

## **Outline of events following the 3rd dose of the Pfizer Comirnaty Vaccine 2021**

### **When your symptoms started**

I immediately became unwell after receiving the third dose of the Pfizer Comirnaty vaccine on 23rd of December 2021. The first symptom I experienced was a headache/migraine which quickly became progressively worse in a very short period of time. I had gone to see the Nutcracker ballet at Queensland Performing Arts Centre (QPAC) after my vaccination at the Centre for Children's Research, Brisbane. At the QPAC reception area, I asked if anyone had some headache tablets because I had a really, bad headache/migraine after my vaccination.

Within 24 hours after receiving the Pfizer vaccine, I spoke to my GP Dr [REDACTED] on the phone. She stated, it was appropriate to call an ambulance and go to the emergency department at the hospital. I did not go the emergency department at the hospital because I was really, unwell, and unable to stay awake to phone the ambulance after speaking to my GP. I just went back to sleep.

Within 24 hours of receiving the Pfizer vaccine on 23rd of December 2021, I experienced the following symptoms:

- sharp shooting pain throughout my right arm (unvaccinated arm) and right down to the fingertips of both my hands
- pain around the vaccination site on my left arm, barely able to move the armpit of my left arm because of acute, severe pain
- the whole of my back was burning up in severe pain. (It was like my entire back was on fire)
- extreme fever and chills
- acute abdominal pain
- extremely nauseous
- breathlessness
- diarrhoea for days after the vaccine
- acute headaches like a migraine
- extreme fatigue- unable to stay awake (Sleeping day and night continuously)

I was very concerned about going to the hospital emergency department and contracting COVID-19. Queensland had just recently opened their borders, after being closed for a protracted period of time because of COVID during the pandemic. The state had gone from almost zero cases of COVID-19 in the community, to thousands of new cases after borders were re-opened. The numbers of COVID-19 cases were doubling every 24 to 48 hours at that stage. I did not want to become infected with COVID-19 in the emergency department at a hospital and I was too unwell to travel.

### **What happened next- investigations, hospital, treatments, doctors' visits?**

On the 24 January 2022, I had to phone the ambulance because I was experiencing tightness in the chest and pain in the middle of chest. I was struggling to breathe and feeling really, lightheaded, dizzy, and faint. It was frightening to be gasping to breathe and to be at home alone without anyone to help. I became unconscious before the ambulance arrived. Then I was taken by ambulance to the Emergency Department at the Royal Brisbane Women's Hospital (RBWH). I arrived at [REDACTED] on 25 January 2022, where they performed an ECG, chest x-

ray and blood tests. I was discharged in the morning from the RBWH. After being in the emergency department at the RBWH, I then had to have a PCR test a few days later. The elderly man adjacent to my hospital bed was coughing profusely. The man did not have a mask on his face and the medical staff in the emergency department thought he had contracted COVID-19 and were testing him for COVID.

My cardiologist Dr [REDACTED] diagnosed myocarditis, and my immunologist Dr [REDACTED] diagnosed chronic fatigue syndrome from the Pfizer Comirnaty vaccine.

On 23rd March 2023 my neurologist Dr [REDACTED] told me, a more specific term for chronic fatigue syndrome, is Long COVID.

### **Ongoing issues and symptoms**

It has been twenty-two months since I received the Pfizer vaccine on 23rd December 2021. I am still unwell from the Pfizer Comirnaty vaccine. I had a Zoom consultation with my neurologist Dr [REDACTED] on 23<sup>rd</sup> March 2023. Dr [REDACTED] said it would be another three to six months before I was well again. Therefore, it could potentially take almost two years to recover from my vaccine injuries. Dr [REDACTED] would like to conduct more tests, as I am continuing to experience chest pain with movement, sitting and lying down in bed. Dr [REDACTED] said I have pericarditis.

I have not recovered from Long COVID because of the Pfizer Comirnaty vaccine.

### **How the symptoms have changed your life?**

The impact upon my life has been immense. For the first two weeks after receiving the vaccine, I slept continually day and night. I have very little recollection of this period of time because the days melded into each other because I struggled to stay awake even for a short period of time. Hence, my initial contact with my GP was made via the phone, within 24 hours after receiving the Pfizer Comirnaty vaccine. This all occurred over the Christmas, new year period. I was home alone sick and unable to participate in the usual Christmas and new year celebrations with family and friends.

Everyday activities became a huge undertaking like cleaning my teeth or trying to take a shower. I would become out of breath while brushing my teeth and want to collapse in exhaustion. There were days in the initial phases after the Pfizer Comirnaty vaccine where I did not have a shower because I did not have the physical strength or energy to shower. Then when I did shower, I was not always able to wash my hair because I did not have the energy to hold my arms above my head. I would get halfway through showering and just want to collapse onto the floor of the shower. I just did not have the energy to stand any longer. After showering, I would frequently have to rest or sleep on my bed wrapped in a dry towel. When I woke up after sleeping for hours, I would put on some clothes.

When I attempted to go shopping, I would be out of breath and breathless after a five-minute walk to the supermarket and want to collapse in exhaustion. I would find that even though I was only shopping for six or eight items that I would become very lightheaded and dizzy and want to collapse on the floor in the supermarket. I would be breathing heavily and feel very strange. I would then just leave the supermarket because I did not want to create a scene by collapsing or fainting in the supermarket. I tried shopping a few times, but the same thing happened repeatedly. Then I started shopping online with Coles and having my groceries delivered.

Trying to attend medical appointments was a huge undertaking because I needed to shower and get dressed. Then travel to the medical practitioner, wait to be seen and participate in the medical consultation. My neurologist Dr [REDACTED] was exceedingly kind when she let me

remain lying on her examination bed, for the remainder of my consultation. I was exhausted and did not have the energy to sit in a chair. At the time, I sincerely wished that I could have slept for a few hours after my medical consultation before attempting to travel home. It felt immensely daunting trying to summon the strength and energy to travel home.

When I attended medical appointments, I would go home afterwards and sleep for hours. It was not uncommon to sleep in the afternoon and wake up when it was dark outside. I would be exhausted the following day and have to remain at home all day in bed sleeping and resting.

The first signs of improvements I experienced, were being able to stay awake, instead of continually sleeping day and night. Also, I had recurrent bouts of diarrhoea and relentless headaches which were dull and very difficult to shift over a period of several weeks.

### **General description of physical health pre vaccine**

My quality of life has been significantly impacted. I lived at [REDACTED] in Brisbane. I used to walk most mornings for an hour along the Brisbane River down to [REDACTED] and then back home again. I am unable to do my early morning walks. Before, the vaccine I could easily walk up a flight of stairs. I struggle to walk up a flight of stairs without stopping multiple times to rest. I feel lightheaded/dizzy, out of breath, breathless and faint. Immediately after the Pfizer vaccine, I lived in complete isolation for over three months. I did not engage in the normal social interactions with friends. There were no outings to the theatre, movies, ballet, dinner, or anything else of a social nature. The situation was further compounded by the extensive flooding in Brisbane at the beginning of 2021. The number of covid-19 cases in the community, increased dramatically after Queensland opened state borders. The highly contagious variant B.2.2 of the omicron variant undoubtedly was a significant contributing factor.

Financially, there has been a massive impact. When I initially experienced the devastating vaccine injuries from the Pfizer vaccine on 23rd of December 2021, I had significant savings. Initially, I lived off my savings. When my savings were exhausted, I accessed my superannuation early to continue supporting myself in my recovery from my vaccine injuries. I have been taxed at 22 percent for accessing my superannuation early, to support myself from my devastating Pfizer vaccine injuries. I have received zero financial assistance from the Australian government. There have been significant ongoing medical expenses, as I have been treated privately by my neurologist, cardiologist, immunologist, and GP. I have ongoing medical expenses because of my Pfizer vaccine injuries. It has been very concerning and worrying to continually have money going out of my bank account, without any money going into my account to cover daily living expenses or ongoing medical expenses. There has been a massive financial impact which has weighed upon me heavily. My superannuation is supposed to be accessed for my retirement, not to provide for my care because I have not received a fair and just offer of compensation from the Covid-19 Vaccine Claims Scheme.

I had been wanting to commence working in the field of international relations with the Department of Foreign Affairs and Trade (DFAT). I was going to move to Canberra at the beginning of 2022. Then commence legal work as a lawyer while I waited to start working at DFAT, after being a successful applicant for two positions. I was a successful applicant for a manager position and in a policy role at DFAT. My capacity to work has been severely impacted upon by the severe and debilitating effects of the third dose of the Pfizer vaccine. I sincerely wish to be working and building an interesting career in the field of international relations. Until I recover from my Pfizer Comirnaty vaccine injuries, this has been completely derailed because of the devastating effects of the Pfizer Comirnaty vaccine upon my body and life.

### **Current circumstances**

It has been seventeen months since I received the third dose of the Pfizer vaccine. I still spend days in bed sleeping for hours and hours because I am in a state of chronic exhaustion. I feel like I am sleeping my life away and feel very isolated. I have been experiencing chest pain for twenty-two months. The chest pain has progressively become worse. I used to only experience chest pain when I engaged in physical activity like walking. Now I am experiencing chest pain when I am sitting or lying in bed. I find this very distressing and concerning. There has been a strange development. I have been experiencing neuropathic pain predominantly in my right foot. The pain tends to present in the arch of my foot. It is sharp and burning pain. The headaches have recommenced, and I am finding it difficult to get rid of these recurring headaches.

**TGA report**

I do not know if a TGA report has been made by my specialists.