

Associate Prof Ka Lai (Clara) Shek

Dr Ka Lai Shek is Chinese, born and raised in Hong Kong. After graduating from the University of Hong Kong, she started specialty training in Obstetrics and Gynaecology at Tuen Mun Hospital in the New Territories, a tertiary institution serving a population of more than one million. She undertook subspecialty training in Urogynaecology at the same location and became an accredited Urogynaecologist in Hong Kong in 2005. Dr Shek came to Australia in 2006 to undertake a PhD in Medicine with the University of Sydney. The subject of her thesis was the effect of childbirth on the pelvic floor. She completed her thesis and was awarded her PhD in 2010. This was supported by the University of Sydney International Research Scholarship. Apart from the effects of childbirth on pelvic floor structure and function, her research interest also includes pelvic floor ultrasound imaging and mesh and sling implants used in pelvic floor reconstructive surgery. She has authored or co-authored more than 10 peer reviewed articles on mesh and sling implants. Her work is recognized both locally and internationally. She has been invited to give talks and to run ultrasound workshop in China, Malaysia, Norway, Italy and Australia. She has published nearly 90 papers in peer-reviewed journals.

In 2012 she was appointed Senior Lecturer in Obstetrics and Gynaecology at the Nepean Clinical School, University of Sydney. She was appointed full time Associate Professor in O/G with the Western Sydney University, Liverpool and Campbelltown campuses in May 2013. She is a member of the Editorial Board of the Australian and New Zealand Continence Journal.

Academic/Professional achievements:

December 1990	MBBS (HK)
May 1996	MRCOG (UK)
May 1997	MHKCOG (HK)
December 1998	FHKAM in O&G (HK)
2002	Fellow, HKCOG
2008	FRCOG (UK)
2010	FRANZCOG
2010	PhD (Medicine), University of Sydney

Work Experience:

1990-1991: Internship at the Queen Mary Hospital and Grantham Hospital, Hong Kong

1991-1992: Full Time Medical Officer, Department of Anaesthesia and Intensive Care, Tuen Mun Hospital, Hong Kong

1992-2006: Full Time Medical Officer, Department of Obstetrics and Gynecology, Tuen Mun Hospital, Hong Kong

2006 till 2013: Pelvic Floor Fellow at Nepean Hospital, Sydney, Australia

2006-2008: Research Scientist, University of Queensland

24 Feb 2010 till April 2012: Clinical Lecturer, University of Sydney.

Jan 2011 –Jan 2013: Associate, Sydney Urodynamic Centres

Jan 2012 till April 2013: Clinical Associate Professor, Western Sydney University

Feb 2013 till current: Partner, Sydney Urodynamic Centres

May 2012 to April 2013: Senior Lecturer (Part time), University of Sydney

May 2013 to now: Honorary Associate Professor, University of Sydney

May 2013 to now: Associate Professor in O&G, Western Sydney University