

Next Steps

Ask your GP, nurse or case manager about advance planning or contact the RPC Office to link with an RPC consultant.

Or go to:

www.respectingpatientchoices.org.au

www.health.vic.gov.au/mta

www.legalaid.vic.gov.au

www.publicadvocate.vic.gov.au

Office of the Public Advocate

Tel: (03) 9603 9500

For Further Information:

Respecting Patient Choices
Northeast Health Wangaratta

Tel: (03) 5722 0239

Fax: (03) 5722 0419

Email: enquires@nhw.hume.org.au

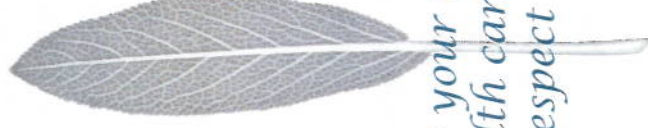
Website: www.nhw.hume.org.au



EXCELLENCE IN
RURAL HEALTH

Advance Care Planning

Respecting Patient Choices



*If we know your choices for
future health care, we are
able to respect them*

**Ensuring your future medical treatment
is in safe hands**



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Northeast Health Wangaratta Incorporating:

- Wangaratta District Base Hospital
- WJ Smith linen Service
- Illoura Residential Aged Care
- Mental Health Services
- Medical Imaging

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Why Plan Ahead?

If you became seriously ill or had a serious accident, and were unlikely to recover, what sort of medical treatment would you want?

Who would you want to make decisions for you about your medical treatment?

Through planning ahead, you can guide your loved ones to make the best decisions for you, should you be unable to make those decisions for yourself.

When families and health professionals know they are making medical decisions according to your wishes, much of the burden of decision-making can be lessened.



Respecting Patient Choices (RPC) is an advance care planning program that can assist you and your family in making choices about your future medical treatment.

An RPC consultant can assist you and your family to discuss options and make choices about what is important to you and to complete your Advance Care Plan.

Your Advance Care Plan is a way of recording and communicating your values and wishes about your future health care.

How You Can Plan Ahead

- Talk about your wishes and values regarding your future health care with your family and friends.
- Appoint an Enduring Power of Attorney (Medical Treatment) whom you trust to understand your wishes and reinforce your health care decisions for you should you become incapable of making decisions.
- Discuss your medical condition and treatment options with your doctor.
- Write down your preferences in an advance care plan.

Planning in advance can guide your future medical treatment and give those who are caring for you the opportunity to respect your choices.