



## LifeCircle Mentors

**1300 364 673**

Caring for someone who is facing the end of life can be one of the most challenging experiences of life.

If you are feeling overwhelmed or uncertain a **LifeCircle** mentor can support you as you care for someone at end of life.

### Our trained mentors can help you:

- with answers to your questions
- access the support you need
- prepare for the future
- get emotional support

**All of our volunteer mentors have cared for someone at the end of life.**

*LifeCircle's vision is to help all Australians to live well and die well.*

Call 1300 364 673 and we will match you with a volunteer mentor.



### We offer:

- **Mentors** – who support people caring for someone at end of life
- **HOPELINE® telephone counsellors** - supporting people living with life-threatening illness
- **Life Matters Community Events** - information about end of life issues

### Get in touch

- **Find a Mentor** - someone to support you
- **Phone the HOPELINE®**
- **Refer someone for mentoring**
- **Volunteer** - use your knowledge & skills to make a difference
- **Become a mentor / telephone counsellor**
- **Community Ambassadors** - tell others
- **Donate to support LifeCircle** – donations over \$2 are tax deductible

**1300 364 673**  
info@lifecircle.org.au  
www.lifecircle.org.au



**HOPELINE®**

## Telephone Counselling

**1300 364 673 9am to 9pm**

Are you, or someone you care about, living with a serious or terminal illness? It can help to talk to someone who will listen - someone who *really* understands.

Our trained volunteer telephone counsellors have either survived or cared for a loved one with a life-threatening illness.

If you need help, emotional support and some practical ideas on how to manage the tough times, call our **HOPELINE®**.

*LifeCircle's vision is to help all Australians to live well and die well.*

**HOPELINE®** Telephone Counsellors  
*Listen. Support. Understand.*

**1300 364 673** 9am to 9pm

[www.lifecircle.org.au](http://www.lifecircle.org.au)



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