



The Chairman
The House of Representatives
Standing Committee on Health and Aging
Inquiry into the Health Benefits of Breast Feeding

Dear Sir/Madam,

Re Submissions for Breast Feeding Inquiry

As a mere mortal male I have never breast fed a child but I have Cured myself from a certain and painful death in 1993 then avoided a wheel chair from rampant spreading Osteo Arthritis simply by using an engineering principle of find the cause, remove the cause and the problem simply disappeared as the auto immune strengthened and got on top. When introducing me and my case to graduating doctors my professor says that "what you are about to hear is to confirm that there are still some unexplainable phenomena's in medical science to be explored.

I wish to provide evidence relating to reference criteria B, C and F of your terms of reference as evidence has been at hand since the late 1980s supporting the damage cows milk substitutes for mothers milk has the potential to do (in particular the protein casein from cows milk as opposed to that in breast milk) and the related to substantial increased costs to our health system where the problems stated could be avoided by removing the cause and promoting Breast Feeding Babies wherever possible.

According to a world leading nutritional scientist T Colin Campbell who was so respected by the Chinese in the midst of the cold war they believed they needed this American to lead an 880,000 person study on the relationship of nutrition and diseases, including the Western diseases that affect the more affluent areas of their nation (the same diseases affect most of the developed world Australia in particular).

Campbell sights the cause of Infantile childhood diabetes to specific proteins derived from dairy sources and used in manufacture of children's formulas that affect children that are genetically predisposed to this protein that is very similar to the protein of the pancreas and are attacked along with the incompletely digested protein destroying them both as an automatic defence mechanism of our immune system. This is totally avoidable even with predisposed children when breast-fed, as mother's milk is the perfect food Nature designed for human babies which are different to cows babies and need different nutrients.

Below is a graph of the incidence of type 1 diabetes in various countries relative to dairy intake. We can note Finland where there is a large consumption of cows milk compared to Japan's low intake Finland has 36 times the incidence of type 1 Diabetes compared to Japan. Also there appears a direct correlation between the amount of dairy and the incidence of this disease, cancer CHD and others and by removing the risk to babies by breast-feeding we prevent the disease and the associated costs treating it.

It is my argument that by avoiding these diseases we also avoid the need for massive tax payers funds for prescription drugs to be taken every day for the rest of the babies life, not to mention the life time of pain and suffering by the child and its parents and it all starts with healthy babies.

Yours sincerely,

Brian Smith

Ps: It is interesting that 2500 years ago Hippocrates after whom the oath taken by the medical profession is named knew the causes and applied the principal of nutritionally supporting the immune and removing the cause to cure disease to effect a cure but that knowledge has been lost to the 21st century and we spend huge amounts managing symptoms in cases where the cause is simple and once removed affects a cure. I would be happy to make medical history available if needed to show I have experienced this phenomem by simply remocing the cause and nutritionally supporting the body's defence.

Attached below here is the graph mentioned above. In the other attachments are extracts from Campbell's Book "The China Study". ISBN 1-932100-38-5

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www.benbellabooks.com email feedback@benbellabooks.com

