

**Committee Secretariat**

**18<sup>th</sup> July 2018**

PO Box 6021  
Parliament House  
CANBERRA  
Canberra ACT 2600

**Biotoxin Related Illness Submission**

Dear Sir/Madam,

I wish to lodge a brief summary of my wife's ill health which we believe is Biotoxin related and very hard to get treatment in Australia for.

June 2008 my wife and I moved from Wyoming on the Central Coast to the nearby suburb of Lisarow. She was approx. 36 at the time and a mother of 6 children.

She was previously a very active and healthy person and hard working and energetic. Soon after, (approx. 3-5 weeks) we moved to Lisarow experienced bad headaches, blurred vision, nerve pain in face and arm which would last for days and also a sudden lack of energy. We thought it was from the effort of moving house etc.

As time went on got sicker and lost a lot of weight and become muddled in her thinking at times. We went from doctor to doctor and hospital to hospital in desperation to find a solution. The stress on the family was immense. On several occasions was told the sickness was in her mind which she found completely devastating knowing this wasn't the case. Many scans, blood tests were carried out but no evidence of any issue or disease was found.

We did research ourselves and had many close friends suggesting possible diseases and also searching for answers or solutions. We finally had a very expensive blood test carried out by a laboratory in Sydney who sent the samples to USA. These test returned a positive result to Lyme's disease which is hardly or not recognised in Australia. This was then pursued to see what could be done and some Mora Therapy (German system) was available which gave some short term relief to some of the symptoms.

We were then directed to a doctor in Sydney that specialised in blood diagnosis. (approx. 2015) This doctor had also trained under a USA doctor by the name of Shoemaker. He had studied undiagnosed health conditions in the USA and had come up with a simple visual test that identified biotoxin or mould related illnesses. He then developed a protocol treatment for this illness.

[https://www.survivingmold.com/docs/12\\_STEP\\_SHOEMAKER\\_PROTOCOL\\_FOR\\_CIRS.PDF](https://www.survivingmold.com/docs/12_STEP_SHOEMAKER_PROTOCOL_FOR_CIRS.PDF)

We continued to visit the wellness centre where this Doctor practiced but struggled with travelling to Sydney with feeling so unwell and also affording the appointments and the compounds/medicine recommended as there was no rebates available. We did experience some progress with this treatment and felt we were on to something that would offer a cure. It was also unfortunate that the suggested medication didn't agree with her and couldn't continue it.

The mould related diagnosis made much more sense to us as the house we moved into at Lisarow was old and had several leaks and mouldy sections. After 5 years this house was demolished and a new home built on the same site. A specialised mould inspection revealed that whilst the new house gave satisfactory readings some of the furniture from the previous house had to be thrown out as gave a high mould reading. The testing is expensive but worthwhile.

We have struggled on for almost 10 years now. Our life is vastly different to previously. spends approx. 4-6 hours sleeping every day as feels extremely fatigued. This is the only way she can survive. She struggles to keep up with housework and general duties and often looks worn out and exhausted. She has had some short periods where she feels a little better but these are short lived.

The worse episode was around 2013 after a long day out with family in the Hunter Valley. She was obviously run down and tired. As we drove home she slept very heavily but as we arrived at home she appeared to stop breathing and slumped forward in the seat unconscious. I phoned triple O but decided it would be quicker to drive her to Gosford Hospital. Upon arrival (still unconscious – I thought deceased) she was rushed into emergency and then ICU. Again test and assessment revealed nothing. Two weeks later we were transferred to The San Hospital for further tests and observation. Again we returned home with no solution or clues as to what was causing her condition.

I am not very medically minded so the above lacks a lot of detail, nor have I told my wife I am lodging this submission. We are both desperate to find a way she can be returned to good health but have basically given up at present. We have often discussed going to USA or Germany for treatment but cannot afford this at present so have had to put this out of our minds.

I strongly support the inquiry and hope that due consideration and action will be taken as I am certain that there are thousands of people suffering in Australia with this condition to various degrees when you look at the numbers that have been detected with mould related illness in the USA it is alarming.

Your faithfully