

Hello,

I am asking for your help in the fight for vaping in Australia.

My story so far, I started smoking at the age of 14yrs and am now 41.

I unsuccessfully tried to stop smoking around the age of 30 at least 4 times with the use of nicotine patches and also a nicotine inhaler. My wife had tried to encourage me to stop smoking, but I could not give up the sensation from the inhale of smoking that cigarette.

The day my son was born 5 yrs ago, I managed to stop for 2yrs before starting back on the cigarettes. I had tried with patches and the cig-a-like vaporisers which had zero nicotine back in 2012, it tasted like an ashtray and did not satisfy the crave for that inhale of the cigarette. This device was left in the bottom of a draw, never to be used again.

My nephew brought a vaping device with him from the UK 2 years ago which sparked the interest again with vaping. He filled me in on how to use the devices with refillable tanks. Together we found online suppliers of vaping equipment within Australia, and ordered nicotine to be supplied from USA. I didn't know if this was going to work or whether it could be my best chance to finally kick this nasty habit out of my life for ever. I had always loved the inhale of smoking tobacco, even though I knew of people with health issues relating to smoking, it never made me want to give up what I enjoyed.

Vaping has given me the confidence in myself to not pick up another ciggie again because I get the satisfaction from the vapour with nicotine added of course.

I started with a 18mg/ml vape for a short while of 1 month and then reduced it to my now daily vape with 3mg/ml. I know that nicotine is 5% harmful to the human body. At least Vaping does not have all of the harmfulness harmful than tobacco smoking, it does not contain all of the harmful chemicals that cigarettes contain.

I am asking for you to please help out smokers of Australia who are addicted to nicotine, have vaping products including nicotine available to them.

Thank you for your time

Destry Hart