

Senate Community Affairs Committee

ANSWERS TO ESTIMATES QUESTIONS ON NOTICE

HEALTH PORTFOLIO

Additional Estimates 2013 - 2014, 26 February 2014

Ref No: SQ14-000263

OUTCOME: 11 - Mental Health

Topic: e-mental health

Type of Question: Hansard Page 115, 26 February 2014

Senator: McLucas Jan

Question:

Please provide a list of all of the e-mental health initiatives (referred to in estimates hearing on 26/2) including a description of the purpose of each activity, the target group and the funding that is allocated to them.

Answer:

Programme	Description	Target groups	Funding Allocation GST excl
Telephone Counselling and Web Based Support Programmes (Teleweb) measure	Teleweb includes funding to 16 organisations for psychosocial telephone helplines, online counselling, web-based self help, peer support resources, self-directed online treatment modules and therapist-assisted treatment services. These services supplement or substitute for existing face-to-face services for individuals with high prevalence mental health disorders such as anxiety and depression or provide crisis support to those in psychosocial crisis. It also funds the E-Mental Health Support Service which works with primary health care services and professionals, including Aboriginal and Torres Strait Islander health care workers to promote online mental health services and build referral pathways between the online and face-to-face sector.	General population and health professionals, as well as specific population groups including first time parents, Lesbian, Gay, Bi-sexual, Transgender and Intersex (LGBTI) peoples, children and their families, young Australians (and those with cancer) and adult survivors of child abuse	\$81.2 million from 2012-13 to 2016-17, which includes \$5 million over 3 years from 2013-14 for the youth e-mental health platform to be developed by the Young and Well Cooperative Research Centre.

<p>Taking Action to Tackle Suicide</p> <p>(TATS)</p> <p>Virtual Clinic – MindSpot (www.mindspot.org.au)</p> <p>Boosting capacity of crisis lines</p>	<p>A free real time, online and phone cognitive behavioural therapy with a trained therapist for high prevalence disorders. There is no need for a referral to access the service.</p> <p>To assist Lifeline Australia to increase its call answer rate, provide toll free calls from mobile phones and telephone services for suicide ‘hotspots’.</p>	<p>Australians 18 years and older.</p> <p>All Australians</p>	<p>\$26.6 million from 2012-13 to 2016-17.</p> <p>\$29.6 million from 2012-13 to 2016-17.</p>
<p>eheadspace</p>	<p>eheadspace provides free, confidential and anonymous telephone and web-based support services for young people at risk of developing, a mild to moderate mental illness. This service is an alternative approach for young people to access support and help, and uses online communication tools.</p> <p>The service also provides referrals to other appropriate services, including mental health, alcohol and drug, social and vocational services.</p>	<p>12-25 years</p>	<p>\$12 million from 2010-11 to 2013-14.</p>
<p>mindhealthconnect (www.mindhealthconnect.org.au)</p>	<p>Mindhealthconnect is a trusted and authoritative single gateway to mental health information and evidence based telephone and online services and support.</p>	<p>All Australians</p>	<p>\$12 million to Healthdirect Australia from 2011-12 to 2013-14.</p>