart Meters in the meter box", one was mine and the other three, other units.

Over the months that I tried sleeping in the main bedroom, I developed, "Tinnitus, which I believe led to the Insomnia, (impacted by the Smart Meters), which led to High Blood Pressure", I have also suffered various other health complaints, Dizziness, Headaches and more.

I am now on Medication for Insomnia, (sleeping pills) and High Blood Pressure Medication.

I have since moved into the Second Bedroom, giving up on the Main Bedroom, because of the 4 Smart Meters, which, in my opinion, made it impossible to sleep properly in that room.

One can not turn off these Smart Meters at night, they "Pump out Electromagnetic energy/radiation, pulsed Radio Frequency Emissions", 24/7 365 days a year, one just can not escape.

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For The Lay Person obviously it is difficult for them to prove these things, and even more difficult to get something done about them, But The Facts are, that people, like myself are impacted by adverse health issues, including Insomnia, from Smart Meters.

I personally se this Electromagnetic Energy/Radiation issue, a bit like The Smoking Issue.

"Nothing wrong with smoking, it is good,,,,,,, No it is not, It Will Kill You!, so now everyone wants to ban it".

So in conclusion to my Submission, I would like the Committee to do a proper investigation into the link between "Smart Meters and Insomnia", or Pulsed Radio Frequency emissions, Electromagnetic Energy/Radiation and Insomnia.

I trust that my Submission, will be considered seriously, "The General Publics Health Should Always Be Paramount To The Government".

I thank you in anticipation.

Yours Fait

Mr Allen Salter.

P.S. I enclose for your information a copy of "Health Issues Associated with Smart Meters", which I downloaded from the Web, as you will see Insomnia is one, and a copy of the Email which alerted me to this Inquiry, put out by, "Stop Smart Meters Australia"...