

## **The Long COVID and Repeated COVID Infections**

*4. The health, social, educational and economic impacts in Australia on individuals who develop long COVID and/or have repeated COVID infections, their families, and the broader community, including for groups that face a greater risk of serious illness due to factors such as age, existing health conditions, disability and background;*

My family, with two children under 5 years of age during most of the pandemic have significantly altered our lives to avoid infection. One child is 2.5 and has not attended any form of day care/education as we fear long covid. It is disconcerting under 5s have been and are still ignored for vaccination. Similarly, boosters are unavailable for over 5s.

Socially, we have chosen not to see family whose approach is riskier. Our social health and interaction with others is and will continue to be hampered.

Please promote the serious concerns long covid has on individuals and society, we see none of it.

We apply the 'Swiss Cheese' approach to our daily lives to avoid infection and so while we do not have long covid, it has an impact on us. Our 5 year old attends kinder with no HEPA filter, why is this deemed not essential? Open windows may be enough, but without measuring this, why not strive for the best?