

'Brave, honest and inspiring, this book takes us inside the fractured heart of adoption. Like all the best memoirs, Margaret Watson's story is ultimately a healing gift. It builds a bridge of hope and courage for others to cross.'

— Alan Close, Author,  
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A true story that reveals the strength and resilience of the human spirit in the face of betrayal, grief and loss.



At age forty, Margaret Watson learned she was adopted. This shocking and confronting truth was previously unknown to her and turned her whole world upside down. Faced with a major identity and life crisis, Margaret embarked on a physical and spiritual journey to find her birth family and discover her true self. By sharing her story, Margaret offers hope and understanding for those people who have discovered in their adult years that they were adopted.

**About the author**

For thirty six years Margaret has worked in the areas of social justice and welfare services. Her life and time is divided between the NSW far north coast and Sydney.

 A&A Book Publishing  
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ISBN 978-0-9805055-7-3



Surviving Secrets  
Margaret Watson

*A journey of resilience and courage*

# Surviving Secrets

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