## Senate Standing Committee on Community Affairs Former Forced Adoption Policies

I write as a clinical psychologist who has provided therapy for mothers many years after they were pressured to give up their children for adoption.

I address the second term of reference about potential roles for the Commonwealth in developing a national framework to prevent the re-occurrence of forced removal of children.

I submit that introducing the recommendations below will reassurance parents that steps taken in the past are less likely to occur again in the future.

## Recommendations

- 1. That the Australian Parliament introduce legislation expressing a rebuttable presumption that it is in the best interests of a child to be raised by the birth mother.
- 2. That the presumption about the best interests of the child be rebutted only by written evidence by an appropriate professional that addresses parenting capacity of the relevant parent.
- 3. That the presumption be rebutted only when evidence establishes the opposite on the basis of 'beyond reasonable doubt'
- 4. That, with assistance from relevant professional bodies, legislation establish issues and criteria to be addressed in an professional assessment of parenting capacity.
- 5. That professionals who submit reports about parenting capacity be required to make their report available both to affected parties and to any therapist named by an affected party.
- 6. That a policy be introduced requiring delivery of appropriate therapy to remediate any shortcomings identified in a professional report about parenting capacity, before removal of children from a parent, so that therapy is a method of first resort and removal of a child is a method of last resort unless the life of the child is at risk.

R Don Tustin Clinical Psychologist