

Name \_\_\_\_\_

**Nelson Plaza Clinic Medical, Health & Lifestyle Information**

Nelson Plaza Clinic aims to facilitate the provision of a range of what is commonly called primary care services. These include the areas of general practice, podiatry, asthma and diabetes education, mental health, physiotherapy, child, teen and aged health, dietetics (healthy eating), to name a few.

This relies on a proactive partnership approach to your health care, a partnership between yourself, the doctors, nurses and other health providers or educators that make up your health care team. While your health care team is led by your usual GP, you may not always need to see them. On occasions they will ask you to see another of the team care members who may have specific skills or knowledge that is best for the treatment of your condition. Your usual GP may even ask you to see another doctor in the practice that may provide further knowledge in your treatment or a second opinion.

Nelson Plaza Clinic is focused on providing the best care to you, from the most appropriate clinician.

To provide this level of integrated quality care, it is essential that your health care team know as much as possible about your existing (and past) health and lifestyle. As such all clinicians involved with your care will have access to your record.

*If there are any questions you would rather not answer, please leave them blank.*

Do you have any personal or family history of:	Nominate if self or family e.g. mother, father, uncle etc		Nominate if self or family e.g. mother, father, uncle etc			
Diabetes			Colon Cancer			
Hypertension			Depression			
Heart Disease			Breast Cancer			
Stroke			Other Diseases			
Is your mother alive?	Yes	No	Age at death	Cause of death		
Is your father alive?	Yes	No	Age at death	Cause of death		
What is your Marital Status?				What is your sexuality?		
Are you an Elite Athlete?	Yes	No	Sport?	Do you have a carer? Yes No		
What social / exercise activities do you engage in and how often?						
What previous occupations have you had?						
Do you currently drink alcohol? Yes No	How many each day? 1 2-3 4-6 7 or more			About how many days of the week do you drink? 1 2 3 4 6 6 7		
Prior to current alcohol consumption	Nil	Light	Moderate	Heavy	Year started	Year stopped
Do you currently smoke?	Yes	No	About how many cigarettes per day?			
Prior to current smoking activity	Nil	Light	Moderate	Heavy	Year started	Year stopped
How many different prescription drugs do you take?						
	Please bring in all your medication packaging stating drug type and dose					
What over the counter drugs do you take? Please list the drug and dosage						

I acknowledge that the information provided on this registration and information form is correct to the best of my knowledge.

Your Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Nelson Plaza Clinic Patient Registration Form

**Information provided on this form is treated as strictly confidential and will not be provided to any person or entity without your permission. Our practice brochure and privacy policy is available at the clinic.**

**Please complete and return this form:**

- In person: 29 Stockton St, Nelson Bay
- By fax: 02 4981 2755
- By mail: PO Box 755, Nelson Bay NSW 2315

Title	Ms Miss Mrs Mr Master Dr Prof Other? _____	Medicare No		No	
Surname		Medicare Expiry			
First Name		Pension / HCC No		Exp	
Middle Name		Card Type			
Preferred Name		DVA No and colour		Gold	White
Date of Birth		Safety Net No			
Sex	Male          Female	Record No	Office Use Only		
Ethnicity		Do you have a regular GP?	<input type="checkbox"/> Yes	No	
Do you have any chronic disease/s? (please list)					
Do you wish to be recognised as an          Aboriginal          Torres Strait Islander          Neither          (please circle)					
Address Line 1		Usual account	Office Use Only		
Address Line 2		Health Fund			
Suburb		Postcode		Exp	
Home Phone		Mobile			
Work Phone		Religion (optional)			
Email		Current Occupation			
I wish to receive the practice newsletter by email <input type="checkbox"/> Yes       No					
If we need to contact you, please circle where we may leave a message. (To ensure your privacy, we will only identify the surgery name and who to contact – NOT what we wish to speak to you about)		Home Phone	Work Phone	Email	
		Mobile	SMS		
<p><b>Authorised People (optional):</b> I authorise the following person to act on my behalf in regards to access to my records, results and other information that may be held by the surgery. I understand I can revoke this authority at any time by contacting the surgery in writing.</p> <p>Contact Person : _____ Relationship to you: _____</p> <p>Contact Details: Ph: _____ Mobile: _____ Email: _____</p>					
Signed: _____ (Self or Guardian)				Date: _____	

Agreement between \_\_\_\_\_ and all health care providers  
at Nelson Plaza Clinic (NPC)

**Privacy:** I have read and understood the NPC's Privacy Policy. I understand that all health care providers at NPC will have access to my medical record, unless otherwise arranged. "Health Care Providers" includes all doctors and allied health professionals.

**Results of Tests** I understand that it is my responsibility to return to NPC to discuss all test results with NPC staff or a doctor. If a follow up appointment with the doctor who requested the test is not convenient I must return to NPC at any time during opening hours, within three weeks of the test, to be seen by the duty doctor. All appointments dealing only with test results will be bulk billed. "Test" includes all pathology (e.g. blood, urine, swabs) Histology (e.g. biopsies, pap smears), Radiology (e.g. X-rays, Ultrasounds, CT Scans). Results will not be discussed by telephone.

**Referrals:** I understand that it is my responsibility to notify my health care provider at NPC if I do not or cannot see a specialist or hospital to whom I have been referred, or, get a test performed, such as a pathology or radiology test, that has been requested by my health care provider.

**Billing:** I understand that:

- Bulk billing, if offered, is a privilege which may be withdrawn if I do not reasonably participate in the management of my health.
- The billing policy of the health practitioners at NPC may change from time to time.
- All accounts must be settled at the time of consultation. Failure to do so will incur an administration fee.

**Failure to Attend:** I understand that if I do not attend for a booked appointment without notifying NPC in advance, I may be charged a fee.

**Drug Seeking:** I understand that if I am prescribed or wish to be prescribed any drugs of addiction, (such as opiates and benzodiazepines), my health care provider or staff member may take whatever action is necessary to verify my prescribed drug history and I consent to this action. This may include, but is not limited to, contacting the doctor shopper hotline, pharmacies, other doctors and the PBS. This check is performed to ensure drugs of addiction are not abused.

**Abusive behaviour:** Abusive behaviour towards staff will not be tolerated.

Date:

Signed \_\_\_\_\_ (Patient)

Signed \_\_\_\_\_ (NPC Staff Member)