

## **APPENDIXES**

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## APPENDIX 1

### LIST OF SUBMISSIONS

48	Mr Alex Watson, NSW <i>(Drugs in Sport Inquiry)</i>	21 December 1988
48A	Mr Alex Watson, NSW <i>(Alex Watson Inquiry)</i>	22 April 1991
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## APPENDIX 2

### LIST OF PUBLIC HEARINGS AND WITNESSES

***Wednesday 30 November 1988***  
***Committee Room 2S2***  
***Parliament House***  
***CANBERRA ACT 2600***

Watson, Mr A.J., NSW

***Friday 10 May 1991***  
***Committee Room 1S4***  
***Parliament House***  
***CANBERRA ACT 2600***

Coates, Mr J.D., President, Australian Olympic Committee, NSW

Rofe, Mr A.S.F., Solicitor, Australian Olympic Committee, NSW

Watson, Mr A.J., NSW

***Monday 4 November 1991***  
***Committee Room 2S1***  
***Parliament House***  
***CANBERRA ACT 2600***

Coates, Mr J.D., President, Australian Olympic Committee, NSW

Haynes, Mr S.P., Chief Executive, Australian Sports Drug Agency, ACT

Rofe, Mr A.S.F., Solicitor, Australian Olympic Committee, NSW

***Thursday 5 December 1991  
Committee Room 1S2  
Parliament House  
CANBERRA ACT 2600***

**Birkett, Professor D.J., Department of Clinical Pharmacology, Flinders Medical Centre, SA**

**APPENDIX 3**  
**LETTERS TO IOC OFFICIALS**



PARLIAMENT OF AUSTRALIA · THE SENATE

SENATOR NOEL CRICHTON BROWNE  
SENATOR FOR WESTERN AUSTRALIA

COMMONWEALTH PARLIAMENT OFFICES  
ST MARTIN'S TOWER  
44 ST GEORGE'S TERRACE  
PERTH, W.A. 6000  
(G.P.O. BOX B58, PERTH, W.A. 6001)  
TELEPHONE (09) 325.4222  
FACSIMILE: (09) 221.3348

20 May 1992

Mr Juan Antonio Samaranch  
President  
International Olympic Committee  
Chateau de Vichy  
Lausanne  
SWITZERLAND

Facsimile No: 0011 41 216 216216

Dear Mr Samaranch

Further to your letter of 19 May 1992, I regret to advise you that unless the International Olympic Committee is able to respond immediately to my various requests dating back as early as 1 April, wherein I asked questions of a relatively elementary nature, the Committee's report will be presented to the Parliament without the relevant material.

This report has already been delayed in the hope that the IOC would respond promptly following my further urgent facsimile transmissions to you. The Committee is unable to delay the presentation of the report any further.

I can only reiterate the urgency of this matter and repeat that the report will be printed in the next day or two.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Noel Crichton-Browne', with a horizontal line underneath.

Noel Crichton-Browne  
SENATOR FOR W A



PARLIAMENT OF AUSTRALIA · THE SENATE

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SENATOR FOR WESTERN AUSTRALIA

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FACSIMILE: (09) 221.3348

20 May 1992

M. Francois Carrard  
Carrard, Paschoud & Heim  
6 Rue de la Grotte  
1003 Lausanne  
SUISSE  
FAX: 0015 4 121 20 0272

Dear M. Carrard

Further to my two letters to you of 7 April 1992 and to my subsequent correspondence of 5 May, I shall be grateful if you would advise me as a matter of urgency, whether you are now in a position to respond to the matters raised in those communications.

The Committee report will be tabled in the next few days and in the event that you are unable to provide material, I shall be pleased if you will notify me immediately.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Noel Crichton-Browne', with a horizontal line underneath.

Noel Crichton-Browne  
SENATOR FOR W A



PARLIAMENT OF AUSTRALIA · THE SENATE

SENATOR NOEL CRICHTON-BROWNE  
SENATOR FOR WESTERN AUSTRALIA

15 May 1992

COMMONWEALTH PARLIAMENT OFFICES  
ST MARTIN'S TOWER  
44 ST GEORGE'S TERRACE  
PERTH, W.A. 6000  
(G.P.O. BOX 858, PERTH, W.A. 6001)  
(09) 325.4222

Prince Alexandre de Merode  
Chairman  
International Olympic Committee  
Medical Commission  
Chateau de Vidy  
Lausanne Switzerland

Facsimile No: 0011 41 216 216216

Dear Prince de Merode

I am writing further to my numerous faxes to the International Olympic Committee seeking information relating to Mr Alex Watson.

I now write to express my grave concern that the International Olympic Committee is either unwilling or unable to provide answers to quite elementary questions. You will know the lead the Australian Parliament has taken in respect to stamping out drugs in sport and that its present inquiry is frustrated to the extent that it is unable to obtain information from your Committee which is particularly regrettable.

The report is due to be tabled on or about 26 May 1992 and it will give me no pleasure to record in the Senate your Committee's lack of co-operation.

Given the public profile that the International Olympic Committee takes in respect to drugs in sport, it is of little credit that your co-operation and assistance is found wanting.

Kind regards and best wishes.

Yours sincerely

Noel Crichton-Browne  
SENATOR FOR W A





PARLIAMENT OF AUSTRALIA · THE SENATE

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15 May 1992

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President  
International Olympic Committee  
Medical Commission  
Chateau de Vidy  
Lausanne Switzerland

Facsimile No: 0011 41 216 216216

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Kind regards and best wishes.

Yours sincerely

Noel Crichton-Browne  
SENATOR FOR W A



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15 May 1992

Professor Manfred Donicke  
Chairman, Doping & Biochemistry Subcommittee  
Institute of Biochemistry  
Deutsche Sporthochschule  
Carl-Diem-WEG6  
500 Koln 41 Germany

Facsimile No: 0011 49 221 4973236

Dear Professor Donicke

I am writing further to my numerous faxes to the International Olympic Committee seeking information relating to Mr Alex Watson.

I now write to express my grave concern that the International Olympic Committee is either unwilling or unable to provide answers to quite elementary questions. You will know the lead the Australian Parliament has taken in respect to stamping out drugs in sport and that its present inquiry is frustrated to the extent that it is unable to obtain information from your Committee which is particularly regrettable.

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Kind regards and best wishes.

Yours sincerely

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Noel Crichton-Browne  
SENATOR FOR W A



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FACSIMILE: (09) 221.3348

23 April 1992

Mr Philip W Coles AM  
IOC Member in Australia  
Level 13 The Maritime Centre  
207 Kent Street  
SYDNEY NSW 2000

Dear Phil

Further to my previous correspondence of 13 April 1992, I would be grateful if you could provide me with the information requested.

Kind regards and best wishes.

Yours sincerely

A handwritten signature in cursive script, appearing to read 'Noel'.

Noel Crichton-Browne  
Deputy Chairman  
Senate Standing Committee on Environment  
Recreation and The Arts



PARLIAMENT OF AUSTRALIA · THE SENATE

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15 April 1992

M. Francois Carrard  
Carrard, Paschoud & Heim  
6 Rue de la Grotte  
1003 LAUSANNE  
SUISSE

FAX: 00 11 4 121 20 0272

Dear Sir

*Alex Watson Inquiry*

On 7 April a letter was sent by FAX concerning matters relevant to the inquiry by the Senate Standing Committee on Environment, Recreation and the Arts.

Your assistance would be most useful and your urgent response by FAX would be appreciated. Thank you for your assistance.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Noel Crichton-Browne', with a horizontal line underneath.

Noel Crichton-Browne  
Deputy Chair  
Senate Standing Committee  
on Environment, Recreation and the Arts



PARLIAMENT OF AUSTRALIA · THE SENATE

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14 April 1992

Professor M Donike  
Institut fur Biochemie  
Duesche Sporthochschule  
KOLN GERMANY

Facsimile No: 0011 49 221 4973236

Dear Professor Donike

*Alex Watson Inquiry*

Your letter of 8 April 1992 indicated that you would be replying to the Committee's request for comment on your letter of 30 January 1992 to Mr Grut. While you requested a copy of that letter, it is not able to be provided as it is among papers that the Committee regrettably not yet resolved to publish.

Further, you will have received a copy of the article on Caffeine by Professor D J Birkett and Dr J O Miners. I would most appreciate your comments on that article and advice about any similar articles known to you.

Please advise me whether or not there are any scientific studies which repudiate or challenge findings and conclusions of Birkett and Miners.

As this inquiry is being finalised, I would be grateful for your prompt response. My facsimile number is 221 3348.

Thank you for your help.

Kind regards and best wishes.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Noel Crichton-Browne', with a long horizontal flourish extending to the right.

Noel Crichton-Browne  
Deputy Chairman  
Senate Standing Committee on Environment  
Recreation and The Arts



PARLIAMENT OF AUSTRALIA · THE SENATE

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13 April 1992

Mr Philip W Coles AM  
IOC Member in Australia  
Level 13 The Maritime Centre  
207 Kent Street  
SYDNEY NSW 2000

Dear Mr Coles

As you may be aware, the Senate is presently inquiring into the circumstances surrounding the positive drug test of Mr Alex Watson recorded at the 1988 Seoul Olympic Games.

I understand from correspondence dated 15 September 1989 between Dr Francois Carrard av. and lawyers acting for Alex Watson, that IOC Members in Australia were kept informed of developments relating to the Alex Watson case.

I shall be grateful if you are able to provide to me the relevant correspondence to which Dr Carrard referred.

The Senate Committee inquiring into this matter is anxious to conclude its report so I shall be particularly pleased if you are able to address this matter with a sense of urgency.

Kind regards and best wishes.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Noel Crichton-Browne', with a long horizontal line underneath.

Noel Crichton-Browne  
Deputy Chairman  
Senate Standing Committee on Environment  
Recreation and The Arts



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13 April 1992

Dr Ken Fitch  
25/146 Mounts Bay Road  
PERTH WA 6000

Dear Dr Fitch

Further to our previous communications, I should be grateful if you would please give the Alex Watson matter your earnest attention.

I apologise for the urgency this matter places upon you.

Kind regards and best wishes.

Yours sincerely

A handwritten signature in black ink that reads 'Noel'.

Noel Crichton-Browne  
SENATOR FOR W A



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13 April 1992

Mr Kevan Gosper AO  
Shell International Petroleum Company  
LONDON SE17NA UK  
Facsimile No: 44719346544

Dear Mr Gosper

As you may be aware, the Senate is presently inquiring into the circumstances surrounding the positive drug test of Mr Alex Watson recorded at the 1988 Seoul Olympic Games.

I understand from correspondence dated 15 September 1989 between Dr Francois Carrard av. and lawyers acting for Alex Watson, that IOC Members in Australia were kept informed of developments relating to the Alex Watson case.

I shall be grateful if you are able to provide to me the relevant correspondence to which Dr Carrard referred.

The Senate Committee inquiring into this matter is anxious to conclude its report so I shall be particularly pleased if you are able to address this matter with a sense of urgency.

Kind regards and best wishes.

Yours sincerely

Noel Crichton-Browne  
Deputy Chairman  
Senate Standing Committee on Environment  
Recreation and The Arts





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13 April 1992

Mr Juan Antonio Samaranch  
President  
International Olympic Committee  
Chateau de Vidy  
Lausanne  
SWITZERLAND  
Facsimile No: 41 216216216

Dear Mr Samaranch

Further to my letter of 1 April, a copy of which I enclose, I shall be pleased if you will also kindly provide me with:

1. Details of the international Olympic Committee's appeal procedures [as they applied at the Seoul Olympic Games] in the event an athlete is found to test positive in a dope test.
2. Details IOC's present appeals provisions as they apply to an athlete who tests positive to a dope test.
3. The provisions in the IOC doping procedures which provided for the discretion applied by the IOC in respect to Lindford Christie and those other athletes who tested positive at the Seoul Olympic Games but who were not penalised.

The Senate is particularly anxious to conclude its findings in respect to the matter and so, to repeat my comments in earlier correspondence, I shall be particularly grateful if you will deal with this matter with a sense of urgency.

Kind regards and best wishes.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Noel Crichton-Browne', with a long horizontal line underneath.

Noel Crichton-Browne  
Deputy Chairman  
Senate Standing Committee on Environment  
Recreation and The Arts

1 April 1992

Mr Juan Antonio Samaranch  
President  
International Olympic Committee  
Chateau de Vidy  
Lausanne  
SWITZERLAND

Dear Mr Samaranch,

The Australian Senate is presently inquiring into the circumstances concerning the positive drug test of Mr Alex Watson. You will recall that Mr Watson was disqualified from the Seoul Olympic Games when his urine caffeine concentration level exceeded the proscribed dosage of 12mg/ml.

I shall be grateful if, as a matter of urgency, you will advise me on what scientific evidence and grounds the IOC reduced the proscribed limit from 15 micrograms to 12 micrograms.

In evidence to the Senate Committee Mr Watson advised that he had applied to the IOC Executive for the matter of his disqualification to be heard by the Court of Arbitration for Sport. He further advised that the request had been refused. I shall be pleased if you will also advise me of the reasons and the grounds for declining that request.

Finally, I have been advised that the International Olympic Medical Commission was of the view that, at the time of hearing Mr Watson's case, he could not have reached the level of 14.45mg/ml by drinking the amount of coffee that he claimed. I shall be further pleased if you will confirm that my understanding of this is correct.

Kind regards and best wishes.

Yours sincerely

Noel Crichton-Browne  
SENATOR FOR W A



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SENATOR FOR WESTERN AUSTRALIA

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9 April 1992

Professor Manfred Donike  
Deutsche Sporthochschule Koln  
Institut Fur Biochemie  
Carl-Diem-Weg 6  
5000 KOLN 41

Dear Professor Donike

Further to my earlier facsimile transmission, I understand that in respect to other matters you have communicated with Mr Peter Grundy, Secretary of the Senate Standing Committee for Environment, Recreation and the Arts.

I shall be grateful if you will respond to my recent correspondence.

Thank you for your assistance.

Kind regards and best wishes.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Noel Crichton-Browne', with a horizontal line underneath.

Noel Crichton-Browne  
SENATOR FOR W A



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SENATOR FOR WESTERN AUSTRALIA

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9 April 1992

Emeritus Professor A H Beckett  
Facsimile No: 14167983010

Dear Professor Beckett

Thank you for your courtesy in leaving the meeting you were chairing yesterday to speak to me in respect to the Alex Watson doping matter.

I set out below the points we covered which I should be grateful to have you confirm by facsimile to me.

1. You made the point very clearly and emphasised that you were speaking unofficially and expressing only your personal views.
2. You had considerable concern with proscribed quantitative levels because there would always be, to use your expression, "outliers".
3. You confirm that you had no reason to question the scientific integrity of the study done by Professor Birkett which I understand you had previously read but which I again provided for you.
4. You had no reason to question the scientific findings and conclusions of that study.
5. It was your view that, had Alex Watson been able, by some theoretical method, to prove to the IOC Medical Commission that he had obtained urine caffeine concentration levels of 14.25 and 14.45 mg/ml by the consumption of the quantities of coffee he had claimed to have consumed, then the IOC Medical Commission may well have considered a lesser penalty.

6. You confirmed that it was your understanding that the IOC Medical Commission did not provide an official appeals mechanism which provided for a reversal of any earlier ruling were it to be established that that ruling was incorrect.

Thank you very much for your able assistance and cooperation.

Kind regards and best wishes.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Noel Crichton-Browne', with a horizontal line underneath.

Noel Crichton-Browne  
SENATOR FOR W A



PARLIAMENT OF AUSTRALIA · THE SENATE

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8 April 1992

Prince Alexandre de Merode  
Chairman  
International Olympic Committee  
Medical Commission  
Chateau de Vidy  
Lausanne  
SWITZERLAND

Dear Monseigneur

I shall be pleased if you are now in a position to respond as a matter of urgency to my facsimile transmissions of 1 and 2 April 1992.

Please find enclosed a copy of my original correspondence.

Kind regards and best wishes.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Noel Crichton-Browne', with a long horizontal line underneath.

Noel Crichton-Browne  
SENATOR FOR W A

1 April 1992

Prince Alexandre de Merode  
Chairman  
International Olympic Committee  
Medical Commission  
Chateau de Vidy  
Lausanne  
SWITZERLAND

Dear Monseigneur,

The Australian Senate is presently inquiring into the circumstances concerning the positive drug test of Mr Alex Watson. You will recall that Mr Watson was disqualified from the Seoul Olympic Games when his urine caffeine concentration level exceeded the proscribed dosage of 12mg/ml.

I shall be grateful if, as a matter of urgency, you will advise me on what scientific evidence and grounds the IOC reduced the proscribed limit from 15 micrograms to 12 micrograms.

In evidence to the Senate Committee Mr Watson advised that he had applied to the IOC Executive for the matter of his disqualification to be heard by the Court of Arbitration for Sport. He further advised that the request had been refused. I shall be pleased if you will also advise me of the reasons and the grounds for declining that request.

Finally, I have been advised that the International Olympic Medical Commission was of the view that, at the time of hearing Mr Watson's case, he could not have reached the level of 14.45mg/ml by drinking the amount of coffee that he claimed. I shall be further pleased if you will confirm that my understanding of this is correct.

Kind regards and best wishes.

Yours sincerely

Noel Crichton-Browne  
SENATOR FOR W A



PARLIAMENT OF AUSTRALIA · THE SENATE

SENATOR NOEL CRICHTON BROWNE  
SENATOR FOR WESTERN AUSTRALIA

6 April 1992

Dr Ken Fitch  
25/146 Mounts Bay Road  
PERTH WA 6000

COMMONWEALTH PARLIAMENT OFFICES  
ST MARTIN'S TOWER  
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(G.P.O. BOX B58, PERTH, W.A. 6001)  
TELEPHONE (09) 325 4222  
FACSIMILE: (09) 221.3348

Dear Dr Fitch

Further to our telephone call I shall be grateful if, in your capacity as a member of the International Olympic Medical Commission, you will as a matter of urgency provide me with:

1. Written details of the International Olympic Committee Medical Commission's appeal procedures as they applied at the time of the Seoul Olympic Games and in their present form.
2. Details of appeals heard by the International Olympic Committee Medical Commission in respect to the Watson matter.
3. The scientific grounds upon which the International Olympic Committee Medical Commission reduced the proscribed level of caffeine from 15mg/ml to 12mg/ml.
4. Action taken since Professor Birkett provided his evidence and study to the Australian Olympic Committee executive board.
5. The provisions in the International Olympic Committee doping procedures which provide for the discretion applied by the International Olympic Committee Medical Commission in respect to Lindford Christie and those other athletes who tested positive at the Seoul Olympic Games but who were not penalised.

I am sure you understand that the Senate Committee inquiring into the Alex Watson matter is particularly anxious to conclude its findings.

Kind regards and best wishes.

Yours sincerely

Noel Crichton-Browne  
SENATOR FOR WA





PARLIAMENT OF AUSTRALIA · THE SENATE

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SENATOR FOR WESTERN AUSTRALIA

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6 April 1992

Emeritus Professor Arnold H Beckett

Dear Professor Beckett

The Australian Senate is presently inquiring into the circumstances concerning the positive drug test of Mr Alex Watson. You will recall that Mr Watson was disqualified from the Seoul Olympic Games when his urine caffeine concentration level exceeded the proscribed dosage of 12mg/ml.

I understand that you have read a study done by D J Birkett & J O Miners, Department of Clinical Pharmacology, Flinders Medical Centre and Flinders University of South Australia, Adelaide, South Australia, Australia, *Caffeine renal clearance - Urine caffeine concentrations during steady state dosing. Implications for monitoring caffeine intake during sports events.*

I shall be grateful if you will advise me if you have any doubt as to the validity or integrity of the study. I shall be pleased if you are able to confirm whether you agree with the findings of the study.

I do not expect you to comment upon Professor Birkett's views as to the proper International Olympic Committee levels, but if you have a view you care to express, I shall be pleased to know of it.

My understanding is that the International Olympic Committee Medical Commission concluded that Alex Watson could not have reached the proscribed limit of 12mg/ml or, more importantly, could not have reached his readings of 14.25 and 14.45mg/ml without ingesting either tablets or suppositories and that reflected in the penalty. I shall be grateful if you will confirm that my understanding is correct.

To the extent that the Senate Committee is particularly anxious to conclude its deliberations as quickly as possible and I shall be very grateful if you are able to respond as a matter of urgency. My facsimile number is 09 221 3348.

Kind regards and best wishes.

Yours sincerely

A handwritten signature in black ink, appearing to read 'Noel Crichton-Browne', written over a horizontal line.

Noel Crichton-Browne  
Deputy Chairman  
Senate Standing Committee on Environment  
Recreation and The Arts

**APPENDIX 4**

**LETTER FROM BRITISH OLYMPIC ASSOCIATION**



# BRITISH OLYMPIC ASSOCIATION

Patron: Her Majesty the Queen President: HRH The Princess Royal GCVO

Our Ref: RWP/cab

1st May 1992

Senator Noel Crichton Browne  
Commonwealth Parliament Offices  
St. Martin's Tower  
44 St. George's Terrace  
Perth, WA 6000  
Australia

Dear Senator Crichton Browne,



Thank you for your fax to which I am responding regarding your Alex Watson enquiry. I enclose a review which was undertaken by the BOA following the four positive tests which were carried out at the Seoul Olympic Games. As far as the legal representation was concerned the situation was as follows:-

When I, as Chef de Mission, was notified of a positive test by the IOC Medical Commission a number of procedures were put into place. The athlete concerned and the team doctor were interviewed by the Honorary Treasurer of the BOA, Robert Watson, who also happens to be a Barrister in criminal law. At that point his job was not to prepare a case on behalf of the athlete rather it was to establish the facts in the matter. The athlete underwent a very careful cross examination by Robert Watson in order to achieve this. In the case of three of our athletes in Seoul there was very considerable doubts concerning the situation and Robert Watson, on behalf of myself as Chef de Mission, presented the facts to the IOC Medical Commission. In the case of the fourth athlete we established that he had, at the very least, acted very foolishly. We obtained from the athlete a written statement which effectively detailed his guilt and/or stupidity and Robert Watson represented this to the IOC Medical Commission.

(I might, incidentally, point out the time scale in the situation. The notification from the IOC was received in the evening. The second sample was tested very early the following morning. The BOA's internal enquiry took place in a 2/3 hour period prior to lunch and the hearing in front of the IOC Medical Commission took place either in the late afternoon or around 8 o'clock in the evening).

We have, as you see from the Seoul Report, taken a further step. Should we have problems in Barcelona we have asked our Honorary Legal Adviser to be present at both the BOA enquiry and at the IOC hearing to ensure that justice prevails insofar as the athlete is concerned.

I hope you find this information helpful.

Yours sincerely,

R.W. Palmer  
General Secretary

BRITISH OLYMPIC ASSOCIATION

REPORT OF THE DRUGS WORKING PARTY

INTRODUCTION

Drug abuse in any form is the very negation of the Olympic ethos. The Olympic Games and the Olympic Movement play a crucial role in the fight against drug abuse. For the Olympic Games not to have an ethical dimension would undoubtedly dilute their influence as a force for good in our modern society. Nowhere should the vigilance against the drug cheaters be more evident than at an Olympic Games. No one should speak out and condemn the misuse of drugs in more strident terms than the I.O.C. and its agents nationally - the N.O.C.s. In this the British Olympic Association supports wholeheartedly the I.O.C., its Medical Commission and all that it is attempting to achieve.

During the 1988 Olympic Games in Seoul four British competitors were required to appear before the I.O.C. Medical Commission because urine samples taken after competition indicated the presence of chemical substances proscribed by the I.O.C. or the I.F. concerned.

The competitors involved were:-

Dominic Mahony	Modern Pentathlon
Richard Phelps	Modern Pentathlon
Kerrith Brown	Judo
Linford Christie	Athletics

In three cases the I.O.C. Medical Commission accepted the explanation of the competitors. The fourth, Kerrith Brown, who admitted and apologised for his wrongdoings, was banned from the Games and subsequently disqualified by his international federation (the I.J.F.) for the minimum two years.

Upon returning to Britain this matter was considered by the National Olympic Committee at their meeting on 25th October 1988 and it was resolved "to instruct the General Purposes Committee to initiate an inquiry into the use and misuse of drugs and to report to the N.O.C. thereafter of any necessary plans for the future." The General Purposes Committee at its meeting of the 23rd November 1988 decided that the Drug Working Party should comprise:-

Sir Arthur Gold	(Chairman)
Roy Evans	) N.O.C.
Dr. Neil Townshend	) Members

and that the Working Party be serviced by David Dixon, Honorary Legal Adviser and the General Secretary, Dick Palmer.

## MODUS OPERANDI OF THE DRUGS WORKING PARTY

During the activities of the Working Party the desire of the N.O.C. for it to be positive and forward thinking rather than negative or accusative were fully respected. The Working Party met on four occasions as follows:-

23rd December - the Working Party considered the general situation and mapped out its future programme of work.

25th January - The Working Party met to hear evidence from members of the British Olympic Association involved. It received written and oral evidence from:-

Dick Palmer, Chef de Mission  
Caroline Searle, Chief Press Officer, British Team  
Robert Watson, Honorary Treasurer who acted during the hearings on behalf of the competitors  
Dr. Roy Axon, Chief Medical Officer, British Olympic Delegation

23rd February - The Working Party heard evidence from the competitors involved. They were invited to bring whatever support they wished. The Working Party received the following:-

### Modern Pentathlon

Written evidence from Dominic Mahony (both Phelps and Mahony were abroad on the date in question)  
Oral evidence from Ron Bright, Team Manager, Modern Pentathlon Seoul 88.

### Judo

Oral evidence was received from Kerrith Brown, Dr. Ken Kingsbury (Medical Officer, Judo, Seoul 88), Arthur Mapp (Team Manager, Judo, Seoul 88).  
Mr. Eric Dominey, Vice Chairman, B.J.A. was also in attendance.

20th April - Linford Christie gave evidence to Sir Arthur Gold and Dick Palmer at the B.O.A. Offices.

10th May - Final meeting of the Drugs Working Party when final conclusions were drawn up and recommendations agreed.

Oral evidence was recorded by shorthand and the contemporaneous transcripts were available to the Working Party. These transcripts are available for reference to members of the N.O.C. at the B.O.A. offices upon request.

In the Report the conclusions have been drawn from the various aspects of the situation in which the B.O.A. found itself and recommendations have been made for the future guidance and action.

## CONCLUSIONS AND RECOMMENDATIONS

### The International Olympic Committee

#### Conclusions

1. Throughout the International Olympic Committee acted with great integrity and with the best interests of the competitors in mind. At the hearings we are satisfied that our competitors were treated fairly and given a proper hearing.
2. Nevertheless the Working Party heard from the competitors involved (in particular those against whom no action was taken by the I.O.C. following the adverse report) expressing concern at the procedures of the I.O.C. Medical Commission in hearing the cases. Dominic Mahony (Modern Pentathlon) perhaps best summed it up by saying:

"Appearing before the IOC Commission in Seoul was an intimidating and unpleasant experience".

The British Olympic Association felt itself fortunate in having proper professional support for its competitors at the hearings. Given different circumstances from those which obtained with the British Team the Working Party questioned whether or not the rights of individual competitors would have been properly safeguarded under the present protocols which apply at I.O.C. Medical Commission hearings.

3. The role of the International Federation vis a vis the I.O.C. is a matter of some interest particularly in so far as Modern Pentathlon is concerned. The Working Party understood the need for the International Federation to be present since, if the competitor is disqualified from the Olympic Games, the subsequent punishment i.e. suspension from competing for a period of time, is a matter for the International Federation.

In the case of the UIPMB there was much anecdotal evidence suggesting that, despite the traces of the proscribed drug being present in the competitors' samples in only very minute quantities and then during events when it would have had a negative effect on performance, the competitors were made to go through the trauma of appearing before the I.O.C. Medical Commission, apparently at the insistence of the UIPMB. The reasons for this have not been made clear to the Working Party.



4. It was not apparent to competitors or officials exactly which drugs are proscribed during the Olympic Games. There appears to be considerable confusion between I.O.C. lists and those of the I.F. especially when the I.F. lists are more extensive. In such a case which list applies at the Games? (In the case of Mahony and Phelps (Modern Pentathlon) the letter stated that their samples "revealed the presence of a substance banned by the UIPMB under the group of sedatives").
5. The majority of the Working Party suggest that there are possibly unreasonable limits placed on competitors taking drugs which may be useful medically whilst giving no unfair advantage in their competitive event or sport. Would it be less restrictive but equally comprehensive if the testing was limited to drugs which are shown to give unfair advantage in a particular event or sport?
6. Drug Levels At present the rules proscribes drugs qualitatively rather than quantitatively. Is there an unpublished quantitative level which the I.O.C. Medical Commission use as a rule of thumb in deciding whether or not to ask a competitor to appear before them?

#### Recommendations

1. Perhaps the I.O.C. Medical Commission should discuss with its Legal Advisers and with experienced Chefs de Mission the procedures and protocols to apply at hearings into positive drug tests. These should be announced to N.O.C.'s prior to the Games.
2. In order to obviate unnecessary stress and publicity to competitors the I.O.C. Medical Commission should consider whether or not to establish an informal hearing procedure to simplify the existing formal system. A senior member of the I.O.C. Medical Commission could informally meet the competitor and his representatives to establish the basic facts and only if, following this meeting, the situation is considered unsatisfactory should a competitor be requested to appear before the full Commission with all the publicity and opprobrium which it entails.
3. The role of the International Federation vis a vis drug abuse at the Olympic Games should be clarified as should rules relating to the list of proscribed substances applicable at Olympic Games - vide the U.I.P.M.B.

4. It would be an improvement on the present system if the I.O.C. list of proscribed drugs was more sport specific.
5. The Working Party was concerned at the need to eradicate drug abuse whether deliberate or inadvertent and felt that every encouragement should be given to the I.O.C. in its campaign to institute out-of-competition random drug testing on a global basis. It was felt that the I.O.C., with its influence and resources, was best placed to bring this about.

## The British Olympic Association

### Conclusions

#### Prior to the Games

Whilst the British Olympic Association disseminated information regarding the I.O.C. list of Banned Drugs and discussed the issues involved amongst its Medical Officers and those of the governing bodies of Olympic Sports, nevertheless its role in educating potential Olympic competitors against drug abuse was no more than passive.

#### Medical management

1. There is a need for a more closely defined structure to the medical service which the B.O.A. provides.
2. The Working Party were made aware of the shortcoming in the recording of the various drugs and preparations taken by competitors not only at Games but in the period leading to the Games.
3. Furthermore there is a lack of information available to competitors about drugs they are banned from taking (including derivatives of proscribed drugs) as well as knowledge as to the drugs they may take both on prescription and "over the counter".
4. Whilst the Working Party appreciate the need for the phrase "related substances" the complications it brings about for those untutored in the nuances of pharmacology are evident. Even medical officers, let alone competitors, find this gives rise to much confusion especially when these are widely contained in over the counter preparations.

#### Pre-Games Testing

There was a divergence of opinion regarding the Pre-Games Testing of all British competitors.

In the context of a comprehensive programme of random out of competition testing this should be unnecessary. Indeed it could be regarded as trying to make sure that competitors who had been using proscribed drugs were now safe from detection. Certainly in the case of the majority of the British competitors it is arguable whether any proscribed substances would have been detected by pre-Games checks.

#### At the Games

1. The Working Party formed the view that the situation at the Games had been handled in a wholly proper and effective manner by the B.O.A. Indeed it was the view expressed to us by competitors that they were fortunate in having the support and expertise of the B.O.A. made available in their hour of need. Nevertheless there were lessons to be learnt for the future.
2. The basic procedure of thoroughly examining all the circumstances in a professional manner and then presenting the facts fully to the I.O.C. Medical Commission was regarded as the proper, indeed the only, course of action.
3. The Working Party recognised fully the exceedingly stressful circumstances surrounding matters of drug abuse created, in no small measure, by news hungry media. Nevertheless the confidentiality and the privacy of the competitors was a matter of grave concern and places a heavy responsibility on the B.O.A., the Chef de Mission, the Press Officer and the Management of the individual Sports Teams (often unused to dealing with the I.O.C. and the media).

The Working Party spent a considerable time on the matter of leaks and further discussed informally with members of the media the situation which developed in Seoul. It was unable to come to any satisfactory conclusion as to the source of any leaks which caused the media speculation, particularly those surrounding Christie and Brown. In the case of Phelps and Mahony the news did not reach the Press for three days (this was prior to the Ben Johnson affair) and the leaks could only have come from within the sport itself although not from the British contingent (who were anxious that the information should be kept confidential).

#### Recommendations

##### Prior to the Games

1. The B.O.A. should undertake an immediate campaign of educating against the misuse of drugs either deliberate or inadvertent and a programme of education of all potential Olympic competitors, coaches, managers and all concerned with the medical management of competitors. (The Working Party warmly welcomed the suggestions of Linford Christie and his offer of active help in this respect. In particular his suggestions of a Competitors Drugs Line and the fact that it was more effective if competitors spoke to competitors).

3. The authority of the B.O.A.'s Chief Medical Officer at a Games should be paramount and should be recognised by medical officers of governing bodies who are present as part of the British Olympic delegation. Indeed the Working Group strongly recommends that Drs Roy Axon and Mike Turner turn their attention to defining the roles and responsibilities of the medical management for future British Olympic delegations.
4. The present system of medical documentation should be reviewed and suggestions made to ensure that this is of an acceptable standard for future Games.

#### The Governing Bodies of Olympic Sport

The Working Party were conscious that the governing bodies of Olympic sport were in direct contact with their competitors throughout the four years and were directly responsible for them.

They stressed:-

- a) The need for management teams to be aware of the potential problems and to be properly prepared.
- b) The key role that they, the Olympic governing bodies, can play in educating competitors, coaches, managers and doctors.
- c) The role they can play in developing communications at all levels in matters of drug abuse either deliberate or inadvertent.
- d) Their role in facilitating the proper medical management of competitors.
- e) Their role in bringing pressure to bear on their respective International Federations on matters such as the clarification of drug lists.
- f) Their role in encouraging and implementing the programme of random out-of-competition drug testing initiated by the Drugs Advisory Group of the Sports Council.

#### FINAL COMMENT

The Drugs Working Party wish to place on record their gratitude to those who gave freely of their time in appearing before them and for the frank manner in which they made their submissions.

They submit their recommendations to the National Olympic Committee in the hope that, their implementation will ensure that the British Delegation at future Olympic Games will not be placed in the difficult position it found itself in Seoul.

Sir Arthur Gold (Chairman)  
Roy Evans  
Dr. Neil Townshend

**APPENDIX 5**

**LETTER FROM PROFESSOR R. DAY**



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RD/lp

23rd April, 1992.

Senator Noel Crighton-Browne  
Senator for W.A.



Dear Sir,

Re: Scientific Paper on Caffeine Concentrations in blood and urine by Prof. D.J. Birkett published in the British Journal of Clinical Pharmacology in 1991.

I am familiar with the work of Professor Donald J. Birkett on caffeine and have reviewed his paper entitled "Caffeine renal clearance and urine caffeine concentrations during steady state dosing. Implications for monitoring caffeine intake during sports events". Prof. Birkett is considered a leading world figure in research into caffeine metabolism and he has contributed much to knowledge of the routes and mechanisms of caffeine elimination. I have reviewed his current work which is in a prestigious international journal. This paper would be reviewed independently by 3 individuals. This in itself is a measure of quality of the scientific work. The key points of the work are:

1. Substantial intersubject variability in urinary caffeine concentrations of the order of 15 fold.
2. The regulatory limit of 12 mg/l in urine could be exceeded by normal individuals taking 3-6 cups of coffee in a day.

This is a clear and well performed piece of work which supports the authors conclusion that the regulatory level for urinary caffeine concentrations may be too low.

Yours sincerely,

*Richard Day*

Richard Day,  
Professor of Clinical Pharmacology.