Additional Estimates 2018-19 Community Affairs Legislation Committee Hearing 20 February 2019

Kimberley Suicide Prevention Trial Funding (Feb 2019)

Lead Agency	Activity	Locations	Budget 2016 - 2020
Emama Nguda Aboriginal Corp	One of nine community-led suicide prevention activities	Derby	\$130,000
Golarri Media	Culturally relevant Kimberley-wide awareness raising campaign.	Kimberley	\$100,000
Kimberley Aboriginal Law and Cultural Centre (KALACC)	Kimberley Aboriginal cultural mapping project.	Kimberley	\$200,000
KALACC	Implementation of activity from cultural mapping project.	ТВС	\$180,000
KALACC	Development of a traditional healers model to compliment western mental health clinical models.	Kimberley	\$200,000
Kimberley Aboriginal Medical Services Ltd (KAMS)	Evaluate the Kimberley Empowerment, Healing and Leadership Program (KEHLP) to the determine effectiveness of the program in improving social and emotional wellbeing of Kimberley Aboriginal participants.	Kimberley	\$0
KAMS	Training local youth to deliver a peer to peer suicide prevention training program for young people in East and West Kimberley.	East and West Kimberley	\$150,000
KAMS	Implement self-harm protocol across Kimberley clinics, schools and other service providers.	Kimberley	\$57,475
KAMS	Implement the cultural safety framework across Kimberley mental health services.	Kimberley	\$57,475
KAMS	KAMS leadership and coordination of trial activities.	Kimberley	\$800,000
KAMS	One of nine community-led suicide prevention activities	Broome	\$130,000
KAMS	One of nine community-led suicide prevention activities	Bidyadanga	\$130,000
KAMS	One of nine community-led suicide prevention activities	Balgo	\$130,000
KAMS	One of nine community-led suicide prevention activities	Halls Creek	\$130,000

KAMS	Employment of local Aboriginal community liaison officers in each of the nine sites.	Each site	\$658,735
KAMS	Provision for CLO attendance at the National and Global Indigenous suicide prevention conferences in Perth in November 2018.	Each site	\$10,000
Ngnowar Aerwah	One of nine community-led suicide prevention activities	Wyndham	\$130,000
NOUS Broome	KASPT Working Group Workshops: 1. Strategic Planning & Prioriisation 2. Working on Identified Priorities	Kimberley	\$50,000
TBC	GP training and clinic level capacity to identify and respond to individuals at risk (KAMS/AMS/WACHS/private GP practices).	TBC	\$48,000
TBC	One of nine community-led suicide prevention activities	Dampier Peninsular	\$130,000
TBC	One of nine community-led suicide prevention activities	Fitzroy Crossing	\$130,000
TBC	Evaluation framework for the trial.	Kimberley	\$100,000
TBC	Working group project of safe spaces for young people.	ТВС	\$100,000
Telethon Institute	Deliver trauma informed training (assessment and response) for teaching staff at a Kimberley WA Education Department school.	ТВС	\$130,000
Telethon Institute	Project targeting disengaged, high risk youth (prolific priority offenders).	Broome	\$100,000
WAPHA	Mindframe plus training to local media services and selected community representatives.	Kimberley	\$45,000
Waringarri	One of nine community-led suicide prevention activities	Kununurra	\$130,000
TOTAL			\$3,826,685

Senate F&PA Committee

Tabled Document

Inquiry: Additional Estimates 18/19

Date/Time 22/2/19 2:10pm

Witness Name Ms Caroline Edwards

Organisation Dept of Health

Additional Estimates 2018-19 Community Affairs Legislation Committee Hearing 20 February 2019

Number, type and frequency of mental health and drug service clinicians who visit Kimberley communities.

(Locations identified as part of the WA Coroner's Inquest in the deaths of 13 young people in the Kimberley)

SITE	CAMHS/SSAMHS clinicians	Frequency	ADULT MH/SSAMHS clinicians	Frequency	KCADS	Frequency
Kalumburu	1 CAMHS 1 SSAMHS	1x month	1x CNS	1x month	2x CDSW	1x month
	1 Psychiatrist	5x year	1x Psychiatrist	1x every 3 months		
Broome	3 CAMHS 2 SSAMHS 1 Psychiatrist	Staff based here	7x CNS 6x SSAMHS	5 days a week	6 x CDSW	
Beagle Bay	1 CAMHS 1 SSAMHS 1 Psychiatrist	1x fortnight	1x CNS 1x SSAMHS 1x Psychiatrist	1x fortnight 1 every 3 months	N/A	
Lombadina	1 CAMHS 1 SSAMHS 1 Psychiatrist	3 days 1x month 4 x year	1x CNS 1x SSAMHS 1x Psychiatrist	1 month 1x every 3 months	N/A	
One Arm Point	1 CAMHS 1 SSAMHS 1 Psychiatrist	3 days 1x month 4x year	1x CNS 1x SSAMHS 1x Psychiatrist	1 month 1x every 3 months	N/A	
Bidgyadanga	1 CAMHS 1 SSAMHS 1 Psychiatrist	3 days 1x month 6x year	1x CNS 1x SSAMHS 1x Psychiatrist	1 month 1x every 3 months	N/A	
Looma	1 CAMHS 1 SSAMHS 1 Psychiatrist	1x fortnight 4x year	1x CNS 1x SSAMHS 1x Psychiatrist	1x fortnight 1 every 2 months	2x CDSW	1x fortnight
Wyndham	1 CAMHS 1 SSAMHS 1 Psychiatrist	3x month 1x every 10 wks	1x CNS 1x SAMHS	1x week	1x CDSW	1x week

Kununurra	3 CAMHS 2 SSAMHS 1 Psychiatrist	Staff based here	3.5x CNS 1x Social Worker 1x SSAMHS 1x AMHW 1x Psychiatrist	5 days a week	3x CDSW	5 days a week
Kutjunka	1 CAMHS 1 SSAMHS	3 days every 6 weeks	1 CNS	1x month	N/A	
	1 Psychiatrist	9 days per year	1 Psychiatrist	1x 4 months		
Warmun	1 CAMHS 1 SSAMHS 1 Psychiatrist	2 days every fortnight 4x year	1x CNS 1x Psychiatrist	1x fortnight 1x fortnight	1x CDSW	2x fortnight
Halls Creek	1 CAMHS	4 days every fortnight	1.5x CNS 1x AMHW	5 days a . week	2x CDSW	5 days a week
	1 Psychiatrist	4x year	1x Psychiatrist	1x fortnight		

Notes:

- o These services are provided through a combination of State and Commonwealth funding.
- The table includes the number and type of mental health and drug service clinicians who visit communities only. There are several other primary health and specialist clinicians who also visit communities. They are not listed here.
- o CDSW Community Drug Service Worker
- o CAMHS Child and Adolescent Mental Health Worker
- o SSAMHS Statewide Specialist Mental Health Service Worker
- o AMHW Aboriginal Mental Health Worker
- o CNS Clinical Nurse Specialist

Senate F&PA Committee

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Date/Time. 22/2/19 2:10 pm
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Additional Estimates 2018-19 Community Affairs Legislation Committee Hearing 20 February 2019

Senate F&PA Committee
Tabled Document
Inquiry: Additional Estimates 18/19
Date / Time 22/2/19 2:10 pm
Witness Name M5 Caroline Edwards
Organisation Dept of Health

National Suicide Prevention Trial site summary – updated November 2018

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
Brisbane North	Whole PHN region	Aboriginal and Torres Strait Islander Suicide Prevention Evaluation Project (ATSISPEP) report National Lesbian, Gay, Bisexual, Transgender, and Intersex (LGBTI) Mental Health and Suicide Prevention Strategy.	Aboriginal and Torres Strait Islander people Young adult and middle aged men (aged 25 to 55 years) Lesbian, Gay, Bisexual, Transgender, and Intersex (LGBTI) people	The PHN has formed a local multiagency Strategic Partnership Group which includes a wide range of local stakeholders. This advisory group meets bimonthly to develop the PHN's suicide prevention plan and to provide guidance and input into the trial. The PHN has also formed an LGBTI implementation group and an Aboriginal and Torres Strait Islander implementation group. The trial is focused on enhancing the care pathways for follow-up support for people experiencing a suicidal crisis, or who have attempted suicide. Other areas of focus include GP capacity building, gatekeeper training, school based programs, community awareness campaigns, and media training. Key trial activities include: Engagement of a lead Agency to employ and provide clinical governance to a psychologist who will provide one-to-one and group counselling to LGBTI people; Engagement of Beacon Strategies to identify and map suicide prevention care pathways across and within the Brisbane North PHN region. Beacon Strategies have partnered with Wesley Mission for this project. The care pathway will be a visual high utility document with one version available for community and one for mental health professionals; Engagement of the Australian Institute of Suicide Research and Prevention (AISRAP) to deliver advanced suicide prevention training to clinicians. AISRAP will collaborate with Roses in the Ocean who will co-

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
				design and deliver the lived experience component of the training. Courses have been held in August and October 2018 and were well attended, with positions held for Aboriginal and Torres Strait Islander and LBGTI attendees. A final session will be held in February/March 2019. Engagement of the Centre for Human Potential, for provision of aftercare to LGBTI people. Referrals to this service commenced in September 2018. Engagement of Kurbingui, for provision of aftercare to Aboriginal and Torres Strait Islander people — as at October 2018, recruitment and training of staff had commenced. Engagement of Diverse Voices, for frontline/gatekeeper training Engagement of Open Doors, for school based peer support. Open Doors has identified schools that will be targeted for this activity and is currently working with the Queensland Department of Education. Engagement of Youth2Knowledge, for school based activities with young Indigenous people focused on building resilience, mental health awareness and literacy and connection to culture. Engagement of Queensland Aids Council and partners, and Gar'ban'djee'lum (auspiced by the LGBTI Health Alliance), for the community awareness campaigns. Brisbane South PHN is also contributing funds to these campaigns to ensure a whole of region approach.
				GP training will be delivered by Wesley LifeForce, with 7 sessions being run for GPs and 7 workshops before these sessions being run for GP Practice Managers. Sessions have been held on 22 September 2018 and 13 October 2018. The PHN is exploring holding a session around World Suicide Prevention Day in September 2019. An information resource will also be developed by Wesley to distribute to GPs unable to attend workshops.

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
				Mindframe Plus training is scheduled for March 2019. The PHN is also liaising with MATES in Construction to progress activity for the young adult and middle aged men priority population group.
Central Qld, Wide Bay, Sunshine Coast	Gympie in the Sunshine Coast region and Maryborough and North Burnett in the Wide Bay region	Aboriginal and Torres Strait Islander Suicide Prevention Evaluation Project (ATSISPEP) report The PHN is also joining the Alliance Against Depression (AAD) for additional resources.	Aboriginal and Torres Strait Islander people in North Burnett Men in Maryborough and Gympie	A Suicide Prevention Working Group has been established to inform the trial. The PHN worked with Movember to deliver a suicide prevention media campaign targeting men. Communications were developed for World Suicide Prevention Day and R U OK Day? in September 2017, and Mental Health Week in October 2017. STARS (Screening Tool for Assessing Risk of Suicide) training was held in the Sunshine Coast and Gympie regions in September 2017. The PHN also participated in several interviews with ABC Radio for World Suicide Prevention Day in September 2018. Four sessions of LivingWorks Advanced Training in Suicide Prevention for GPs have been held in Maryborough, Bundaberg, Hervey Bay and Mundubbera. These sessions were held between May and August 2018. Applied Suicide Intervention Skills Training (ASIST) was held in North Burnett in May 2018. MATES in Construction's Mateship Matters training was held, and the organisation has also commenced general mental health awareness workplace training sessions in the local councils. The PHN is investigating other training programs including Question, Persuade, Refer (QPR). Mindframe Plus training was held on 12-16 November 2018 in Mundubbera, Gympie and Maryborough. The PHN has engaged Roses in the Ocean to deliver Our Voice training to support people with lived

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
				The PHN is exploring the implementation of a support group at the request of Working Group members.
Country SA	Port Pirie, Whyalla, Port Augusta, Port Lincoln and the Yorke Peninsula	Aboriginal and Torres Strait Islander Suicide Prevention Evaluation Project (ATSISPEP) report	Aboriginal and Torres Strait Islander people Men Youth	A Steering Committee has been established to inform the Country SA trial. The PHN has commissioned an emergency and follow up care service for people experiencing a suicidal crisis in the trial subregions. An Indigenous specific follow up service has been developed in collaboration with the community and is being piloted in Port Augusta. The PHN has engaged the University of South Australia to evaluate the Aboriginal aftercare service. The PHN is also working on postvention referral pathways to postvention services in collaboration with SA Police. Question, Persuade, Refer (QPR) training has been delivered and Youth Aware of Mental Health (YAM) training has commenced in identified schools in collaboration with the SA Department of Education. QPR will also be made available for all staff in schools in the trial site region, with Applied Suicide Intervention Skills Training (ASIST) being held for key school staff. Roses in the Ocean delivered lived experience training in February 2018. Four participants agreed to sit on a reference group for people with lived experience. Roses in the Ocean also delivered training in August 2018 in Port Augusta for a group that will form part of the lived experience network. Lifeline has been engaged by the PHN to deliver SafeTALK and Accidental Counsellor training. Everymind will deliver Mindframe Plus training in February 2019. The PHN is holding a men's 'Save Your Mates' forum series in February 2019 with lived experience speakers Joe Williams, Jeremy Forbes and Anthony Hart

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
Northern Territory	Greater Darwin	Trial activities are	Aboriginal and	presenting. The male community will also be targeted by Mateship forums run by MATES in Construction in the first half of 2019. A Youth Mental Health Survey was conducted via various social media platforms including Snapchat, Instagram and Facebook. Data from the survey is being analysed. The PHN is focussed on:
	region	being guided by the recommendations from the Aboriginal and Torres Strait Islander Suicide Prevention Evaluation Project (ATSISPEP) report, Social Emotional and Wellbeing (SEWB), and some elements of the BlackDog Institute's LifeSpan model. Indigenous communities have emphasised the need to be clear with communities in the Darwin area about the details of the	Torres Strait Islander people	 improved coordination and integration; cultural safety appropriateness and delivery of services; clinical need intergenerational trauma for Indigenous people A Steering Committee chaired by Minister Wyatt has met four times and is supported by a Working Group. The last meeting was held on 27 August 2018. The PHN recruited two Aboriginal identified Health Stream Coordinator positions. These Coordinators are undertaking extensive consultation with the community. The PHN formed focus groups for the trial and have engaged Price Waterhouse Coopers to assist with the implementation of these groups. The youth focus group was held in June 2018 with all participants identifying as Aboriginal and Torres Strait Islander. Aboriginal Mental Health First Aid (MHFA) training was held on 21 and 22 March 2018. Mindframe Plus training was held in April 2018. Trauma informed care training for GPs was also held in April 2018 and was delivered by Aboriginal Medical Services Alliance Northern Territory.
		the details of the trial and not for any		 Current scheduled activities include: An update of the Darwin Region Suicide Prevention Network community crisis and aftercare card

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
		single model to be imposed.		 Development and delivery of culturally appropriate suicide prevention resources for parents of school aged children, in collaboration with headspace A culturally appropriate adaptation of Applied Suicide Intervention Skills Training (ASIST), developed by LivingWorks An Indigenous Youth Cultural Group.
Country WA	Kimberley region – Broome, Bidyadanga, Dampier Peninsula (including Beagle Bay, Lomboadina/Djari ndjin and One Arm Point), Derby, Fitzroy Crossing, Halls Creek (including Warmun), Kununurra, Wyndham and the Kutjunka region (including Balgo, Billiluna and Mulan)	Alliance Against Depression (AAD) The PHN is also considering recommendations from the ATSISPEP report.	Aboriginal and Torres Strait Islander people	The PHN leads the trial in partnership with the Kimberley Aboriginal Medical Service (KAMS). A Project Coordinator has been appointed through KAMS. A Kimberley Suicide Prevention Working Group and Steering Committee have been formed, with the Working Group chaired by Minister Wyatt. The most recent meeting was on 2 October 2018. Community networks have been established in each of the nine trial communities and are continuing to develop and refine community action plans. Community consultations have commenced, with the PHN appointing Leilani Darwin for this activity. It is proposed that each community will select one focus area and the community will take ownership of the focus area with the help of the Community Liaison Officer (CLO) for each community. An Operational Plan has been developed and endorsed by the community working group, which focuses on a district approach to community wide prevention strategies, cultural leadership, and services for at risk groups and individuals. As part of the plan, the Kimberley Aboriginal Law and Cultural Centre is mapping cultural activities across the region, in recognition of the critical role of culture in building a strong sense of identity, connection to country, wellbeing and resilience in Aboriginal communities.

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
				KAMS is developing a GP training program to help GPs handle any increased contacts of at risk patients due to a Kimberley wide media campaign.
		-		KAMS have employed two young Aboriginal and Torres Strait Islander people to be trained to deliver youth Mental Health First Aid training.
				The Australian Centre for Social Innovation have been engaged to do a human centred design approach and map service gaps as per the experiences of people who have tried to access mental health support in the Kimberley.
Country WA	Mid-West region – Geraldton, Carnaryon,	Alliance Against Depression (AAD)	Men aged 25 to 54 years, in particular men working in	The PHN is engaged with local communities and a Midwest Suicide Prevention Steering Committee has been formed to lead the trial.
	Meekatharra, Mullewa, Mt Magnet and	Aboriginal and Torres Strait Islander Suicide Prevention	primary industry, fishermen, farmers and miners and the	The PHN has been liaising with the Midwest WA Country Health Service and the Mental Health Commission WA to ensure a coordinated and collaborative approach. The PHN worked in conjunction with the Mental Health
	Morawa	Evaluation Project (ATSISPEP) report	building industry.	Commission WA to deliver a media campaign over the Christmas 2017 period that was aimed at men.
				Cultural yarning circles have been held in Carnarvon and a Memorandum of Understanding is being developed with WACHS for further yarning circles to be held.
				An event for GPs was held on 4 April 2018 where the Western Australian PHN Alliance (WAPHA) and Dr Geoff Riley from the Rural Clinical School of WA gave a presentation about the Alliance Against Depression model. A GP education breakfast focussing on depression was held on 3 August 2018, run by Dr Geoff Riley.
				The PHN is collaborating with Master Builders Association in Geraldton and Perth. MATES in Construction training was held on 16-18 April 2018 in Geraldton with another session held on August 2018. Applied Suicide

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
				Intervention Skills Training was held in April 2018 and Mental Health First Aid (MHFA) training was delivered on 11 and 12 June 2018, to upskill people working in the north shires. Additional MHFA sessions were held in July and August 2018, and another session was run in Three Springs on 7 and 8 November 2018 with a focus on sporting clubs.
				Hope Assistance Local Tradies founder Jeremy Forbes attended a number of events in Geraldton from 27-29 June 2018 to highlight help seeking for men. The PHN also engaged farmer Tony Allen to speak at a men's shed event about his lived experience of depression and suicide.
				The PHN has developed a community fact sheet on the trial and run several media/communications campaigns including the design of drink coasters which feature help seeking messaging and radio campaigns.
				A community bench has been installed in Geraldton by the local men's shed and was launched by the Mayor. Men are also being targeted through help seeking messaging on beer coasters in local pubs.
North Coast	Clarence Valley, Tweed/Byron, Lismore and Kempsey Local Government	LifeSpan	At risk individuals who have attempted suicide and have presented at the	Steering committees have been formed for each trial subregion and have developed local suicide prevention action plans. The PHN is commissioning local agencies to coordinate and manage the implementation of these action plans.
	Areas		emergency department	Trial activity is focussed on a follow up service for people who have attempted suicide and have presented at the emergency department. The PHN has commissioned New Horizons to deliver Beyond Blue's The Way Back Support Service following discharge from Tweed and Lismore Base Hospitals. Service delivery commenced in August 2018, and the service officially launched on 14 November 2018.

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
,				The PHN has engaged the New School of Arts in Grafton to coordinate community engagement based on the Our Healthy Clarence model. The School will employ a coordinator to promote the development of community action plans.
				Community support organisations/host coordinators for Kempsey, Tweed/Byron and Lismore Local Government Areas have been selected — Hastings McLay Vocational Workplace Learning Centre in Kempsey, Family Centre in Tweed/Byron and Lifeline in Lismore. These groups will support the communities to form action committees for crisis help, suicide prevention and promotion of help-seeking. Each organisation has good connections with the local community and has employed a local coordinator.
				The PHN is continuing to improve their Health Pathways – clinicians can access the suicide health pathway for clinical advice and links to services where they can refer people at risk of suicide. New treatment protocols and funded services are frequently being added to the suicide health pathway.
				The PHN has also commissioned Mental Health First Aid training and is exploring options for school programs, media training and community campaigns.
				The PHN plan to hold a workshop in Grafton for local coordinators and committee members. StandBy and Roses in the Ocean will present.
North Western Melbourne	Whole PHN region	The PHN will also use the National Lesbian,	Lesbian, Gay, Bisexual, Transgender, and Intersex (LGBTI)	The trial is being led by the North Western Melbourne LGBTI Suicide Prevention Taskforce which includes service providers, community leaders and people with lived experience.
		Gay, Bisexual, Transgender, and Intersex (LGBTI)	people, including young people and men	A culturally appropriate suicide prevention framework for the LGBTI community has been developed in conjunction with the Taskforce, Black Dog Institute, and the LGBTI Health Alliance.

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
		Mental Health and Suicide Prevention Strategy		The PHN is focused on trialling place based activities for LGBTI communities. A model of aftercare for LGBTI people has been designed by the Taskforce and will be trialled in 2018-19.
				The PHN is currently undergoing procurement for the first phase of interventions including individual mentorship, family mentorship and aftercare. Contracts for services are expected to be finalised shortly.
				The PHN is collaborating with Switchboard Victoria, a community based not-for-profit organisation that provides peer based, volunteer run support services for LGBTQI people and their friends, families and allies. The PHN will assist Switchboard with postvention capacity building for its volunteers.
				The PHN is contributing funding to develop a suicide prevention resource for queer and trans people of colour.
				Other activities the PHN is exploring include family support and education, peer leader support, a campaign addressing violence among and towards the LGBTI community and a campaign to encourage help-seeking.
	,			The PHN is exploring a form of suicide prevention training that is appropriate for LGBTI community members.
				The PHN and Black Dog Institute will attend Midsumma Festival in January 2019 to promote the trial and help seeking for mental health and suicide.
Perth South	Rockingham, Mandurah, Kwinana, Murray and Waroona	Alliance Against Depression (AAD)	Youth aged 16-25 years	Consistent with the Alliance Against Depression framework, the trial involves four main areas of activity: 1. training general practitioners to identify and treat depression; 2. a broad media campaign to raise awareness;

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
				training for stakeholders in contact with high-risk groups and vulnerable populations; and
*				4. a coordinated community intervention that includes training and resources for those who are engaged with young people.
				A Community Response Group was formed to guide the trial. This group is now a Steering Group which will oversee separate focus groups dedicated to each of the four Alliance Against Depression pillars.
				The PHN has provided suicide prevention training to the community in the form of Applied Suicide Intervention Skills Training for Trainers (Maori specific) in November 2017, SafeTALK in July 2018 (Maori specific and mainstream), and Advanced Suicide Prevention Training for GPs in November 2018. Mindframe Plus training was held in November 2018 and was well received.
				Roses in the Ocean have been engaged to provide expertise on lived experience, and have been working to support community leaders in the region.
	*	,		The PHN has commissioned Orygen to co-design a resource for families in WA who support youth who are self-harming. Orygen are consulting with youth, parents and GPs, and delivered GP training in June 2018.
*				Equal not the Same training, a specific LGBTI suicide prevention training for mental health professionals, was delivered by MindOUT! on 30-31 October 2018. Two additional sessions will be run in the following months.
				A community fact sheet has been developed to provide a summary on trial activity so far and what is planned for the future. The PHN has also targeted youth with campaigns on Facebook and Instagram. Approximately 600 young

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
				people are accessing the support links provided in the campaign. The PHN is also running a campaign to target parents.
				The PHN has partnered with Relationships Australia to deliver evidence-based resilience workshops targeting Indigenous youth. The workshops will be led by community elders.
		,		The PHN is setting up postvention response groups in Wahroona and Pinjara in addition to the existing groups in Rockingham and Mandurah. The PHN has completed a postvention plan.
				The PHN has commissioned asset based community scanning in Mandurah to assess existing strengths and will contribute to sustainability beyond the trial.
				The PHN is working with WA Police to develop a clinical referral pathways document which will be completed in early 2019.
		•		The PHN has engaged Curtin University to complete the local evaluation of the trial.
Tasmania	Launceston, North West (with	LifeSpan	Men aged 40 to 64 years	The PHN has partnered with the Department of Health and Human Services and the Tasmanian Health Service.
	a focus on Burnie, Central Coast and Devonport Local Government Areas), and Break		Men and women aged 65+ (with a focus on two sub- groups, 65 to 74	The PHN has undertaken extensive consultation and has established a Suicide Prevention Trial Advisory Group to facilitate community engagement in the trial. Local community working groups have also been established for each trial sub-region with each group developing a local suicide prevention action
	O'Day		years and 75 to 84 years)	plan. Trial activities are focused on improving the promotion of services, improving integration between services, and increasing workforce and community

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
				capability and capacity to support suicide prevention. The PHN has engaged local host coordinators in each trial subregion.
				The PHN has purchased 320 licences for QPR for use in trial site subregions and the Advisory Group. Advanced Suicide Prevention Training for GPs and primary health care staff was held in April 2018 for GPs in Launceston and Ulverstone and in May 2018 in the Break O'Day region.
				The PHN is working with the Royal Australian College of GPs on an access engagement strategy for GPs to increase awareness of suicide. Discussions have also commenced with the Pharmacy Guild to explore partnerships.
				The PHN funded and supported Men's Resources Tasmania to hold a workshop in Campbell Town in October 2018 to explore male friendly approaches to suicide prevention.
				The PHN is working with Council of the Ageing (COTA) to increase capacity of the local community working groups to implement suicide prevention activities targeted at older people. A workshop was held in December 2018 and another workshop is planned for February 2019.
				The PHN has commissioned the University of Tasmania to conduct the local evaluation of the Tasmania trial.
Northern Queensland	Townsville region	LifeSpan	Ex-Australian Defence Force members and their	The Townsville suicide prevention trial, called Operation Compass, was formally launched during Veterans Health Week in October 2017.
			families	The trial Steering Committee has agreed to a work plan for the trial that includes improving emergency and follow-up care, suicide prevention training, and encouraging safe media reporting.

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
				A Connections Campaign was conducted from November 2017 to February 2018. This campaign allowed veterans and their families to connect over the holiday period when services close down and emotions may be high.
				The Clinical Support campaign has commenced and includes two connection programs including Connect to Wellbeing which uses a stepped care model and NQ Connect provided by On The Line.
				Mindframe Plus media training was delivered in April 2018. The PHN has purchased 140 licences for Question, Persuade, Refer (QPR) training.
				The PHN ran a 'Check Your Mates' campaign in May 2018 during the anniversary of the Coral-Balmoral battle. Another 'Check Your Mates' campaign was run over the 2018 Christmas holiday period.
				The PHN is co-designing a program with Veterans and Veterans Families Counselling Service for veterans with acquired brain injury.
				Recipients of a small community grants round were announced at an event in October 2018. Grant activities will be evaluated to determine their impact on community wellness and resilience. The PHN plans to run another small community grants round in 2019.
				An Operation Compass website has been developed to promote the work of the trial.
Western NSW	Bourke, Brewarrina, Cobar and Walgett Local	LifeSpan	Aboriginal and Torres Strait Islander people	In preparation for the trial, the PHN contracted the Centre for Rural and Remote Mental Health to undertake a review of existing suicide prevention programs and to visit and consult with communities.
	Government Areas (northern		Men in farming and mining industries	A Regional Advisory Group has been established to oversee the development, implementation and evaluation of suicide prevention initiatives in the norther

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
PHN Site		Model selected		cluster of trial subregions (Bourke, Brewarrina, Cobar, and Walgett). The PHN has commissioned Western Plains Regional Development to implement initiatives within the southern cluster of trial subregions (Lachlan and Weddin). The CEOs of Bourke, Walgett, and Brewarrina Aboriginal Medical Services have agreed to collaborate in the northern cluster to identify priorities in the local areas and to address barriers. A senior worker has been employed to provide support to the organisations in the northern cluster and fulfil an Executive Officer role for the Regional Advisory Group. The PHN is commissioning a workforce capacity building project which will enable local people to undertake a Certificate IV in Community Services, or other relevant qualification. The workforce project commenced in January 2018. Student orientation commenced in August 2018 with the participants undertaking Mental Health First Aid training. Participants have received accreditation to deliver SafeTALK training in high schools. The PHN is also commissioning research on crisis support and aftercare
				services in the trial region. The researcher will make recommendations for a service model to be trialled in the region for a period of 12 months. The aftercare service will be delivered by Forbes Aboriginal Medical Service in the southern cluster with the provider in the northern cluster site to be determined.
				The PHN has ordered 100 licences for QPR training and will advertise the training to their workforce and education mailing list. Four sessions of Advanced Suicide Prevention training for GPs have been scheduled which commenced in late May 2018.

PHN Site	Sub-region selected	Model selected	Target population selected	Trial activities
				Applied Suicide Intervention Skills Training (ASIST) was delivered to staff working in the southern cluster, and participants of the workforce capacity building project, on 28 and 29 August 2018. SafeTALK train the trainer was also delivered to this group on 13 and 14 September 2018.
				The PHN is planning a regional men's camp in which the men will come up with a constructive list of priorities and initiatives to promote healing in men in the local community.
				The Regional Advisory Group held several events during NAIDOC Week 2018 including a presentation by lived experience speaker Joe Williams.
				The PHN partnered with the Country Women's Association to hold a comedy show and dinner for farmers and their families on 8 September 2018 in Condobolin. Approximately 250 people attended and received a show bag which included mental health and help-seeking resources.
				The PHN is working with Desert Pea Media to produce videos on mental health and suicide prevention to target youth.